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## GET OUT AND GO

Five things to do in and around Lake County:

### Air and Water Show This weekend

The Chicago Air & Water Show will be on Lake Shore Drive in Chicago. Info: (312) 744-3315, (312) 744-2964

### Afrofest

Saturday, Aug. 18

Celebrate African-American culture at Greenbelt Cultural Center in North Chicago. Info: (847) 968-3477

### Weird night

Sunday, Aug. 19

Weird Al Yankovic will perform at 7 p.m. at Genesee Theatre in Waukegan. Info: (312) 559-1212

### Easy as pie

Thursday, Aug. 23

The second annual Apple Pie Bake-Off will take place in downtown Zion. Info: (847) 746-4000

### Art tour

Saturday, Aug. 18

The National Museum of Mexican Art will host tours in English and in Spanish. Info: (312) 738-1503

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# 'A leap of faith'

## Round Lake Park woman takes over Lake Villa café

By TARA CLIFTON  
tclifton@nwnewsgr.com

LAKE VILLA - Holly Rosas talked excitedly about the small changes she plans to make at Café Barista, as customers gathered at nearby tables.

On one wall a friend of hers will paint a mural of angels drinking coffee, Rosas said. Floral arrangements will add some color to the tables, and gift baskets will be sold. Another change will be to rename the café to Miracle Café.

Rosas can do all this now that she has taken over the small eatery and bakery, along Route 83. As of Sept. 1, it's all her's.

Rosas, of Round Lake Park, said this is an answer to her prayers.

"This has been really wonderful the way it worked out," she said.

For the past five years, Rosas has dreamed of having her own bakery, but money has always been her biggest obstacle. Instead, she decorated cakes at the Fountain Square Wal-Mart in Waukegan from 2 a.m. to 11 a.m. for the past year.

Rosas ran a baking business out of her home for a little more than eight months, but "the health department wasn't too happy with that," she said with a laugh.

The turning point came, Rosas said, when she worked out at the Round Lake Beach Curves one day. A friend told her that the owners of Café Barista were looking for someone else to take over.

Rosas said she saw the opportunity and snatched it.

"I'm taking this on a leap of faith," Rosas said. "I have a lot of people who are supporting me. I've been blessed with a lot of good friends."

Those friends include the owners who are letting her pay the building rent as she earns more money, Rosas said.

During the past year, Rosas said, things have just been falling into place. She believes it started when she focused more on her prayer life.

"It's just been one thing after another," Rosas said, adding that she



Holly Rosas, of Round Lake Park, sits in Café Barista in Lake Villa. Rosas will own the café, which she will rename Miracle Café, starting Sept. 1. Other changes to the café include selling gift basket and adding floral arrangements to tables.

"I'm taking a leap of faith. I have a lot of people who are supporting me. I've been blessed with a lot of good friends."

Holly Rosas  
New owner of Café Barista

recently bought a house. Prayer and a positive attitude have done her much good, Rosas said.

"I'm really starting with nothing," she said. "But with God on my side, I know I'm not going to fail."



Holly Rosas, of Round Lake Park, sits in Café Barista in Lake Villa with her children Celeste, 5, and Reyes, 9.

## SPORTS



### >> PrepSports

#### Bump, set, SPIKE!

The fall prep sports season is near and so is girls volleyball. Who's the best? Lake County Journals season previews offer a glimpse into the future. PAGE 7B

#### Race to success

More than 100 runners compete in the Grant Township Picnic in the Park 5K race. PAGE 8B

### >> Can'tMiss

#### Major League Baseball

Kansas City at White Sox, 7:11 p.m., Monday, Aug. 20

#### Minor League Baseball

Beloit at Kane County, 2 p.m., Sunday, Aug. 19

### >> SideLines

Sports editor Daniel J. Patrick throws caution (and body) to the wind and joins the Lake Shore Lynx adult football team. Join him as he weaves a tale about his first game in a decade. PAGE 7B

## LAKELIFE

### >> OnTheCover

The Prairie Crossing Learning Farm in Grayslake recently opened a Children's Garden that serves as an outdoor classroom for kids to learn about the environment. The farm is preparing for its fall festivities. PAGE 1B

### >> ElementsOfTheRidiculous



Columnist Jana Thompson talks about her adventure of taking her cat to the vet and what it takes to give a cat medicine. PAGE 6B

## WEB POLL

### This week's question

The state will hear two plans for hospitals. What are your thoughts?  
A) Advocate's (Round Lake) is best.  
B) Vista's (Lindenhurst) is best.  
C) Neither proposal meets the needs.  
D) I need more information.

Vote at LakeCountyJournals.com

### Last week's question

How do you beat the heat?  
• Stay in air conditioning (50 percent)  
• Chain O' Lakes (33 percent)  
• Lake Michigan (7 percent)  
• Other (7 percent)  
• Great America (3 percent)

## IN MOTION

As summer winds down, several villages offer outdoor festivals for residents to enjoy the warm weather before it's gone.



Check out these and other events in our week in photos at LakeCountyJournals.com by clicking on the multimedia link.

## WEEKEND OUTLOOK

### FRIDAY, AUG. 17

HIGH: 78  
LOW: 58

### SATURDAY, AUG. 18

HIGH: 77  
LOW: 62

### SUNDAY, AUG. 19

HIGH: 79  
LOW: 66

Source: CBS2 Chicago

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## &gt;&gt; QuoteOfTheWeek

"At least for now, we feel our need are being met with the Antioch dispatch service. There's no crisis or safety issue for Lindenhurst."  
— Lindenhurst Police Chief Jack McKeever on FoxComm wanting to service Lindenhurst's 911 needs (see story on 4A)

## &gt;&gt; Editor'sChoice

## Journals offer best bets for weekend

Looking for something to do over the weekend?

Look no further than the Lake County Journals.

As a weekly paper that goes out to most of our readers every Friday, we realize that people are picking up the paper wondering what they might be able to do for fun and entertainment.

The LakeLife section of this paper is chock full of stuff to do.

Wondering what movie to see this weekend? Our critic, Jeffrey Westhoff, gives a favorable review to the highly anticipated late-summer comedy "Superbad" on page 3B.

On that same page, you can find a



**Matt Pera**

story by reporter Dani Schweigert about a circus that will come to the Lake County Fairgrounds in Grayslake on Aug. 27 and 28, as well as our Out and About section with some tips about local hot spots.

Looking for a place to get a good steak? Sports editor and staff reporter

## &gt;&gt; NewsYouNeed

This week's top local stories:

- Residents brave the heat for some LindenFest fun. 3A
- Antioch Village President Dorothy Larson vetoed the trustee attorney ordinance. 4A
- FoxComm dispatch service looks to recruit Lake Villa and Lindenhurst as its new clients. 4A

Cultural Center in North Chicago.

Those are just some of the events and programs highlighted in LakeLife this week. Check out the B-section to learn about other interesting goings-on in the county, and check out LakeCountyJournals.com and click on the LakeLife link for even more fun stuff to do.

If there are other events in the area you would like to see featured, e-mail me at mpera@nwnewsgroup.com.

Thanks for reading the Journal, in print and online.

• Matt Pera is the news editor for the Lake County Journals.

## Cruising the streets



Bill Smith, of Antioch, waits in his 1957 Chevy Bel Air two-door Sedan for the Cruisin' Antioch car show to begin.

## &gt;&gt; InBrief

**Donations needed**

Back-to-school supplies are being collected and distributed at the Open Arms Mission, 1548 S. Main St. in Antioch. A donation of \$11 will provide a child in need with an age-appropriate school supply kit. An additional \$6 donation will provide a backpack. Donations can be sent to Open Arms Mission. For more information, call the mission at (847) 395-0309.

**>> CorrectionsAnd Clarifications**

Accuracy is important to us at the Lake County Journals and we strive to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention.

Call Matt Pera at (847) 223-8161 ext. 128 or e-mail him at mpera@nwnewsgroup.com



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## &gt;&gt;Neighbors



### Susan Lahr of Lindenhurst

**I grew up in:**  
Philadelphia (for 10 years), then  
Lockport, Illinois (through college).

**My family:**  
Shawn (husband for almost 16 years),  
Jake (13), Zach (10) and McKenna (8)

**My pets:**  
Our aloof cat Pounce, our goofy dog  
Roxi, and a shy guinea pig named  
Cinnamon

**Occupation:**  
VP Health Systems, Cardinal Health

**I graduated from:**  
Illinois State University (double major:  
Business Administration and  
Organizational Management); CPA

**Hobbies:**  
Hanging out with my family

**Last movie I saw:**  
The latest Harry Potter movie

**My favorite band or music right  
now:**  
Corinne Bailey Rae

**Last book I read:**  
"Harry Potter and the Deathly Hallows"

**Favorite restaurant:**  
Any - you pretty much have to burn  
food for me not to like it!

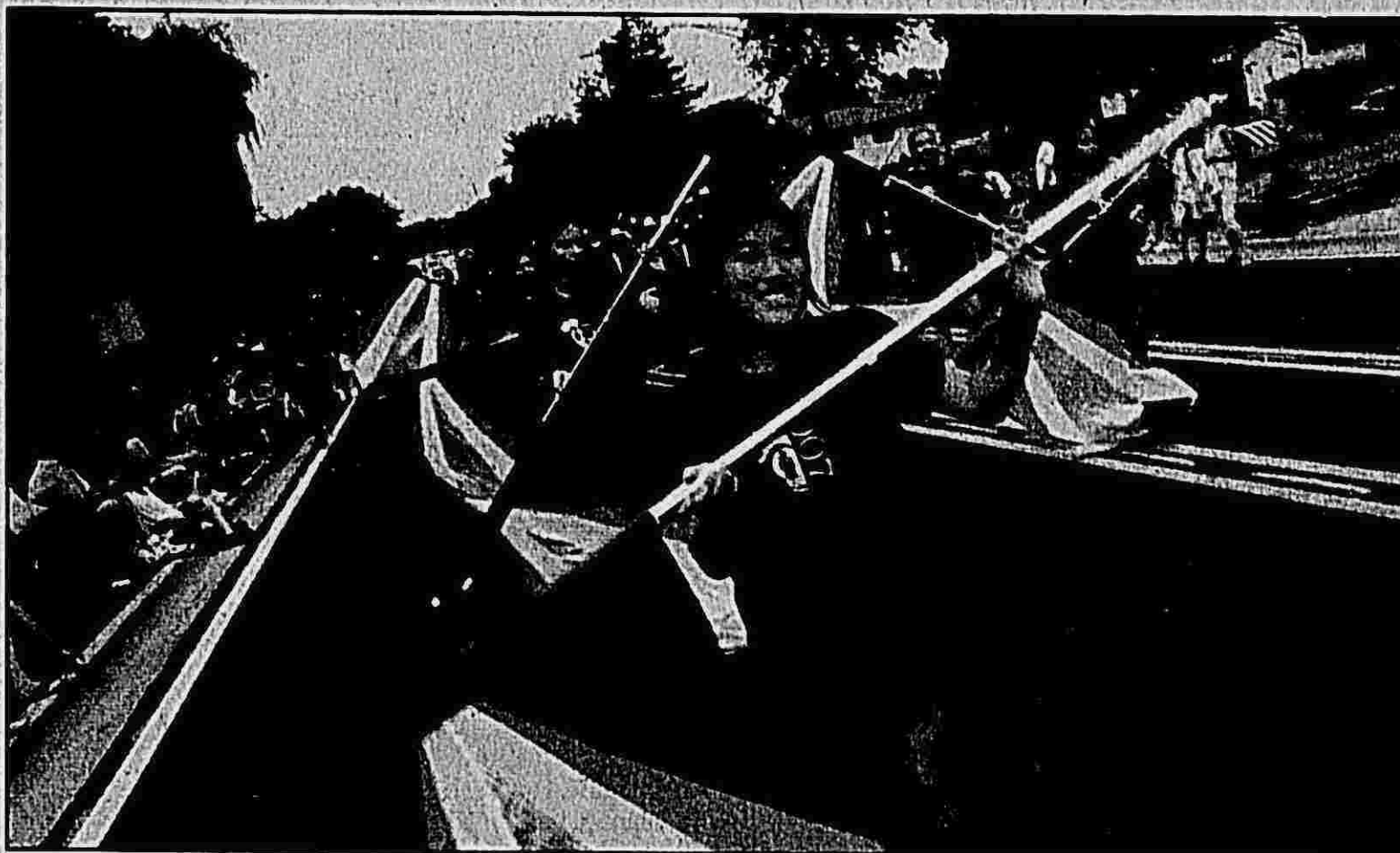
**Favorite meal:**  
Spaghetti - I could eat it for breakfast,  
lunch or dinner!

**If I could have one super power it  
would be:**  
The power to help others realize their  
true potential that would motivate  
them to make a difference for some-  
thing that's important to them. All  
these little differences would add up to  
changing the world for the better.

**My dream job:**  
Making a difference to someone - it  
doesn't matter how or what you do,  
just that you can help someone.

**If you have a "Neighbor" whom we  
should profile in this column, call the  
Lake County Journals at (847) 223-8161,  
or e-mail antioch@weeklyjournals.com  
or lakevilla@weeklyjournals.com.**

## A parade of Lindenhurst winners



Sixteen-year-old Kari Yamamoto, of Lindenhurst, performs with the color guard from Lakes Community High School during the LindenFest Parade on Sand Lake Road.

### Warm temperatures don't stop resident from attending LindenFest



Lindenhurst Village President Susan Lahr (right) and Trustees Fred Messmer and Carol Zerba throw candy during the LindenFest Parade on Sand Lake Road.



Sydney Schmidt waves to the crowd after she is announced Little Miss Lindenhurst.



Shannon McMullin-Lewis listens as she is announced Miss Lindenhurst.

#### LAKE COUNTY JOURNALS

**LINDENHURST**  
Despite high temperatures, residents still came out to this year's LindenFest, which took place Aug. 9 through 12.

Families came to eat, play games, ride carnival rides, listen to live bands, and more.

Residents also went all out for the Aug. 11 parade, which began at 10:30 a.m. on Sand Lake Road.

The following are the parade winners:

**Outstanding Theme Entry:**  
Health & Fitness Center

**Outstanding Entry:**  
Lindenhurst Early Childhood Center

**Honorable Mentions:**  
State Bank of the Lakes, Ultimate Gymnastics, My Favorite Place

**Lindenfest Committee Award:** Winthrop Harbor Queens

## &gt;&gt; OurTown



Tara  
Clifton

### Kiwanis need a few good girls

The Kiwanis Club of Antioch still needs a few more girls to participate in its Little Miss Peanut and Junior Miss Peanut contest.

The club needs 16 local girls ages 5 to 7 and 8 to 10.

The pageant begins at 3 p.m. on Sunday, Aug. 19, at the Antioch Senior Center.

The winner will receive a \$50 savings bond and other prizes, and each participant will get a goodie bag.

Also, the event helps spotlight the Kiwanis Club, which donates to various community causes.

For more information, contact Anna Graham at (847) 395-5254.

Congratulations to Antioch's Kurt Schultz! He received Eagle Scout status during a special ceremony last weekend.

His father, Russell Schultz, wrote in an e-mail that Kurt was a straight-A student throughout 12 years of school. Kurt will leave for Marine Corps boot camp Aug. 20.

I have some academic achievers to give a shout-out to. Lake Villa residents Lizette Bernabe and Leah Shanholtz, and Lindenhurst's Emily Hoskins and Chante Pradella just graduated from Columbia College in Chicago. Good job on all the hard work!

Christine A. Laning of Lake Villa is now a second lieutenant in the Air Force after completing the ROTC program and graduating from Valparaiso University in Indiana.

**If you have interesting information or anecdotes to submit for "Our Town," e-mail reporter Tara Clifton at tclifton@nwnews.com.**

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## &gt;&gt; Antioch

# Trustee attorney vetoed

Village President expects board to overturn ruling

By TARA CLIFTON  
tclifton@nwnewsgroup.com

ANTIOCH - Village President Dorothy Larson's veto might not last very long.

But she said she expected that.

Larson read a letter during the regular board meeting Aug. 6 that outlined her reasons for vetoing an ordinance that would have allowed trustees to hire their own attorney.

"[The veto] delays things," she said. "I want people to know that these guys are proposing to spend a lot of money on an attorney for themselves. What a waste."

Trustee Larry Hanson said he would support an override to the veto.

"I'm sure that's what's going to happen," Hanson said. "We voted it in, why wouldn't we override it?"

The ordinance that trustees passed 4-2 on July 16 established the Office of Legislative

Counsel. According to the ordinance, the attorney's contract would last one year or more, and the fees would be a flat monthly rate. The lawyer will provide trustees legal advice, advise them with strategic plans, and how to prepare draft legislation.

In Larson's letter, she cited both village and state codes that regulate an attorney's role within a municipality.

According to Larson's letter, which cited section 1-5-5 of the Antioch Municipal Code, a lawyer for trustees is unnecessary because the village attorney already serves as a legal adviser for board members.

According to Illinois code, the village president appoints village officers with the advice and consent of the board. Under the ordinance, trustees would choose their own lawyer.

"I needed to just make my point," Larson said of her veto.

## &gt;&gt; FoxLake

# Further study, clients sought for Fox Lake dispatch center

Lake Villa among departments looking at FoxComm

By STEVE PETERSON  
speterson@nwnewsgroup.com  
and TARA CLIFTON  
tclifton@nwnewsgroup.com

FOX LAKE - The number of agencies brought in to use FoxComm's dispatch service might determine whether it survives.

Lake Villa, if parties agree, could be the second agency to use the dispatch center in Fox Lake, which was completed in 2005.

"I don't want to lowball a contract now just to get someone in," said Fox Lake Village President Cindy Irwin. "The finance chairman, public safety chairman and human resource chairman are working on the contract with Lake Villa."

Fox Lake Police Chief Mike Behan said that the main way to get agencies interested in FoxComm is by letting them see the service in action.

"All who see it know that this is dealing with the future," he said. "We have four to five dispatch stations at one time. Now we're looking at cost values. Lake Villa has been an object [of discussion] for a while."

But Lake Villa Police Chief Roger Visconti said that the village will keep its dispatch services in Antioch for now.

Police and village officials have been window shopping for different dispatch centers, Visconti said. This year's budget restraints prompted Lake Villa to look at other facilities.

"I have no issues with Antioch dispatch," Visconti said. "They deliver a fine service and I have no complaints. All I'm trying to do is find the best facilities that serve our

"All I'm trying to do is find the best facilities that serve our needs at this time."

Roger Visconti  
Lake Villa police chief

needs at this time."

Fox Lake Village Board members approved the village budget for 2007-08 July 10 without taking a vote on the direction of the telecommunications center.

FoxComm officials will continue to strive to obtain new agencies to dispatch for, in order to bring in needed revenue to the village. Answers from three possible contracted agencies could come in as soon as 30 days, said Annette Wolf, telecommunications system manager for Fox Lake.

Lindenhurst Police Chief Jack McKeever said FoxComm representatives recently approached him about transferring their dispatch services from Antioch to Fox Lake. McKeever and several other officers toured the FoxComm facilities.

Lindenhurst will keep its dispatch services where they are, McKeever said.

"At least for now, we feel our needs are being met with the Antioch dispatch service," he said. "There's no crisis or safety issue for Lindenhurst."

Antioch Police Chief James Foerster said he has worked for months to secure funds to improve Antioch's dispatch

service.

Foerster said he has never had any formal talks with FoxComm representatives, and scoffed at the idea of shutting down Antioch's center.

"The reality is, why would I do that when we've done six months worth of work in an effort to apply for a grant to rebuild our dispatch center?" Foerster said.

If granted state and village money, Foerster said, the dispatch center would get updated equipment, new furniture and other improvements.

So far, only Grayslake has signed on, Wolf said.

"Over \$1 million invested in the last two years, for a new state of the art dispatch center. This includes the building, hardware [computer and communications] and integrating Grayslake," Wolf said in a report to the Fox Lake trustees. "These investments were made to serve, assist and protect our Fox Lake residents. These investments were made also to potentially bring in other towns' dispatch services to assist in subsidizing the costs."

Greater Round Lake Fire Department Chief Paul Maplethorpe attended the Fox Lake meeting and answered questions from trustees. He described the Fox Lake to CenCom plan as a win-win for both entities.

Fox Lake trustee Ed Bender, chairman of the public safety committee, suggested a plan.

"We could invite CenCom to come to us for a few years," Bender said. "They could be building their addition, plus that would give us the answer to our budget deficit."

Wolf outlined many benefits of staying independent for the 16-person staff. FoxComm was operational as of 2005, with a 1,750 square foot center that meets homeland security requirements, at Fox Lake Police Station.

Five or six positions for callers could be added without any additional construction, and up to 48 channels could be supported, with touch-screen operations and weather monitoring as well.

"No matter what the decision, I want to take a long time to make it," Fox Lake trustee Jack Kiesgen said. "It will affect everyone for a long time."

Maplethorpe said that there is often attrition in public safety dispatch, and there could be savings in running one center.

"We at CenCom have had a significant raise for our telecommunications," Maplethorpe said. "Rumors of everyone losing their job are premature."

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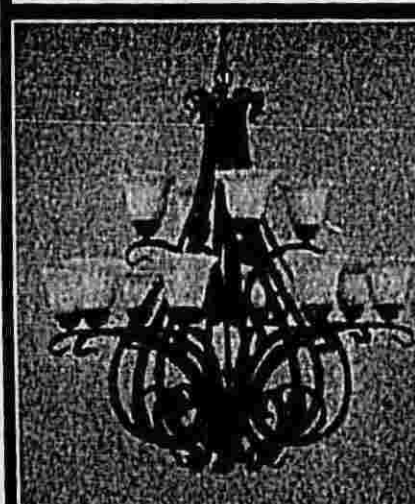
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• **Call-A-Lawyer.** 9 a.m.-noon, Saturday, Aug. 18. Chicago Bar Association Lawyer Referral Service will give free legal advice to Chicagoland residents who call (312) 554-2001.

#### ANTIOCH

• **Learn about the U.S. Constitution.** 7 p.m., Tuesdays. Beautiful Savior Lutheran Church, 1501 Deep Lake Rd. Classes are free. Attendees who complete at least nine weeks will receive a certificate of completion. For more information, call Pastor Darald Gruen at (224) 433-0076.

• **Antioch Village Board regular meeting.** 7:30 p.m., third Mondays. Village Hall, 874 Main St.

• **Antioch Park Board meeting.** 7 p.m., third Wednesdays. Municipal Building, 874 Main St. For more information, call (847) 395-1000.

• **Bingo.** 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.

• **Bingo.** 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.

• **Pinochle.** 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.

• **CPR classes.** 6 p.m., second and fourth Wednesdays. Squad Building, 835 Holbek Dr., sponsored by Antioch Rescue Squad. \$5 fee. Call (847) 395-5511 to learn more.

• **Take Off Pounds Sensibly meeting.** 6 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy at (847) 395-7407 or Betty at (847) 838-3907 for more information.

• **Kiwanis Club of Antioch meeting.** Noon, Tuesdays. Petrucci's Italian Market & Cafe, 311 Depot St. The public is welcome to join and share experience, knowledge and service project ideas. Contact Melissa at (847) 489-8044, e-mail at [mjrigoni@hotmail.com](mailto:mjrigoni@hotmail.com), or Larry Mondie at (847) 650-9530, e-mail at [brscoops@aol.com](mailto:brscoops@aol.com) for more information.

• **Irish-American Club meeting.** 7:30 p.m., fourth Thursdays. State Bank of the Lakes. Call (847) 395-3942 for details.

• **Antioch Coin Club meeting.** 7:30 p.m., third Mondays. Antioch Library, 757 Main St. Open to the public. Call JoAnne at (847) 395-4738 for more information.

• **Lakes Area Community Band rehearsal.** 7-9 p.m., Mondays. Antioch Community High School band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.

• **Open gym.** 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

#### BEACH PARK

• **Zion Genealogical Society meeting.** 7 p.m., Monday, Aug. 20. Beach Park Village Hall, 11270 Wadsworth Rd. Sandee Michaels will speak about Lineage Societies. For more information, call Joanne Layne at (847) 360-0360.

#### CRYSTAL LAKE

• **Crystal Lake Toastmasters Club meeting.** 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit <http://user.mc.net/~toast1>.

#### FOX LAKE

• **Bingo.** 6:45 p.m., Thursdays. American Legion Auxiliary Post 703, 703 N. Rt. 12. Call (847) 587-2323 for information.

• **Bingo.** 1 p.m., Sundays. American Legion Auxiliary Post 703, 703 N. Rt. 12. Call (847) 587-2323 for information.

• **Bingo.** 7 p.m., Saturdays. Fox Lake Volunteer Fire Department, 114 Washington St.

#### GRAYS LAKE

• **Sierra Club Illinois Chapter Clean Car Wash.** 9 a.m.-noon, Saturday, Aug. 18. Station Square at Prairie Crossing, Rt. 45 between Rt. 137 and 120. Free. For more information, visit [www.sierraclub.org/global-warming/cleancars/](http://www.sierraclub.org/global-warming/cleancars/).

• **Auditions for CLC fall plays, "The Little Prince" and "The Crucible."** 6:30 p.m., Monday, Aug. 27 and Tuesday, Aug. 28. College of Lake County, Mainstage Theatre ("The Little Prince") and Studio Theatre ("The Crucible"), James Lumber Center for the Performing Arts, 19351 W. Washington St. For more information, call (847) 543-2040.

#### GURNEE

• **2nd Annual Summer Fest Celebration.** 9 a.m.-4 p.m., Sunday, Aug. 19. Fields & Fences School of Horsemanship, Hunt Club Rd. & Stearns School Rd. Partners for Progress hosts this family day. For more information, call (847) 226-1300.

• **Bingo.** 7 p.m., Saturdays. American Legion Hall, 749 Milwaukee Ave.

• **Daniel Wright Toastmasters Club meeting.** 7-9 p.m., first and third Tuesdays. In-Laws Restaurant, 720 Milwaukee Ave. Members meet to develop communication and leadership skills. For more information, call Sam Valenti at (847) 722-2828, or visit <http://danielwright.toastmasters.org>.

• **Singles (ages 55+) Breakfast Group meeting.** 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.

• **Lake County Gem and Mineral Society meeting.** 7 p.m., third Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. For more information, call Rachel Schreiner at (847) 973-1808.

#### HIGHLAND PARK

• **Auto Historica VIII.** 11 a.m.-3 p.m., Saturday, Aug. 25. Highland Park Historical Museum, 326 Central Ave. More than 40 rare and most expensive antique, classic, muscle, sports and custom automobiles will be on display. Admission is \$5, with children under 12 free. For more information, call (847) 432-7090.

#### INGLESIDE

• **Lake County Astronomical Society meeting.** 8:30-10 p.m., third Fridays. Volo Bog State Natural Area. Meeting followed by a 9:30 p.m. viewing period. For information, call (815) 344-1294 or visit [www.lcas-astronomy.org](http://www.lcas-astronomy.org).

#### LAKE FOREST

• **Organ Recital by Nathan Laube to benefit ElderCARE@ChristChurch.** 3 p.m., Sunday, Aug. 19. Church of the Holy Spirit, 400 E. Westminster Rd. Any donations are accepted. For more information, call (847) 406-4683.

#### LAKE VILLA

• **Used Book Sale.** 9 a.m.-5 p.m., Friday, Aug. 17; and 9 a.m.-1 p.m., Saturday, Aug. 18. Lake Villa District Library, 1001 E. Grand Ave. For more information, call (847) 356-8527, ext. 400.

• **No-Sew Workshops for Civil War Weekend.** Monday, Aug. 27, at 1:30, 4 and 6:30 p.m. Lake Villa Public Library, 1001 E. Grand Ave. Learn how to make an outfit to wear to the 1800s ball Sept. 15. Limited to 50 per workshop. Register by calling (847) 356-7711. For more information, call (847) 265-8685.

• **Lake Villa Take Off Pounds Sensibly meeting.** 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.

• **Chain O'Lakes Model A Ford Club meeting.** 7:30 p.m., third Tuesdays. Lake Villa City Park, Fairfield and Grand Avenue.

#### LIBERTYVILLE

• **Widowed Outreach Network meeting.** 1:45-3:30 p.m., Sunday, Aug. 26. Condell Medical Center, Allen Conference Center, 700 Garfield. A representative of CUB will speak about their services. For more information, call (847) 990-5275 or (847) 367-0087.

• **Singles' Bike Ride.** 9 a.m., fourth Saturdays. Old School Forest Preserve, St. Mary's Rd., at the "Trails" parking lot. Lunch after at Mickey Finn's. For more information, e-mail Bob Shuppert at [Singlesride@bikeclub.com](mailto:Singlesride@bikeclub.com) or visit [www.bikeclub.com](http://www.bikeclub.com).

#### LINDENHURST

• **Free blood pressure screening.**

8 a.m.-noon, Mondays. The Village at Victory Lakes Continuing Care Center. Call (847) 356-5900 to learn more.

• **Medical Lunch and Learn.** Noon, fourth Wednesdays. The Independent Living Village Center at The Village of Victory Lakes. Call (847) 356-4600 to learn this month's topic and to reserve your seat.

#### MUNDELEIN

• **Foresters Lago Branch meeting.** 7 p.m., Tuesday, Aug. 21. Community Protestant Church, United Church of Christ, 418 N. Prairie Ave. The public is invited. For more information, call (800) 828-1540.

• **Historical Society of Fort Hill Country meeting.** 2 p.m., fourth

Thursdays. Fremont Public Library, 1170 N. Midlothian. For more information, call (847) 566-7743.

• **Sierra Club of Lake County meeting.** 7 p.m., third Tuesdays. Fremont Township Office, 22376 W. Erhart Rd. For more information, call Evan Craig at (847) 680-6437.

• **Wood Carving Club meeting.** 2-5 p.m., first and third Tuesdays. Community Protestant Church, 418 N. Prairie. Call (847) 623-2072 for details.

#### OLD MILL CREEK

• **Martin's General Store Museum.** 12:30-4 p.m., Sundays. Rt. 45 and Grass Lake Rd. Operated by the Historic Millburn Community Association, Inc. For more information,

call Jennifer Andrew at (847) 845-8683.

• **Lake County Doll Collectors meeting.** 1 p.m., third Saturdays. Millburn Congregational Church, Rt. 45 and Grass Lake Rd. Call (847) 623-2072 for details.

#### ZION

• **Zion Park District Senior Citizens Club meeting.** 10 a.m., Wednesdays. Shiloh Center, 2600 Emmaus Ave.

• *To submit an item to the Calendar, e-mail to [ujcalendar@weeklyjournals.com](mailto:ujcalendar@weeklyjournals.com), phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.*



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QUAKER CAPTAIN CRUNCH CEREAL 21-22 OZ. <b>2/\$5.00</b>	OSCAR MAYER BACON 12-16 OZ. <b>\$3.29</b>	FLAVOR-PAC VEGETABLES BUY 1 GET 1 FREE CORN, PEAS, CHOPPED BROCCOLI OR MIXED 2 LBS. <b>-\$2.98</b>	7UP & ALL 7UP FLAVORS 12 PACK CANS <b>3/\$10</b>

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## Wet 'n' wild celebration



Liz Boomer • wnnews@nwnewsjournal.com

Andy Napier, Lauren Foerster and Taylor Pechauer fall into the pool as part of their celebration after winning a relay between life guards and camp counselors at the Williams Park Pool in Antioch.

## &gt;&gt;PoliceBeat

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

## ANTIOCH

## Disorderly conduct

Amanda A. Stroud, 22, 277 Oakridge Court, Antioch, Aug. 10.

David B. Pearson, 21, 21709 W. Elm St., Lake Villa, disorderly conduct, unlawful possession of fireworks, Aug. 10.

## Possession

Kenneth E. Mortensen Jr., 43, 590 Highland Ave., Antioch, possession of controlled substances, forgery, Aug. 6.

John S. Carole, 24, 35051 Rosewood Ave., Ingleside, possession of marijuana, possession of drug equipment, Aug. 7.

## Theft

Dandre A. Barber, 26, 913 Main St., Antioch, Aug. 10.

Kathryn M. Baker, 21, 11404 258th Court, Trevor, Wis., Aug. 9.

## No valid license

Alejandro Delgado, 20, 1013 N. Karlov, Chicago, driving without a valid license, tailgating, driving

without insurance, Aug. 6.

## LINDENHURST

## Suspended license

Brock C. Johnson, 26, 25312 Dering Lane, Lake Villa, driving with a suspended license, Aug. 8.

David R. Boyd, 20, 75 Witchwood, Lindenhurst, driving with a suspended license, Aug. 9.

Heriberto H. Espinosa, 43, 2412 Mark Ave., Zion, driving with a suspended license, improper lane use, improper display of registration, driving without proof of insurance, driving under the influence, DUI with a blood alcohol content of 0.08, Aug. 6.

## Revoked license

Gabriel Miranda, 30, 369 Crooked Lake, Lindenhurst, driving with a revoked license, speeding, Aug. 6.

## Possession

Ronald J. Erickson, 48, 1527 W. Pratt Blvd., Chicago, possession of drug equipment, possession of a controlled substance, passing on a shoulder, driving with a suspended license, driving without insurance, Aug. 2.

## &gt;&gt; Antioch

## Time to take action

## Annexation hearing set for Marketplace

By TARA CLIFTON  
tclifton@nwnewsjournal.com

ANTIOCH – For the first time since June, the village took definitive action regarding the proposed Antioch Marketplace.

Village trustees and officials set up an annexation hearing for 7 p.m. on Tuesday, Sept. 11. The meeting location will be announced later, said Jim Keim, acting village administrator.

The annexation hearing is the next step in bringing Antioch Marketplace to roughly 80 acres north of Route 173 and west of Brown Avenue.

The Chicago-based V-Land Corporation wants to build a shopping plaza that will include Target, Lowe's,

Kohl's, Staples, PetSmart, and other stores.

The total area of the property is 600,000 square feet.

The planning and zoning commission approved in mid-June V-Land's plans, sending it on for trustees to evaluate.

The project has brought residents to Village Hall in opposition, many of whom live near Little Silver Lake. Many people have said during public meetings that they fear the lake will be polluted during construction, the natural landscape will be ruined, and that downtown merchants will suffer from the big box competition.

However, school officials from Districts 117 and 34 have publicly voiced their support for the proposed shopping center. The property taxes generated will benefit the schools without adding extra students to already-cramped spaces.

## &gt;&gt; RoundLakeBeach

## CenCom director gets cozy with her new job

By HELEN MANSFIELD  
hnmansfield@nwnewsjournal.com

ROUND LAKE BEACH – Former CenCom Director Brian Tegtmeyer has been gone for a few months now. With his departure, second-in-command, Lisa Berger, took over the department. On May 1, she was in charge for good.

Berger has been at CenCom for nearly 13 years and said she's performed in every available capacity at the Round Lake Area's 911 dispatch center. She came on board as a part-time dispatcher, then went full time. She became training coordinator, deputy director, and now she's getting comfortable in the boss' office.

"I'm so happy, I could just pinch myself," Berger said. She also worked for NorthCom, the contract group that used to provide dispatchers for the 911 facility.

Tegtmeyer and Berger said things were tough in those days because they weren't responsible for the hiring or discipline of the staff, which often made things tough. CenCom is now able to hire, train, pay and discipline its own people.

After so many years in the operation, Berger said, she's feeling very comfortable. She adds that she and Tegtmeyer were so well matched, she has flowed into the position fairly easily.

"There is lots of learning

## The "Berger"meister

- Lisa Berger, 40
- Born in Chicago, currently lives in Grayslake
- Has been in the area for 14 years
- Married 23 years to Charles Berger and has two sons, Christopher, 17, and Andrew, 22
- Worked for both the Mendota and the Grayslake Police Department before coming to CenCom

everyday, but it's not unattainable," she said.

Berger said CenCom is almost fully staffed with dispatchers, but the staff hasn't been overloaded or overworked because of it. Like many area administrators, she is keeping an eye on the ongoing situation with Fox Lake's 911 dispatch center, FoxComm.

"They approached us," Berger said of the plan to merge FoxComm and CenCom. "A lot of time and effort went into those talks."

Since Round Lake Area Fire District Chief Paul Maplethorpe first talked to Fox Lake officials back in June about merging the two facilities, Fox Lake has approached Antioch and Lake Villa about taking them on. FoxComm provides dispatch service for Grayslake.

"They need to discuss it amongst themselves as to what direction they want to go in," Berger said of FoxComm's merger plans.

Whatever the outcome, Berger is happy with her job, and her home life.

"I'm so proud of my family," she said. "In the 18 years of working holidays, emergencies, they've been very supportive."



Lisa Berger  
CenCom Director

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Arlo Guthrie



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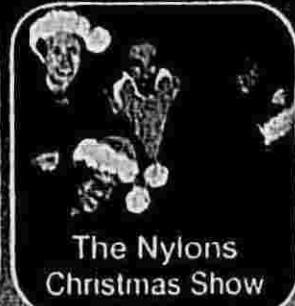
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The Turtles (starring Flo & Eddie)



Chris Korblein with guest Steve Cole



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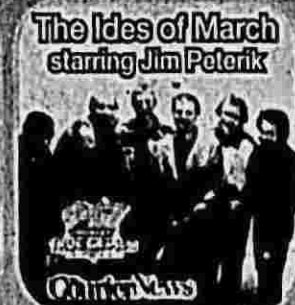
Gaelic Storm



Davy Jones



Brigid's Cross with guest Beth Patterson



The Ides of March (starring Jim Peterik)



Sarah Vowell



Jerry Stiller

## Performing Arts for Young People

Date	Performer	Ticket Prices	Time
10/16/2007	The Lion, the Witch and the Wardrobe	\$7	9:45am 12:00pm
11/9/2007	Max & Ruby	\$7	9:45am 12:00pm
11/20/2007	Winnie the Pooh	\$7	9:45am 12:00pm
12/10/2007	A Christmas Carol	\$7	9:45am 12:00pm
1/28/2008	Junie B. Jones	\$7	9:45am 12:00pm
2/7/2008	Charlotte's Web	\$7	9:45am 12:00pm
2/25/2008	Dr. Dolittle	\$7	9:45am 12:00pm
5/12/2008	The Mystery of King Tut	\$7	9:45am 12:00pm

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Date	Performer	Ticket Prices			Time
		Golden Circle	Main Floor	Balcony	
9/21/2007	Phil Vassar, Solo	\$60	\$40	\$35	8:00pm
9/22/2007	Phil Vassar, Full Band	\$60	\$40	\$35	8:00pm
9/29/2007	Alan Parsons Live Project	\$55	\$40	\$35	8:00pm
10/12/2007	Rachael Price & TS Monk	\$40	\$30	\$20	8:00pm
10/19/2007	Arlo Guthrie	\$55	\$40	\$35	8:00pm
11/10/2007	Herman's Hermits	\$45	\$35	\$25	8:00pm
11/11/2007	Big Band Broadcast	\$45	\$35	\$30	7:00pm
11/30/2007	Direct From Vegas	\$55	\$45	\$30	8:00pm
12/1/2007	The Turtles	\$45	\$30	\$15	8:00pm
12/14/2007	Chris Korblein/Steve Cole	\$35	\$25	\$20	8:00pm
12/21/2007	The Nylons	\$40	\$30	\$20	8:00pm
2/15/2008	Gaelic Storm	\$45	\$35	\$25	8:00pm
2/16/2008	Davy Jones	\$60	\$45	\$40	8:00pm
3/14/2008	Beth Patterson/Brigid's Cross	\$35	\$25	\$20	8:00pm
3/15/2008	Idea of March	\$45	\$30	\$15	8:00pm
3/21/2008	Sarah Vowell	\$40	\$30	\$20	8:00pm
5/23/2008	Jerry Stiller	\$60	\$50	\$30	8:00pm

## &gt;&gt; SchoolNotes

## SCHOOL DISTRICT 34 Another year

Class lists and back to school nights are coming soon. Students in grades first through eighth can pick up their class lists, posted at each building, at 4 p.m. on Friday, Aug. 24. Back-to-School Nights will be

on Monday, Aug. 27. Hillcrest students and parents can visit from 5 to 6:30 p.m.; students in grades second through fifth can go to their schools from 4:30 to 6 p.m.; and sixth grade Antioch Upper Grade School students will go from 6:30 to 7:30 p.m.



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## >> LocalDeaths

**Paul A. Downing**, 86, Antioch  
**Roger L. Neal**, 62, Lake Bluff  
**Mary Patricia Keefe**, 76, Grayslake

**William Allan Skau**, 64, Round Lake  
**Lou Ann Sowa**, 71, Libertyville  
**Valerie F. O'Reilly**, 70, Grayslake

**Aloysius 'Al' F. Warden**, 77, Ingleside  
**Mary D. Marion**, 99, Lake County

OBITUARIES ON PAGE 9A

## >> InBrief

### YCC pitches in at forest preserve sites

Rather than enjoying a lazy break from school, a group of more than 30 teenagers spent the summer weeks being productive and improving many Lake County Forest Preserve locations.

A wood chip trail, a boardwalk, and a split rail fence are all new features at Lake County Forest Preserve areas. Efforts were part of an annual effort by the Youth Conservation Corps (YCC).

Young adults ages 6 to 18 spent eight weeks this summer working in teams.

"The YCC had 36 members, six assistant leaders, including one teacher," said Mike Tully, operations and public safety director at the forest preserve. "We're pleased with the work and all of it is finished. The wetland work was very labor intensive and a tedious, hot job."

Some of the projects such as the boardwalk at Grant Woods and wood chip trail at McDonald Woods, are already being used. Tully said that the YCC program is good for participants' career and college choices.

A scholarship is possible with 1,000 hours completed. YCC is a nonprofit organization. Every summer, 16- to 18-year-old high school students who are interested in preserving Lake County's wetlands, prairies and woodlands join forces and dedicate eight weeks to learning about the environment through hands-on work experience at several Lake County Forest Preserves.

Donations from businesses, foundations and individuals are the sole source of the youths' salaries.

Tully said that many of the youths come back year after year. The other positions are filled by a lottery.

"I say this every year, but we had a very good group this year," Tully said.

-Steve Peterson

### Theater programs benefit young actors

Youth ages 8 to 18 who are interested in theater and acting may now enroll in the Roundtree Players (ages 14 to 18) and Stage One (ages 8 to 13) programs through Jack Benny Center for the Arts. Informal auditions began on Saturday, Aug. 11.

Roundtree Players will offer teens a chance to enhance their theater skills through various theater games, activities and the rehearsal and performance of the play "Steel Magnolias."

Stage One offers students an opportunity to explore, create, and develop their theatrical abilities.

The directors in conjunction with student schedules will determine the rehearsal schedules.

Performance dates are set for Nov. 9 and 10 for Stage One and Nov. 16 and 17 for Roundtree Players. The program fee is \$95 for residents and \$100 for nonresidents of the Waukegan Park District.

-Local reports

# Reduce, reuse, recycle



Annie Christie - achristie@nwnewsgroup.com

Julio De Leon, of Waukegan, sorts recycling items on a conveyor belt at Waste Management's Recycle America Material Recovery Facility in Grayslake. The facility processes more than 650 tons of recyclables daily with less than 10 percent becoming garbage.

## Waste Management gives residents tips about recyclable goods

By GENEVA WHITE  
gwhite@nwnewsgroup.com

### By the numbers

**650:** Number of tons of material Waste Management's Grayslake material recovery facility processes daily.  
**14,250:** Number of tons the facility processed in July.  
**166,590:** Number of tons the facility processed last year.

### What happens

Want to see a video of what happens when your recyclables leave your curb? Visit [LakeCountyJournals.com](http://LakeCountyJournals.com).



### For more information

Lake County: [www.co.lake.il.us/swalco](http://www.co.lake.il.us/swalco) or (847) 336-9340.  
McHenry County: [www.mcdef.org](http://www.mcdef.org) or (815) 338-0393.

GRAYSLAKE - Recycling is easy. Just toss plastic, glass, paper, used cans, and cardboard into a bin or tote and forget them. Somehow, these materials disappear to an unseen place where they're transformed into useful products.

"You feel good. The environment feels good. And everybody's happy."

If it were only that simple. Stop for a moment and think about it. The word "recycle" actually comes last among the three "Rs."

A trip to Waste Management's material recovery facility in Grayslake proves there's more to the process than easing our guilt about all that bottled water we drink. The work is loud, hot and stinky. Machines rattle. Conveyor belts roll in every direction. Glass bottles clank non-stop. It's a sound reminiscent of a constant barroom brawl, which is appropriate, considering the smell of stale beer hanging in the air.

"This guy concentrates just on milk jugs," plant manager Don Schmidt shouts over the machinery, pointing to a worker. Water bottles, detergent bottles and other containers move past a line of men and women sorting plastic. "We can always use an extra sorter."

Some of the ways we dispose of our recycling makes the job even

tougher for the plant's 75 employees who sort and bail the material. Using the blue or green bins outside your home might earn you an A for effort, but there's a right and wrong way to recycle.

Take those plastic grocery and department store bags. Many people, the author of this story included, have thought putting recyclables in the bags was perfectly fine. That isn't always the case.

When recyclables arrive at the plant in plastic bags, workers must rip open the bags and dump the contents onto a conveyor belt.

Sometimes the bags can be recycled. Other times they're thrown away. "The chemical composition of that bag you get at, say, Target, is different from the bag you get at Jewel," Schmidt said. "That becomes a very difficult item to recycle. When you recycle, you try to segregate like items together."

Schmidt recommends recycling

plastic bags directly at their respective stores. The number of plastic bags also can be reduced by shopping with net or canvas grocery bags.

Throughout the plant, pieces of shredded paper float through the air like occasional snow flurries.

Schmidt agrees that personal information should be shredded to avoid identity theft. But he also said the shredded paper tends to fly everywhere, causing some of it not to be recycled. He suggests using shreds as packing material. Online banking and removing your name from junk mail and credit-card lists also cuts back on paper with personal info.

"What's difficult, quite frankly, is that all of those things - reduce, reuse, recycle - require people to change their behavior," said Gary Mielke, recycling coordinator for Kane County, which sends some of its recycling to Grayslake. "It's easiest for people to change their behavior to recycle, but to reduce and reuse, those are harder behaviors to accomplish."

Then there's the whole rinsing issue. As items roll down the conveyor belts, it's not uncommon to spot a plastic bottle with Italian dressing or some other slimy or sticky condiment still clinging to the inside. Operations manager Salvador Fajarvo has seen more than his share of partially filled ketchup bottles on the job.

"We prefer to receive [bottles] empty," Fajarvo said. "They cause problems with the system [when they're full]."

But some of the items sorters encounter on the conveyor belts aren't just disgusting. They're dangerous. Fajarvo said everything from propane tanks to car parts had shown up at the facility. Another common problem is finding syringes used for diabetes and other illnesses inside detergent and pop bottles.

"For the sorter, it's hard to see what's in there," Fajarvo said.

Schmidt said putting needles in plastic bottles is a wise way to dispose of them. But the bottles should then be thrown away, not put in with the recycling.

## INSIDE LAKE COUNTY



**John S. Matijevich**

### >> SeeingItThrough

Universal Health Care is one of the hot topics people are talking about these days, but Gov. Rod Blagojevich's suggestion to make it a state-controlled program is not a good idea, columnist John Matijevich writes. He thinks having health care regulated by states will likely cause more problems than solve them.

PAGE 11A

### >> SnapShot

#### This week's question

"Do you agree with Gov. Rod Blagojevich's order to inspect problematic state bridges in light of the Minnesota bridge collapse?"

ANSWERS ON PAGE 11A

### >> PartyLines

#### A national job

Lake County Board members Pam Newton and Michael Talbett can add national county duties to list of things to do. Newton was named NACo vice chairwoman of the Environment, Energy and Land Use, and Talbett was named chairman of Telecommunications.

PAGE 11A

### >> OurView

#### Budget bungles

Gov. Rod Blagojevich and the Legislature continue to blunder the budget.

PAGE 11A

### >> SketchView



## A patriotic ride



Annie Christie - achristie@nwnewsgroup.com

Patriot Guard Riders escort the vehicle transporting Senior Airman Marcus Cicero to Island Lake Veteran Park, where he was honored. Other departments transporting Cicero were the Island Lake Police, Wauconda Police, Illinois State police, American Legion Riders, Wauconda Fire Department, Island Lake Public Works, and Wauconda Highway vehicles.



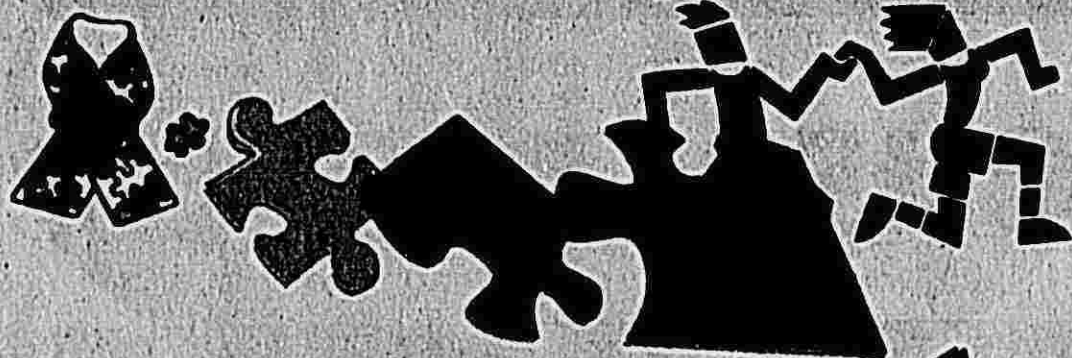


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### >> Grayslake

## Development passes hurdle

Village Board approves plan, special use permit for fairgrounds

By HELEN MANSFIELD  
hnmansfield@nwnewsgroup.com

### By the numbers

**768,839:** Total square feet of retail  
**\$1,016,263:** Estimated annual property tax benefit for Woodland District 50  
**\$995,402:** Estimated annual property tax benefit for Grayslake High School District 127  
**2009:** Anticipated opening

GRAYSLAKE – It has been a plan almost three years in the making.

After what Village Board President Tim Perry jokingly referred to as a "little issue" that garnered a lot of discussion from the public, the board approved the general development plan and special use permit for the Lake County fairgrounds property for commercial use.

Former Grayslake Village Board President Pat Carey and former Trustee Terese Douglass made an appearance at the Aug. 7 board meeting, putting their support behind the plan for the property near the intersection of Routes 45 and 120.

Carey said she hopes village officials will ultimately have some say in who the development's tenants are. Douglass said she would like to see the bike path in Hunter's Ridge connect with the development.

After the meeting, Kirk Smith, zoning officer for the village of Grayslake, said SKW Capital Management, of

Deerfield, and Developers Diversified Realty Corp., of Cleveland, will have to bring revised plans before the village's planning board, the committee of the whole and the Village Board.

"They will come back for final approval once it goes through the final engineering process," Perry said.

Trustee Jeff Werfel told the development officials in the audience that they should come back to get special use permits for colors outside of the village's approved palate.

"The village palate is pretty dull," he said.

Perry gave the property the tentative name "The Fairgrounds of Grayslake." He said there will be lots of work yet to do, though a lot has been done to this point.

## Tituses prepare for sale of farm

By HELEN MANSFIELD  
hnmansfield@nwnewsgroup.com

GRAYSLAKE – Tony Titus is a fourth-generation farmer, working the land bought by his great-grandfather Lorenz Titus, who came to the area from Germany. The farm consists of 160 acres that has been in the family for 130 years.

On Friday, Aug. 31, the Tituses' property, near the intersection of Route 83 and Peterson Road in unincorporated Grayslake, will be sold and developed as the new home of the Lake County Fairgrounds.

In the 30 years that Tony and wife, Debbie, have been married, they have worked the land, planting crops such as corn, soybeans and oats.

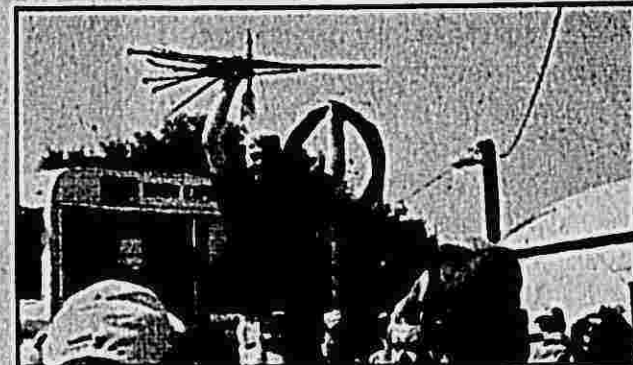
"He [Tony] always says, 'man plants and God grants,'" Debbie said.

On Aug. 11, hundreds of people came from all around to participate in an auction at the Titus property. Many tractors and plows, along with other collectibles were sold.

Together, the couple also worked a vegetable stand for a number of years, until Debbie was diagnosed with cancer and was too ill to work it anymore.

"We gave up the stand and went to farmer's markets in Northfield, Grayslake and Libertyville," Debbie said.

Tony has three brothers and a sister. His par-



Liz Boomer - wjnews@nwnewsgroup.com

David Farrell, of Lake Bluff, puts items on display during a farm auction at Titus Farm near Libertyville.

ents died more than 11 years ago, and now that all the children are older, they've all agreed it's time to sell. Debbie said the family has been in talks with members of the Lake County Fair Board Association for a few years.

SKW Capital Management, one of the commercial developers of the mall planned for Routes 120 and 45, is buying the Titus Farm. In turn, SKW will give the land and several million dollars to the Lake County Fair Association for its new location.

Debbie said the Titus home, in Mundelein, is a little more than a mile from the farm so it will not be sold. She said Tony is not sure what he'll do next, but he'll figure it out once the land sale is behind him.

A marketing feature of the Lake County Journals

### Business of the Week

## Hillcrest Nursing Center

Dedicated Staff Members really makes the difference



### Alan Rosenbaum N. H. A.

In my 18 years as administrator at Hillcrest I have had the opportunity to meet lots of different people. Our residents families and employees. Each one has brought a unique point of view to Hillcrest, apprehensive residents, overwhelmed families, and excited employees. What makes Hillcrest great is our team of department heads with over 150 combined years of healthcare experience, each of us has learned over the years to evaluate each situation and then find ways to ease the worry and concern about nursing home placement and living. When it comes time to consider nursing home placement for a loved one, we are "Top Dog" at Hillcrest. Our professional team and caring staff are here for you 24 hours a day 7 days a week. Stop by we would love to meet you.



### Joel Crabtree Admissions/Marketing Director

I have been with Hillcrest for 11 years and enjoy helping our residents and their families during their transition to Hillcrest. The foundation of caring for seniors has always been about compassion and genuine love for our elderly. It's simple... they deserve the best.



### Deb Walton Bookkeeping Director

As a Bookkeeping Director, I've had the pleasure of assisting the residents and families at Hillcrest for the past 13 yrs. While it may be obvious that a big part of my job relates to managing the financial duties of the facility itself, my favorite part of my job is the interaction I have with residents and families I enjoy helping family members with the financial anxieties that are involved in placing your loved one in a nursing home. I am here to help make that transition easier for all.



### Rosemary Cecola ADL Director

When I started 16 years ago at Hillcrest as a Certified Nursing Assistant, I didn't anticipate my own professional growth. But I soon had the opportunity to hone my skills. With the support and encouragement of administration and some additional training, I now focus on the resident's ADL's [ACTIVITIES OF DAILY LIVING]. My job is to work with each resident and assist others in knowing ways to meet their needs while encouraging the residents to actively participate, if possible. My focus remains on helping our residents achieve and maintain their optimal level of comfort and independence.



### Chris Mendralla Director of Nursing

As one of the newer team members, I bring 13 yrs experience in Long Term/Geriatric Care to Hillcrest. With special training in Dementia Care practices to share with all - Hillcrest can meet the needs of many of our elders. My job consists not only of managing the nursing dept. and staff but also in coordinating and overseeing the nursing services received by our residents. I'm proud to work with such competent and dedicated group of people who genuinely care about our elders.

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BEST. VISIT US TODAY  
AND SEE WHY OUR STAFF  
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**ROGER L. NEAL**  
Born: Dec. 15, 1944  
Died: Aug. 6, 2007

LAKE BLUFF – Roger L. Neal, age 62, of Lake Bluff, passed away Monday, Aug. 6, 2007 at the Lake Forest Hospital. He was born Dec. 15, 1944 in Williamsport, Ind. Roger began his career as a teacher and coach in Effingham, later becoming the Superintendent of Schools in the Niantic-Harristown School District. He became an interim business manager and superintendent for several schools, including North Chicago High School. He was a member of the Illinois Association of School Administrators, and the Illinois Association of School Business Officials.

Surviving are his wife, Denise (nee Levasseur); two stepchildren, Elizabeth Caffrey of Schaumburg and Nicholas Caffrey of Mundelein; and his uncle. He was preceded in death by his parents, Paul and LaVerne Neal; by his first wife, Eileen in 1982, and by his brother.

The funeral was held at 11 a.m. on Aug. 10 at the Burnett-Dane Funeral Home, in Libertyville. Visitation was from 3 to 8 p.m. on Aug. 9. In lieu of flowers, a scholarship fund is being established in his name at Attica High School. Contributions can be made to Libertyville Bank and Trust, P.O. Box 7099, Libertyville, IL 60048. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**PAUL A. DOWNING**

Born: Nov. 9, 1920  
Died: Aug. 7, 2007  
He was the State Commissioner of Savings and Loan

ANTIOCH – Paul A. Downing, age 86 of Antioch, passed away Tuesday Aug. 7, 2007 at Vista Medical Center East, in Waukegan. He was born Nov. 9, 1920 in Rockford, the son of the late Grant and Mary Agnes (McManus) Downing. He served in the Army Air Corp during WWII and was a life member of the Naval League. Paul received his

MBA from Harvard and his Law Degree from DePaul University. He was the General Council for the Uptown Federal Savings and Loan. Under former Illinois Gov. James Thompson, he was the State Commissioner of Savings and Loan.

He also served in 1973 and 1974 as the president of the Chicago Area Council of Savings Association and was the former president of the North Chicago Savings and Loan. On Aug. 31, 1961 he married Jean A. Costello in Joliet.

Survivors include his wife of 45 years, Jean; five sons, Kevin (Mary Ellen) of St. Louis, Mo., Bob (Mary Ann) of Chicago, Tom of Houston, Texas, Jack (Andrea) of Glenview, and Jim (Marie) of Chicago; one daughter, Laura Downing of Orlando, Fla.; 10 grandchildren; and his great-granddaughter.

Funeral Services with Mass of Christian Burial was held at 11 a.m., Aug. 10, at St. Peter Church, in Antioch. Interment was private. Visitation was from 4 until 8 p.m., Aug. 9, at the Strang Funeral Home of Antioch. In lieu of flowers, donations to Big Brothers and Big Sisters of Chicago, would be appreciated. Please sign the guest book at [www.strangfh.com](http://www.strangfh.com). Please also sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**MARY PATRICIA KEEFE**

Born: Nov. 29, 1930  
Died: Aug. 9, 2007  
Was a member of the St. Gilbert Church choir

GRAYSLAKE – Mary Patricia Keefe, age 76 of Grayslake, died Thursday, Aug. 9, 2007 at her home. She was born Nov. 29, 1930 in Cortland, N.Y., to Maurice and Edith (nee Ford) Kerr. Mary was a member of the St. Gilbert Church choir and a loving wife, mother, and grandmother.

Survivors include her husband of 56 years, John Keefe, whom she married on May 26, 1951 in

Cleveland Heights, Ohio; her children Margy Keefe of Palatine, Larry (Gigi) Keefe of Grand Rapids, Mich., Kevin (Marianne) Keefe of Downers Grove, Ginny (Dan) Wiemerslage of Gurnee, Katy (Paul) Baumgartner of Cedar Falls, Iowa, Patty (Hal) Sloan of Grayslake, and Johnny (Mary) Keefe of Downers Grove; her grandchildren; and her siblings. Her aforementioned parents and brothers, Joseph Kerr and James Kerr preceded her in death.

The funeral was Aug. 13 at St. Gilbert Catholic Church, in Grayslake.

Interment followed at St. Mary of Fremont Cemetery in Fremont Township. Friends of the family visited Aug. 12 at Strang Funeral Chapel & Crematorium, in Grayslake. In lieu of flowers, memorial contributions may be made to the American Cancer Society, 100 Tri-State International, Suite 125, Lincolnshire, IL 60069 or Condell Hospice, 115 W Church St, Libertyville, IL 60048. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**WILLIAM ALLAN SKAU**

Born: Nov. 1, 1942  
Died: Aug. 1, 2007  
Was employed as a chemist at Martin-Senour Paint Co.

ROUND LAKE – William Allan Skau, age 64, of Round Lake, was born in Chicago, Nov. 1, 1942, and he passed away Aug. 1, 2007 at Condell Medical Center, in Libertyville. William moved with his family to Round Lake in 1947, he attended school there graduating from Round Lake High School in 1961. He was a graduate of Northwestern University and was employed as a chemist at Martin-Senour Paint Co., working in quality control and new paint development.

Beloved brother of Thomas of Round Lake, James of Rockford, John (Judith L. West) of North Carolina and Sue (Stevie Conlon) Skau of Arlington Heights. He was preceded in death by his parents, Thor and Marion (nee Lagerholm)

Skau and brother, Fred Skau. Private service was held with a memorial pending at a later date. Arrangements were handled by the Cremation Society of Illinois. For information call (847) 577-6505. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**LOU ANN SOWA**

Born: July 12, 1936  
Died: Aug. 9, 2007  
She and her late husband were members of St. Joseph Parish in Libertyville

LIBERTYVILLE – Lou Ann Sowa, age 71, a former resident of Libertyville, passed away Aug. 9, 2007 at Holy Family Hospice in Parma, Ohio. She was born July 12, 1936 in Arlington Heights. Lou Ann and her late husband were members of St. Joseph Parish in Libertyville.

Surviving are four children, Debra (Earle) Jordan of Covington, Ga., William McCullum of Strongsville, Ohio, Robert (Maria) McCullum of Macon, Ga., and Timothy McCullum of Chicago; two stepchildren, Sharon Schwartz of Stillwater, Minn. and Jacqueline Colyer of East Fallowfield, Pa.; 12 grandchildren and 10 great-grandchildren; a sister, a brother; and former husband. Earnest McCullum of Madison, Ga. She was preceded in death by her husband Joseph Sowa in 2003 and also by seven brothers and sisters.

The funeral was held at 10 a.m., Aug. 14 at the Burnett-Dane Funeral Home in Libertyville. Entombment followed at All Saints Cemetery in Des Plaines. Visitation was from 4 to 8 p.m. on Aug. 13 at the funeral home. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**MARY D. MARION**

Born: April 4, 1908  
Died: Aug. 11, 2007  
Known as 'Little Mary' at AC Spark Plug

Mary D. Marion, age 99, a resident of Lake County since 1990,

passed away Saturday, Aug. 11, 2007 at the Condell Medical Center in Libertyville. She was born April 4, 1908 in Orlov, Slovakia and came to live in the US in 1921. She retired from AC Spark Plug after 40 years, where she was known as "Little Mary."

Surviving are her son, John (Joan) Marion of Libertyville; a stepson, Don Marion of Maumee, Ohio; five grandchildren; and five great-grandchildren. She was preceded in death by her husband J. Everett Marion and by her stepdaughter, Priscilla Campbell. Funeral Mass was held on Aug. 14 at St. Roberts Church in Flushing, Mich., with interment following in New Calvary Cemetery.

Visitation was Aug. 14, at the Reigle Funeral Home in Flushing, Mich.

Local arrangements were handled by the Burnett-Dane Funeral Home in Libertyville. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**ALOYSIUS 'AL' F. WARDEN**

Born: Nov. 24, 1929  
Died: Aug. 10, 2007  
Worked as a mixologist at the Moose Lodge, Slide Inn and Sterbenz, all of Antioch

INGLESIDE – Aloysius "Al" F. Warden, age 77 of Ingleside, died on Friday, Aug. 10, 2007 at the Northern Illinois Medical Center, in McHenry. Al was born Nov. 24, 1929 in Chicago. On April 16, 1988, he married Blanche Heischberg in Lindenhurst. He also worked as a "mixologist" for establishments such as the Moose Lodge, Slide Inn, and Sterbenz all of Antioch. In partnership with his wife Blanche, Al was a pilot/escort driver for trucks that transported oversized loads, before he retired.

He is survived by his wife, Blanche; and eight children, (four stepchildren); Allen (Wanda) Warden of Trevor, Wis., Sheryl (Kent) Volbrecht of Paddock Lake, Wis., Brian Warden of Gurnee, Thomas (Yvonne) Warden of Randall Township, Laura (James)

Weaver of Lakemoor, Tim (Jeannie) Heischberg of McHenry, Jim (Barbara) Heischberg of Antioch, and Dan (Jonna) Heischberg of Trevor, Wis., 20 grandchildren and two great-grandchildren. Al was preceded in death by his parents, Aloyse and Anna (Lyson) Warden; son, Gary; his infant sister, and his Aunt Josephine (Eugene) Pelligrini who raised him after the death of his parents.

The family extends special thanks and appreciation to the Fox Lake Rescue Squad, and NIMC ER and ICU staffs for their caring service.

Visitation was at the Strang Funeral Home of Antioch, on Aug. 15, from 4 until 8 p.m. The funeral with a Mass of Christian Burial was held at 10 a.m., on Aug. 16, at St. Peters Catholic Church of Antioch. Interment followed at Hillside Cemetery in Antioch. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

**VALERIE F. O'REILLY**

Born: Sept. 29, 1936  
Died: Aug. 6, 2007  
Loved playing cards

GRAYSLAKE – Valerie F. Steele O'Reilly, age 70, of Grayslake, died Aug. 6, 2007 at home. Born on Sept. 29, 1936 at Chicago, she was an active member of Hartland Baptist Church in Antioch. Valerie was a talented artist, loved playing cards, and was the Canasta champion of Saddlebrook Farms in Grayslake.

She was the beloved wife of Thomas; loving mother of Lori Coleman; cherished grandmother of Lauren Kelley and fond sister of Betty (Jack) Reed.

A Memorial Service was held on Aug. 12 at 2 p.m., at the Hartland Baptist Church in Antioch. Memorial donations may be made to Hartland Baptist Church, 466 W. Route 173, Antioch, IL 60002. Arrangements were handled by the Kisselburg-Wauconda Funeral Home. Please sign the Guest Book at [www.LakeCountyJournals.com/obits](http://www.LakeCountyJournals.com/obits).

&gt;&gt;LakeCounty

## Catholic Charities receives 'Human Needs' award

## LAKE COUNTY JOURNALS

Catholic Charities of the Archdiocese of Chicago, Lake County Services is one of four beneficiaries sharing a \$35,000 Basic Human Needs Award presented by the Lake County Community Foundation.

Maureen Murphy, associate division director, received the award in a ceremony at Tempel Farms, in Wadsworth Aug. 8.

According to a release, this is the first year of the Basic Human Needs Award, which is made to selected organizations that have demonstrated "excep-

tional effectiveness, innovation and creativity in addressing the most basic human challenges of hunger, homelessness and access to quality medical care. The Foundation's goal is to celebrate collaboration and encourage others to work together when thinking about solutions to persistent problems, which exist within our community."

The award will enable Catholic Charities and its partner agencies – PADS, Prairie State Legal Services and I-PLUS to continue the Critical Time Intervention-

Representative Payee (CTI-RP) program – to assist chronically homeless individuals in Lake County with permanent housing and intensive case management.

"We and our partners are truly thankful to be chosen as the recipients of this award and feel especially honored to be selected as the first collaboration to be recognized through the Lake County Community Foundation in this way," said Chris Edwards, department director at Catholic Charities of Lake County, in a statement.

&gt;&gt;NorthChicago

## Mobile health program moves to center of North Chicago

## LAKE COUNTY JOURNALS

NORTH CHICAGO – In what hospital officials are calling an effort to reach more North Chicago residents with its free preventive health services, the CareCoach, Lake Forest Hospital's mobile health program, is moving to a more centralized location in the city.

"I wanted to help select a site that we felt would be best for our citizens to avail themselves of these free services," North Chicago Mayor Leon Rockingham Jr. said in a statement. "I believe our Foss Park District Community Youth Center will be an ideal site, as it's centrally located."

From 2:30 to 5 p.m. on the second Wednesday of each month, beginning Sept.

12, blood pressure, blood sugar (diabetes), cholesterol, asthma and osteoporosis screenings after a consultation with a registered nurse will be available during visits to the center, 1730 S. Lewis Ave.

The remaining 2007 dates at the new North Chicago location are Oct. 10, Nov. 14 and Dec. 12.

Until recently, the CareCoach had stopped at Queen of Peace Church on 14th Street.

"I applaud the efforts of Mayor Rockingham and other community leaders in helping secure the new location, which helps us expand our community outreach as part of our commitment to serve all Lake County residents," Lake Forest Hospital President/CEO Thomas J. McAfee said.

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>> OurView

## Leaders bungle budget process

If it wasn't clear before, the events of the past few weeks in Springfield leave no room for doubt.

Illinois, at the state government level, has a leadership problem. As in, there is none.

More than 70 days after the lawmakers were to have produced a new state budget for fiscal 2007-08, and nearly two weeks after last year's state budget expired, our representatives in Congress and governor's office still were bumbling their way through negotiations on a revenue and spending plan.

On Aug. 10, the House finally approved a state budget, imperfect though it is. Gov. Rod Blagojevich has condemned it, but has not said whether he would sign or veto it.

Regardless, passage does not make up for the buffoonery that our elected officials practiced this special session.

Let us sum up.

In the past week, Illinois Comptroller Dan Hynes has bickered with Blagojevich about whether thousands of state employees could be paid without a new budget.

In the midst of that feud, the American Federation of State, County and Municipal Employees Council 31, which represents about 40,000 state employees, filed a class-action lawsuit against the state over the pay issue. A deal was struck recently in which the employees will be paid, but the whole fiasco is an embarrassment.

We've witnessed the Senate President, Democrat Emil Jones, calling his Republican counterpart, Senate Minority Leader Frank

Watson, insincere and uninterested in helping his constituency. We've heard Watson essentially say that nobody trusts anyone else in Springfield.

And, of course, we have Blagojevich, whose lack of leadership from the start of this process has defined the mess we are in. First was his ill-advised plan to impose \$7.6 billion in new taxes on Illinois businesses to fund a pie-in-the-sky health-care plan. That tax-increase proposal was unanimously defeated, 107-0, in the House. His lack of leadership only snowballed from there.

It's no wonder we were on the brink of a government shutdown.

The budget approved by both the Senate and House called for about \$59 billion in spending. It includes a massive increase in funding for education and allows for the hiring of about 1,100 new state employees, but offers little new money for other programs. It does not include funding for Blagojevich's health-care plan or for a bailout of Chicago's mass transit system.

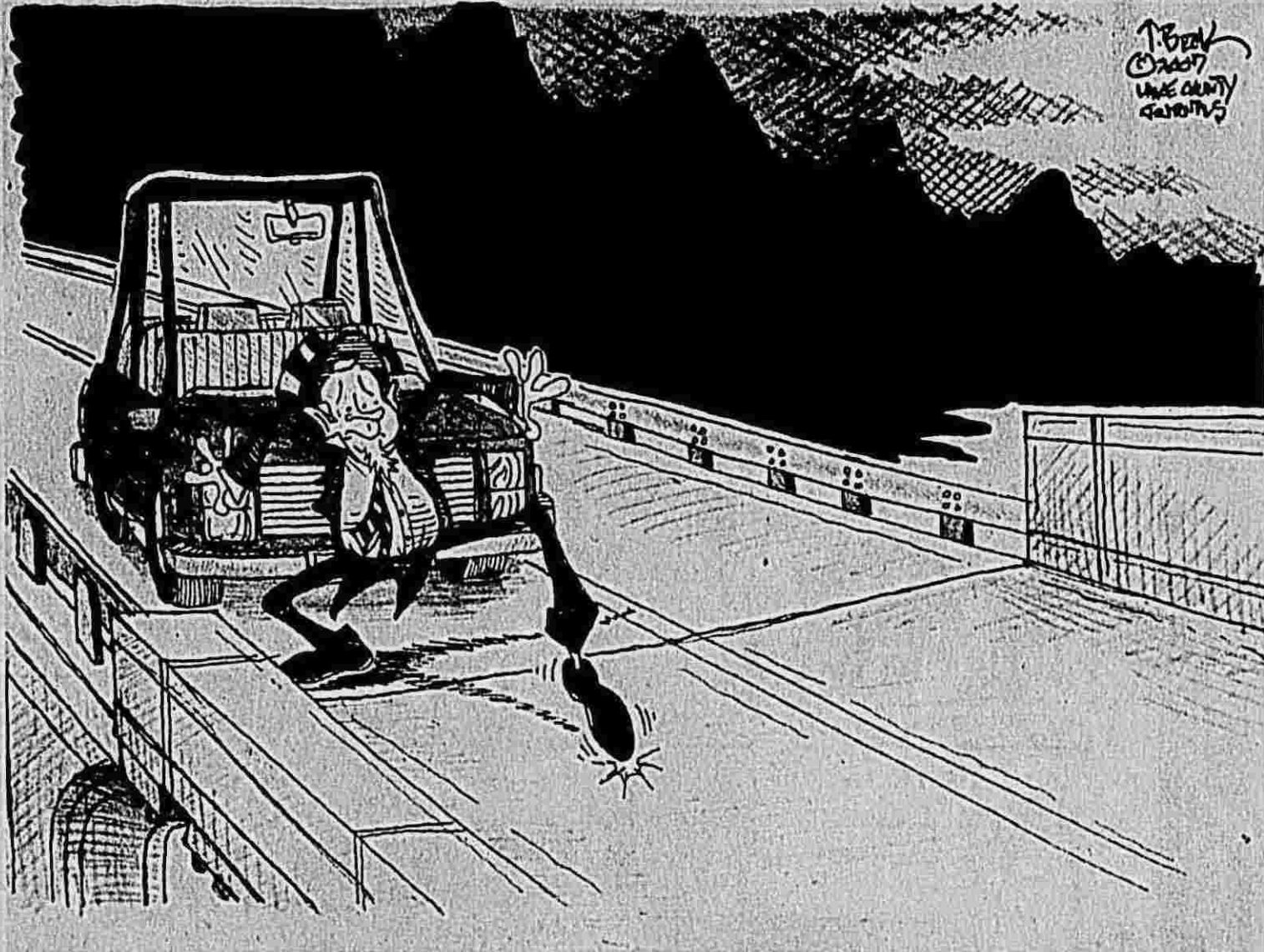
Of course, teacher-union lobbyists complained the new money for education wasn't enough. During the entire process, nobody seemed to be talking about the spending problem we have in education and elsewhere in this state.

At this point, we have little faith that our current leadership can move Illinois forward.

Unfortunately, that means we'll have to wait for the next election cycle.

Let's hope voters have been paying attention.

>> SketchView



>> YourView

### Get ready to breathe clean indoor air

To the Editor:

That's right; starting Jan. 1, 2008, everyone in Illinois will be able to enjoy clean, non-toxic air because of the Smoke-free Illinois Act, which Gov. Rod Blagojevich signed into law. Illinois now joins 22 other states in mandating that all workers, citizens and visitors deserve the right to breathe clean, smoke-free indoor air.

As result of a tenacious American Cancer Society-orchestrated campaign that activated tens of thousands of volunteers, Illinois is taking a giant step forward in promoting improved public health that will have a lasting, lifesaving effect. This law will save lives. It will prevent cancer and other diseases. It will diminish suffering. And it will reduce health care costs.

Legions of American Cancer Society volunteers and supporters rallied to make our voices heard, first in Chicago in 2005, then in dozens of municipalities where smoke-free ordinances were being considered, and then in pressing the General Assembly for passage of the Smoke-Free Illinois Act.

Act.

Great campaigns must have great political leadership. The American Cancer Society salutes the brave members of the Illinois General Assembly who defied special interests by standing firm for the health and well-being of all Illinois workers. We applaud Sen. Terry Link, D-Waukegan, one of the bill sponsors, as well as the three other state senators and six members of the Illinois House from Lake County who voted in favor of this legislation, including Sen. Michael Bond, D-Grayslake; Sen. Susan Garrett, D-Vernon Hills; Sen. William Peterson, R-Long Grove; Rep. Mark Beaubien, R-Barrington Hills; Rep. Sandy Cole, R-Grayslake; Rep. Karen May, D-Highland Park; Rep. Kathleen Ryg, D-Vernon Hills; Rep. Ed Sullivan Jr.; R-Mundelein; and Rep. Eddie Washington, D-Waukegan. And finally, thanks to Gov. Blagojevich's final endorsement and signature. The bill has now become the law in Illinois.

As always, we stand ready to assist anyone who's fighting cancer, or wanting to quit smoking. If we can help, call us at (800) ACS-2345 or visit

### Letters to the editor

We welcome original letters on public issues. Letters must include the author's full name, address and day and evening telephone numbers. Keep letters short: no more than 300 words. All letters are subject to editing for length and content.

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[www.cancer.org](http://www.cancer.org).

**Clement Rose, MD**  
Illinois Division American Cancer Society President

### Moving forward?

To the Editor:

I read that Condell Medical Center lost \$16.9 million last year.

Compounding that figure are the negative reports about fiscal management and their crashing bond rating.

Now I have been introduced to a letter from Blue Cross and Blue Shield of Illinois stating that Condell is threatening to cancel its contract.

In light of all of these factors, Condell continues to claim that it will move forward on its \$129 million plan to expand the emer-

gency room and build a huge new structure for additional patient rooms. I cannot fathom who thinks these plans are fiscally responsible.

I live in the immediate service area of Condell Medical Center, and these realities terrify me.

Now, I am not an accountant, but I do work in the healthcare industry, and access to quality care is a major issue.

Recognizing how rapidly our hospital system is approaching bankruptcy, can someone, please step forward and talk some sense into Condell's leadership before we lose our local access to emergency medical care.

**Patricia Vanderhoof**  
Mundelein

>> PartyLines

## County officials receive national county posts

Lake County Board Members Pam Newton and Michael Talbett will represent Lake County at the national level, serving in leadership positions in the National Association of Counties (NACo).

Newton, from Vernon Hills, was appointed to the NACo Board of Directors. The board is composed of 120 county representatives from across the country.

"It is a huge honor, one of 10 to be chosen by the president. It is a chance to showcase Lake County," Newton said.

Coleman also appointed Newton to serve as vice chairwoman of the Environment, Energy and Land Use Steering Committee. The committee is responsible for developing NACo policy regarding federal legislation and policy pertaining to air, water and noise pollution control.

Talbett, of Lake Zurich, was appointed as chairman of NACo's steering committee on Telecommunications. This committee is responsible for developing NACo policy pertaining to telecom-

munications and technology.

"I am honored to have the opportunity to serve on this committee that will work on important issues related to telecommunications and technology," Talbett said.

### Senate scholars

Sen. Bill Peterson, R-Long Grove, has announced the students who received the Illinois General Assembly Scholarships. Illinois law provides for each state legislator to award eight one-year scholarships to any state-supported university.

The following are local students who received the scholarship: Kathleen Scott, of Mundelein High School, with a scholarship to Northern Illinois University; Chris Molitor, of Libertyville High School with a scholarship to Illinois Urbana-Champaign; Robert Gastfield, of Mundelein High School, with a scholarship to Illinois Urbana-Champaign; Jordan Nazario, of Grant High School, with a scholarship to Illinois Urbana-Champaign; Kerry Ryan, of Grant High School, with a scholarship to University of Illinois Urbana-Champaign.



**Michael Talbett**  
NACo's chairman of Telecommunications



**Pam Newton**  
NACo Vice chairwoman of Environment, Energy and Land Use

>> SnapShot

"Do you agree with Gov. Rod Blagojevich's order to inspect problematic state bridges in light of the Minnesota bridge collapse?"



"Yes, you never know; it's better to catch it than watch people die."

**Matt Swwin**  
Gurnee



"Yes, as long as it doesn't cost the state too much money."

**Amy Corbert**  
Round Lake



"Yes, because it can happen anywhere."

**Sandy Leibolt**  
Lindenhurst



"[It] should've already been done regularly, but better than not doing anything at all."

**Anne Neptune**  
Gurnee

>> SeeingItThrough

## Universal healthcare is a nationwide need

When the Legislature began the session in January, Gov. Rod Blagojevich started with a grandiose plan to fix the state's problems.

He proposed a universal health care plan, promised windfall funds for education, said the mass transit needs would be met, and offered renewed hopes for a massive roads and bridge construction program. Without adequate revenues, the plateful of promises became only a political pipedream.

Most of the revenue for these ambitious goals was the governor's new funding concept called the Gross Receipts Tax (GRT). He paraded it as a 2 percent tax on business receipts and justified it by asserting that corporations had looped its way out of paying its share of corporate income taxes. Blagojevich maintained that the tax would generate \$6 billion a year. Oddly enough that's what was claimed to be the deep hole of the state's deficit.

Then came the aftershock of near universal opposition to the GRT scheme against businesses, as well as his universal health care program. He tried to save face by offering a scaled-down health care plan.

When sports teams go into extra



**John S. Matijevich**

innings or overtime, one team usually wins. The Legislature's two-month-plus drag didn't bring any winners, especially not the taxpayers.

Throughout that madness, Blagojevich kept threatening legislators that he would veto anything if they failed to enact his priorities. His health care program was chief among his demands. To some, he sounded like the schoolyard bully who would take his ball and bat with him when things didn't go his way.

For many years, Congress has avoided to tackle the major domestic issue in the country - the failure to address the health care crisis and the 42 million Americans without any health insurance coverage. Because of the national neglect, states are starting to conceive its own health care programs.

When Blagojevich became governor, there were rumors that he had his sights on one day ascending to

the presidency. That would be more than a pipedream. Some thought that he believed his ticket to the White House would be to adopt a universal health care plan in Illinois, with all of the notoriety such success would bring.

Now, in the middle of his second term, Blagojevich might be lucky to escape unscathed as federal investigators peer for possible irregularities within his administration. His ratings have dipped to where he had better keep watch for his own political health.

The health care issue is a national crisis and can be resolved only with a national program. Anything less is utterly stupid. Enacting universal health care state-by-state would create underfunded, mismanaged, hodge-podge systems of health care delivery, all doomed to failure.

These state "mini-programs" are destined to fail. The programs would set back any effort to establish a real countrywide universal health care program that we desperately need. We've waited long enough, and when we do it, let's do it right.

• **John S. Matijevich** writes a weekly column for the Lake County Journals.



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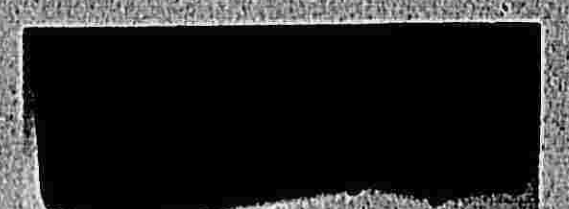
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In the store...

# 1/2

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## >> BestBets

**GET A TASTE OF LAKE COUNTY:** The Taste of Lake County Culture will take place on Aug. 19 in North Chicago.

**A ROASTING GOOD TIME:** St. Matthew Lutheran Church in Hawthorn Woods will host its 17th annual Pig Roast on Aug. 19.

**AN ARTSY EVENT:** The Historic Village of Long Grove presents an art festival on Aug. 18 and 19 in downtown Long Grove.

Details for BestBets events on page 3B

## INSIDE

### >> NowShowing

#### Movie reviews

**'Superbad'**  
★ ★ ★ 1/2

• Movie critic Jeffrey Westhoff says that although the Motion Picture Association of America has termed the content of "Superbad" as "pervasive, crude and sexual," the film has sweetness at its core that could make it a cult classic with heart.

PAGE 3B

### >> LesOnLife

#### Speaking through actions

In her online column this week, Leslie Werner writes about her husband and how, although he isn't big on talking, his actions speak louder than words. To read the column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under the LakeLife option.



### >> RelishTheAmericanTable

#### Oatmeal coffeecake

Discover a tasty way to get the benefits of oatmeal. For the recipe, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "food" under the LakeLife option.



### >> OnStage

#### 'High School Musical'

The Disney hit "High School Musical" comes to the stage through Sept. 2 at LaSalle Bank Theatre in Chicago. To read the article, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "stage" under the LakeLife option.

# Getting the dirt on farming

## Prairie Crossing Learning Farm prepares for fall

By HELEN MANSFIELD  
hmansfield@nwnewsgroup.com

Elementary students around the area will head back to school next week. The alphabet will be set to music, the multiplication tables will be studied, and school books will come out. But during the summer, some area youngsters participated in more terrestrial, earthy studies as part of camp.

About 60 local children recently attended Farm Camp, sponsored by the Prairie Crossing Learning Farm in Grayslake. The day camp was open to children ages 3 through 7, who spent their days planting a variety of vegetables, herbs and flowering plants in the new Children's Garden, which opened Aug. 2.

On that day, the public was invited to the Children's Garden to see what the children planted in their outdoor classroom and hear firsthand from the children what they learned at summer camp.

Camp is done, but according to Brittany Futterman, program coordinator for the Prairie Crossing Learning Farm, the work continues. Most of the items that were planted in the garden are flowering and maturing and need picking, so former campers and volunteers have been coming to the Children's Farm to start harvesting.

Several youngsters and their moms came out Aug. 10 to pick herbs and greens like chard and kale, along with flowers.

"And we're going to take it all to the Avon Township Food Bank," said Futterman.

During camp, Futterman said, campers would enjoy items from the garden as snacks and would prepare egg salad made from the organic eggs laid by the Learning Farm's hens.

Students from Prairie Crossing Carter School and the Montessori School of Lake Forest have students that spend a portion of the school year at the farm as part of farm-education programs.

Hope Quayle, of Gurnee, came out with her 3-year-old son, Ethan, and 1-year-old daughter, Ellie. Quayle and her husband, Bobby, own Pro Active Design, a residential and commercial landscaping business in Gurnee. Bobby created the design for the Children's Garden, which includes a "sunken tractor." In the garden, there are two sets of tires and a tractor seat for children to climb.

"We needed something for the boys to climb and sit on," Hope said. "The garden has smaller beds for the kids to go in and out of."

Connie Barhorst, a resident of Prairie Crossing, brought her children, Allison, 3; Ellen, 10; Kyle, 7; and Carter, 5. The family's neighbor, Chelsea Curran, 10, came along to pick.



Three-year-old Ethan Quayle, of Gurnee, washes off Rainbow Chard after harvesting it at the Children's Garden at Prairie Crossing Learning Farm. The garden opened Aug. 2 in Grayslake.

### Farm festivities

• The Great Pumpkin Gang will start its fall classwork on Thursday, Aug. 23.

Children in grades kindergarten through eighth are welcome to help with the farm's pumpkin patch. Children will meet from 4 to 5:15 p.m. every Thursday until Nov. 8.

• On Sunday, Sept. 30, the Prairie Crossing Learning Farm will be the site of the fourth annual Edible Harvest Festival/Run on the Prairie 2007. The walk/run will take place from 9 a.m. to 10:30 a.m., with the festival running from 11 a.m. to 4 p.m.

• The Learning Farm is at 32400 N. Harris Road in the Prairie Crossing Conservation Community off of Route 45. For more information, call Brittany Futterman, program coordinator for the Prairie Crossing Learning Farm, at (847) 548-4062, ext. 17.

Barhorst said her boys participated in Farm Camp and really enjoyed the outdoor classroom.

"It was good," Kyle Barhorst said. "We got to see a leopard frog."

The Barhorsts have lived in Prairie Crossing for six years, and Connie Barhorst said she is appreciative of programs like these.

"It's nice to have this experience in our backyard," she said. "It's simple fun you don't see much of anymore."



Ten-year-old Chelsea Curran, of Grayslake, harvests Rainbow Chard after harvesting the crop at the Children's Garden at Prairie Crossing.

## INSIDE SPORTS



Kevin Kaduk

### >> Views

As the NFL season begins, NorthWest News Group pro columnist Kevin Kaduk explores one way to enjoy pro football without losing your shirt. Kaduk joins opportunistic Bears fans as they brave the summer sun to catch the team without paying.

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### >> PrepSports

#### Volleyball time is here

As August winds down, the fall prep sports season is quickly approaching and so is girls volleyball. Lake County Journals season previews might give fans a glimpse into the volleyball future.

PAGE 7B

### >> QuickHitters

#### Athletic spotlight

Antioch girls volleyball star Megan Toczek is itching for volleyball to begin while Grayslake Central baseball pitcher Kevin O'Rourke probably wants summer to last all year long.

PAGE 7B

### >> GameOfTheWeek

#### Cubs and Cards clash again

The Cubs battle the St. Louis Cardinals at 1:20 p.m. Aug. 20 at Wrigley Field.

PAGE 7B

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## &gt;&gt; DiningOut

# Stevens' restaurant truly is 'A great place for steaks'

By DANIEL J. PATRICK  
dpatrik@nwnewsgr.com

Stevens' menu boasts "A great place for steaks," but very rarely are such sayings carried out. As it turns out, Stevens' is not just a great place for a steak, but a great place for just about everything on the menu.

Coupled with a classy atmosphere, fair prices and a friendly staff, Stevens' delivers on everything a restaurant could hope for. As for the food, most everything on the menu is delicious and is delivered with a presentation worthy of restaurants costing much more.

The crab brie soup will tickle your tongue with the perfect amount of seafood flavor, while having the creamy texture of a rich soup.

## Stevens'

**Where:** 401 N. Milwaukee Ave., in Gurnee  
**Alcohol:** Wines, scotches, cognacs, variety of beers

**Smoking:** Separate sections; bar for smokers and nonsmokers  
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**For more information:** Call (847) 599-8533, or visit [www.stevenssteaks.com](http://www.stevenssteaks.com).

The crab cakes are not only delicious, but have a beautiful presentation. And the shrimp cocktail with giant shrimp is on par with some of the finest seafood restaurants in the Chicago area.

The 14-ounce New York strip steak is not only perfectly cooked, but also has a very good house sauce that brings out the true flavor

of the meat rather than masking it. The steak comes with a side order of asparagus that also is well-cooked and has just the right amount of seasoning.

Dessert is yet another example of culinary perfection with the raspberry cheesecake and molten chocolate cake. While the cheesecake is not made in-house, it is wonderfully presented. The molten chocolate cake is made in-house and is just as good as the cheesecake. With a warm, creamy chocolate sauce in the middle, the homemade cake is a perfect end to a grand meal.

Stevens' is a fantastic restaurant, not only because of its delicious food, but because of every facet of its atmosphere. With so many national chains in Gurnee, Stevens' not only gives diners a local choice, but a spectacularly superior choice.



Annie Christie - achristie@nwnewsgr.com

Servers bring a meat-and-fish tray to a table for customers to view before they order at Stevens', at 401 N. Milwaukee Ave., in Gurnee.

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LAKE COUNTY  
JOURNALS

## Storytelling a craft for all ages

Benjamin Levin, 6, of Northbrook and his brother Sam, 4, dress up as animals during the Illinois Storytelling Festival at Horse Fair Park in Spring Grove.



Candace H. Johnson - wjnews@nwnewsgr.com

Illinois Storytelling Festival takes place in Spring Grove

By STEVE PETERSON  
speterson@nwnewsgr.com

If you thought that stories implied older tellers, think again.

That was the idea behind the Possibilities Tent, where younger tellers joined the experienced tellers.

Austin, Carly and Madison Smith were three of the young tellers on Aug. 12 at the Illinois Storytelling Festival. The annual late-summer event was on Aug. 12 at Horse Fair Park in Spring Grove.

"The first story I ever told was 'Snow White,'" Carly said.

"It was a little scary, but I have told scarier stories," Austin said of his version of 'The Golden Arm.'

Jim May, one of the festival's original organizers, said the effort to link generations is something that one of the event sponsors, the Oppenheimer Family Foundation, supports.

Sue Black, of Naperville, helped arrange for the youngsters to perform.

"We have a full, amazing board with nine members," said Megan Wells, Storytelling president, of what makes the festival a success. The festival takes place the day after the Spring Grove Steak Fry, a fundraiser for the fire department.

Carole Peterson and Alvin McGovern were the first act and had the task of setting the tone.

"It has been three years since I have been here," said Peterson, who is part of the group Macaroni Soup. "I like to get the crowd moving and to see their reaction." Peterson has been a storyteller for 17 years.

## Stories

• **Legacy Storytelling Circle** meets the second Friday of the month at 9 a.m. at College of Lake County's Southlake Educational Center, 1120 S. Milwaukee Ave., in Vernon Hills. For more information, contact Dee Abbate at (847) 543-6504 or [dabbate@clcllinois.edu](mailto:dabbate@clcllinois.edu), or contact Zain Chait at (847) 433-6269 or [zbc@northshore.net](mailto:zbc@northshore.net).

• **McHenry County Storytelling Guild** meets the second Tuesday of the month at 7 p.m. at Family Alliance Center, Route 14, in Woodstock. For more information, contact Fred Berchtold at (847) 566-0808 or [fredb2mc.net](mailto:fredb2mc.net).

• **Memory Makers Elders Storytelling Club-Circle** meets the third Wednesday of the month at 9 a.m. at Nippersink Public Library, 5418 Hill Road, in Richmond. For more information, contact Joy Aavang at (815) 338-1734.

• **Windy City Storytelling Guild** meets the third Wednesday of the month at 6550 Ebinger Drive, in Niles. For more information, contact Debi Gajewski, at (847) 647-0183 or (773) 895-5618.

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## RATINGS

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## 'Superbad' is a super cool classic

By JEFFREY WESTHOFF  
sidetracks@nwnewsjournal.com

Vulgarity's new vogue hits another high point with "Superbad," a high school comedy that comes not surprisingly from many of the people behind "Knocked Up."

The prime mover behind "Superbad" is "Knocked Up's" star, Seth Rogen, who began writing the script at age 14 as a throwback to the crude high school and college comedies of the 1980s.

"Superbad" contains much more foul language (but much less nudity) than its inspirations. But like "Knocked Up" and "The 40-Year-Old Virgin," Rogen's script, co-written with Evan Goldberg, is smarter and features more fully-developed characters than its '80s forbearers.

The similarities to "Knocked Up" and "40-Year-Old Virgin" are significant because not only did Rogen appear in both, but both were directed by Judd Apatow, who produced "Superbad." The film solidifies Apatow's reputation as the guiding force behind a small but significant community of comic filmmakers.

He is becoming to crude comedies what Steven Spielberg was to family-oriented fantasies in the 1980s.

In "Superbad," two nerdy high school seniors, Seth (Jonah Hill) and Evan (Michael Cera), get invited to a popular girl's party.

But a simple trip across town turns into a bizarre odyssey of arrests, brawls and contraband laundry detergent.

The story is an amalgamation of Martin Scorsese's "After Hours," "American Graffiti" and "Porky's."

Their problems begin when Seth promises the party's hostess, Jules (Emma Stone), he will supply the liquor. Seth and Evan turn to their even nerdier friend, Fogell (Christopher Mintz-Plasse), who just got a fake ID.

They are horrified to learn that on his new Hawaiian driver's license, Fogell gave himself a one-word name, McLovin.

Things spiral out of control quickly after Fogell becomes the victim of a liquor store hold-up, he is adopted by the most irresponsible police officers (Rogen and "Saturday Night Live" player Bill Hader) in the

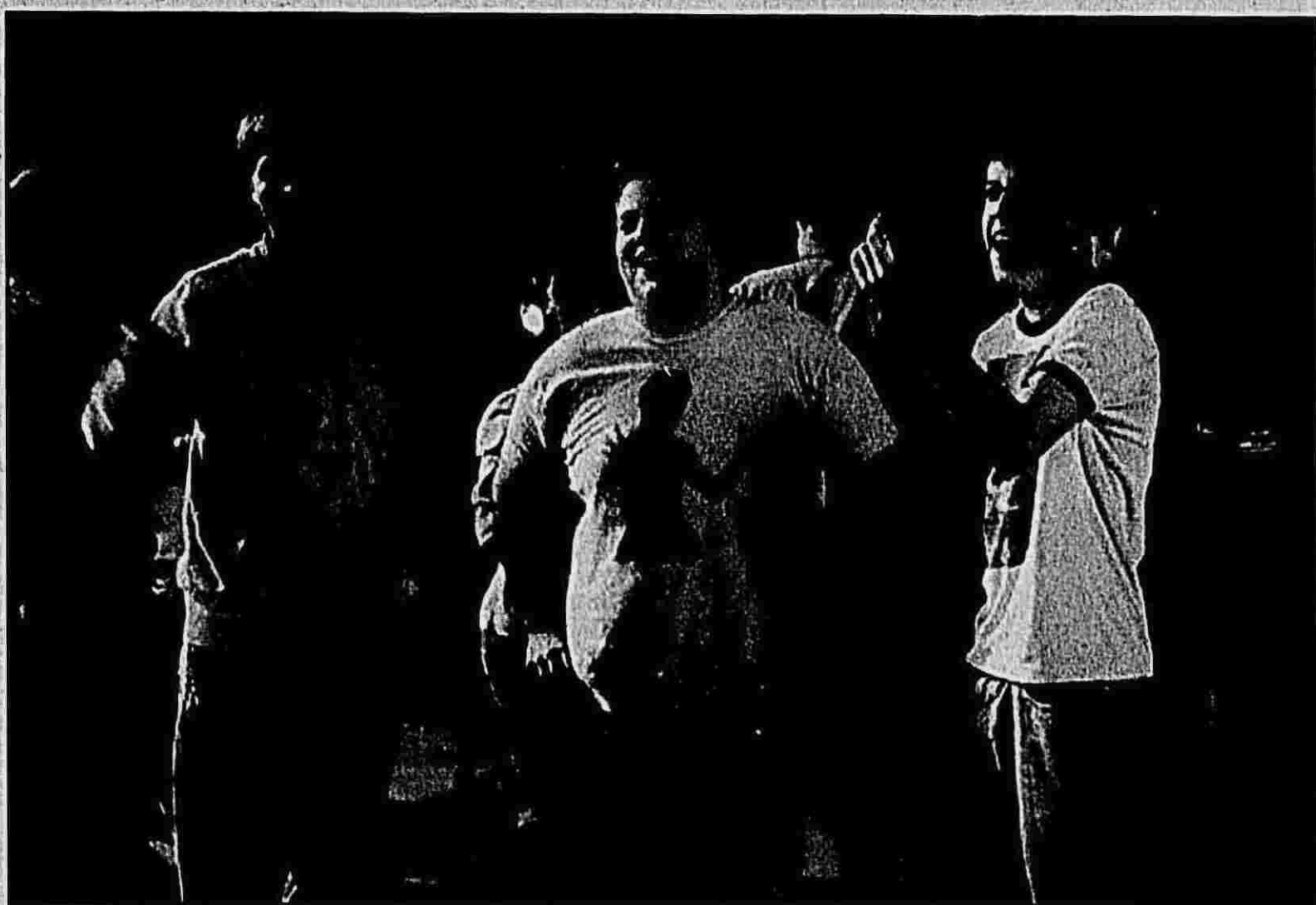


Photo provided

"Superbad," a new comedy directed by Greg Mottola, tells the story of two high school seniors and their adventure after they are invited to a girl's party. The script was written by "Knocked Up" star Seth Rogen and Evan Goldberg.

## "Superbad"

★★★★½

Genre: Comedy  
Director: Greg Mottola  
Writer: Seth Rogen and Evan Goldberg  
More information: Rated R for pervasive crude and sexual content, strong language, drinking, some drug use and a fantasy/comic violent image involving teens; running time is 114 minutes

history of law enforcement.

Seth and Evan go off on their quest for booze, even though they have no fake ID, no money and no car. "Superbad" gets off to a slow, awkward start (Hill's long-winded, foul-mouthed berating of his home ec teacher is a miscalculation), but the story hits its speed when Rogen and Hader arrive and, from there,

director Greg Mottola pushes the pace toward manic and increasingly hilarious.

Like many real-life high school friends, Seth and Evan have opposite personality traits. Seth is loud and profane and obsessed with porn and having sex. Evan is quiet, less profane and more interested in finding a steady relationship than random sex.

Their friendship has hit an awkward snag because Evan was accepted to Dartmouth and Seth wasn't. Although they don't want to admit it, they think this party could be one of their last big nights together before Evan leaves for the East Coast.

Hill and Cera are funny throughout, but also touching when the script asks for it.

As in previous films from Team Apatow, every character is treated sympathetically, even Rogen and Hader's psycho cops.

Newcomer Mintz-Plasse is the one

who will emerge from "Superbad" with cult stardom. He looks and behaves as you imagine a 15-year-old Peter Sellers would. His moves are awkward, but Mintz-Plasse is absolutely irresistible as the goof who learns to live up to the name McLovin.

Despite what the MPAA terms "pervasive, crude and sexual content," "Superbad" has sweetness at its core. The ending is more realistic and fitting than what the more commercially attuned "American Pie" offered.

"Superbad" makes you laugh so hard it hurts, which is what a comedy aims for. But beyond the outrageousness, it offers an optimistic slice of life. It could become a cult classic with heart.

Jeffrey Westhoff is a movie critic for the NorthWest News Group. He can be reached by e-mail at [sidetracks@nwnewsjournal.com](mailto:sidetracks@nwnewsjournal.com).

## Come one, come all to the big tent

## Circus comes to Lake County

By DANI SCHWEIGERT  
dschweigert@nwnewsjournal.com

Come one, come all – the circus is coming to town.

Prepare for an evening under the big tent as the Carson & Barnes Circus makes its way to the Lake County Fairgrounds in Grayslake on Monday, Aug. 27, and Tuesday, Aug. 28.

"We have the biggest big top in America," said Jennifer Johnson, spokeswoman for the circus. "It's the size of a football field. The circus is still family-owned, and we still have the traditional three rings."

The family-owned circus is ready to dazzle and amaze Lake County residents with classic circus acts like the flying trapeze, a motorcycle act, high wire, juggling, clowns, a hula-hoop act, various acts with animals, and more.

The acts themselves might take audience members' breath away with unexpected tricks, the age of the performers might be even more surprising.

Brandon Cavallini, 6, performs on the flying trapeze and is close to learning a triple back flip, Johnson said. Francesca Cavallini, 11, performs an adagio act with her uncle, Antonio. Adagio is an act that involves dance and acrobatic moves. And Amanda Loyal, 10, performs with her horse, Antoinette, a one-ton Percheron.

The young performers aren't the only stars stealing the show, however. The circus also has 29 elephants, three of whom will travel with the circus to Grayslake. And at 9 a.m. on Monday, Aug. 27, residents can come and see the elephants as they help pitch the circus tent.

Founded in 1937 by Obert Miller, the circus was then



Photo provided

The Carson & Barnes Circus is coming to the Lake County Fairgrounds Aug. 27 and 28.

taken over by Obert's son, D.R., and his wife, Isla. Johnson said D.R. "made the circus what it is today." Carson & Barnes Circus is now owned and managed by D.R.'s daughter, Barbara Miller Byrd, and her husband, Geary Byrd.

"There's just something magical about the circus," Johnson said. "There's something there for everyone. It's a chance to spend quality time together as a family at an affordable price, and it's right in your backyard."

## Want to see the show?

What: Carson & Barnes Circus  
When: 4:30 and 7:30 p.m. on Monday, Aug. 27, and Tuesday, Aug. 28  
Where: Lake County Fairgrounds, Routes 45 and 120 in Grayslake  
Tickets: Tickets cost \$20 for adults and \$8 for children ages 2 through 11. Children 2 and younger are free. To buy tickets, call (800) 594-TIXX (8499), or visit [www.carsonbarnescircus.com](http://www.carsonbarnescircus.com).  
For more information: Call the Lake County Fairgrounds at (847) 223-2204, or visit [www.carsonbarnescircus.com](http://www.carsonbarnescircus.com).

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9102 Bentley Lane  
4BR 2BA 3,180sqft. Opening Bid: \$50,000  
Inspections: 1-4pm Sun. Aug. 12th & 19th and 2hrs prior to sale.

KENOSHA, WI  
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Fr-Sun MATINEE 12:30  
UNDERDOG (PG) (3:50) 6:15 9:00;  
Fr-Sun MATINEE 1:45  
STARDUST (PG-13) (4:00) 7:00 10:00;  
Fr-Sun MATINEE 1:00  
DADDY DAY CAMP (PG) (5:00) 7:45 10:20;  
Fr-Sun MATINEE 12:15 2:30  
I Now Pronounce You CHUCK & LARRY (PG-13) (4:15) 7:15 9:50; Fr-Sun MATINEE 1:30  
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RUSH HOUR 3 (PG-13) 4:00 (5:00) 6:05 7:15 8:15 9:50  
10:30; Fr-Sun MATINEE 11:30AM 12:00 1:45 2:15  
THE BOURNE ULTIMATUM (PG-13) 3:40 (4:45) 6:30  
7:40 9:30 10:20; Fr-Sun MATINEE 12:45 1:30  
THE SIMPSONS MOVIE (PG-13) (4:15) 6:50 9:15;  
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Invasion (PG13) ✓ 12:30, 2:50, 5:20, 7:40, 10:10  
Becoming Jane (PG13) ✓ 12:00, 4:10, 6:50, 9:25  
Last Legion (PG13) ✓ 1:40, 4:15, 6:50, 9:30  
Evan Almighty (PG) 1:45, 4:10  
Rush Hour 3 (PG13) ✓  
12:35, 1:15, 2:00, 2:50, 3:35, 4:15, 5:05,  
5:45, 6:30, 7:20, 7:55, 8:45, 9:35, 10:05  
Stardust (PG13) ✓ 1:10, 4:10, 7:05, 9:55  
Daddy Day Camp (PG) ✓ X 1:30, 5:00  
Bourne Ultimatum (PG13)  
12:45, 2:15, 3:25, 4:55, 6:05, 7:30, 8:45, 10:05  
Underdog (PG13) 12:25, 2:45, 5:00, 7:15, 9:30  
Hot Rod (PG13) 7:30, 9:45  
Braz (PG13) 1:40  
El Cantante (R) 6:55, 9:40  
The Simpsons Movie (PG13)  
12:35, 2:50, 5:05, 7:20, 9:35  
No Reservations (PG)  
12:30, 2:55, 5:20, 7:45, 10:05  
I Now Pronounce You Chuck & Larry (PG13)  
1:00, 3:45, 6:30, 9:25  
Hairspray (PG) 1:10, 3:55, 6:35, 9:20  
Harry Potter: Order of Phoenix (PG13)  
12:30, 3:45, 7:00, 10:05  
Transformers (PG13) 12:25, 3:30, 6:45, 10:00  
Simpsons Movie (PG13)  
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## &gt;&gt; Out&amp;About

## SOUNDS OF MUSIC

ZANIES- Vernon Hills, 230 Hawthorn Village Commons, in Vernon Hills; For more information, call (847) 549-6030. Featuring: Aug. 17- Walt Willey; Aug. 18- Charlie Wiener; Aug. 24- Larry Reeb; Aug. 25- Pat Kilbane; Aug. 30 and 31- Kevin Naughton. For show times and ticket prices, contact the box office at (847) 549-6030, or visit the web site at [www.ZANIES.com](http://www.ZANIES.com).

## MUSEUM EVENTS

THE FIELD MUSEUM- 1400 S. Lake Shore Drive, in Chicago. For more information, call (312) 922-9410. Featuring: Travels of the Crow: Journey of an Indian Nation is now at the museum; Plant Portraits: The California Legacy of A.R. Valentien; A Fossil Hunt at Mazon Creek, which is part of Adult and Family Field Trips, will take place from 8 a.m. to 3 p.m. on Aug. 25; Artist in the Field will be from 11 a.m. to 2 p.m. on Aug. 18; Ancient Americas Festival Days will be from 11 a.m. to 2 p.m. on Aug. 25 and 26

NATIONAL MUSEUM OF MEXICAN ART- 1852 W. 19th St., in Chicago; for more information on any of these programs, call (312) 738-1503.

GUIDED TOURS- Aug. 18, from noon in English/sabados, 1 p.m. español.

## WORKS OF ART

LONG GROVE ART FESTIVAL- Historic Village of Long Grove downtown on Aug. 18 and 19. For more information, visit [www.longgroveonline.com](http://www.longgroveonline.com).

## SPECIAL EVENTS

RV & CAMPER SHOW- Lake County Fairgrounds, Routes 45 and 120, in Grayslake. The show will be through Aug. 19. For more information, contact Keith Mistrik at (847) 934-8300.

ST. MATTHEW LUTHERAN CHURCH- Old McHenry Road, between Quentin and Midlothian roads, in Hawthorn Woods. The church will host its 17th annual Pig Roast on Aug. 19. Food will be served from noon to 5 p.m. For more information, call the church at (847) 438-7709.

GREENBELT CULTURAL CENTER- 1215 Green Bay Road, in North Chicago. For more information, call (847) 968-3477. Taste of Lake County Culture will take place Aug. 19.

To read more Out & About events, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "calendar" under the LakeLife option. If you have an upcoming event that you would like to feature in LakeLife, submit news to [Dani.Schweigert@nwnewsjournal.com](mailto:Dani.Schweigert@nwnewsjournal.com).

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Daily 12:00 1:55 3:50 5:45 7:40 9:35

BOURNE ULTIMATUM (PG-13)  
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SIMPSONS MOVIE (PG-13)  
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RUSH HOUR 3 (PG-13) \* (120) 12:45 2:15 3:30 4:55 6:45  
7:30 9:00 9:45

Big Screen: RUSH HOUR 3 (PG-13) \* (130) 3:45 6:00 8:15 10:00  
BECOMING JANE (PG) (105) 4:05 7:05 9:05  
THE INVASION (PG-13) (120) 2:50 5:25 7:45 10:10  
THE LAST LEGION (PG-13) (120) 2:50 5:25 7:45 10:10  
STARDUST (PG-13) (1235) 3:45 6:40 9:40  
DADDY DAY CAMP (PG) (120) 2:20 4:35  
THE BOURNE ULTIMATUM (PG-13) (100) 2:00 4:00 6:00 8:00  
7:00 8:00 9:00 10:00

UNDERDOG (PG) (1210) 2:25 4:40 6:55 9:05  
NO RESERVATIONS (PG) (1225) 2:55 5:25 7:55 10:05  
THE SIMPSONS MOVIE (PG-13) (1240) 3:05 5:30 7:55 10:05  
HAIRSPRAY (PG) (110) 3:05 5:30 7:55 10:05  
I NOW PRONOUNCE YOU CHUCK & LARRY (PG-13) 6:50 9:35  
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) (110) 4:20 7:20 10:20  
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## The brown bag challenge

Making a great school lunch is no longer a simple matter of slapping together a PB&J on white, tossing in a bag of chips and adding a juice box. Add the concern of keeping packed lunches healthy to the age-old challenge of satisfying picky eaters, and parents today face quite a dilemma.

Luckily, pleasing finicky eaters while still keeping lunches wholesome just requires a little creativity. Call it thinking out of the bag.

Opting for organic one-percent or skim milk instead of sugary juice drinks; making sandwiches with whole wheat bread, lean lunch meats and low-fat cheeses; always including a serving of fruit; adding fresh vegetables to pasta salads or side dishes—these all are excellent strategies for packing a healthy and tasty lunch.

'What we give our children to eat today helps determine

their future health,' says Terese Allen, food editor at Organic Valley. She encourages parents to look at school lunches as a wonderful way to instill healthy lifestyle behaviors in their children. 'Childhood is when eating habits are formed. If healthy choices are made, we stand a good chance of reducing our kids' risk of heart disease, diabetes, obesity and other diseases.'

### String Cheese 'Slaw'

Makes: 6 to 8 servings

Pack this unusual and fun side dish in a sack lunch with a sandwich or wrap. For added color and nutrition, add slivered sweet red peppers.

1 package (6 ounces) Organic Valley 'Stringles' String Cheese

1-1/2 cups carrot matchsticks (or shredded carrots)



3 tablespoons chopped basil, cilantro or parsley

4 teaspoons fresh lemon juice

2 teaspoons olive oil

Freshly ground black pepper

Pull threads of cheese off each string cheese stick (not too thin). Toss with carrots, basil, cilantro or parsley, lemon juice and olive oil. Add pepper to taste. Toss the slaw in its container once more before putting it in your child's lunchbox. Serve at room temperature or chilled.

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**Wayne's Pizza**  
The Pizza with the Golden Crust!

**Thin Crust • Double Decker • Pan Pizza**

**Third Lake**  
On Rt. 45 South of Washington Street  
**847-223-2441**

Open Sun.-Thur. 10 a.m.-10 p.m.; Fri.-Sat. 10 a.m.-11 p.m.

**10% OFF**  
Any Order  
Any Size  
**Wayne's Pizza**  
Not valid with any other offer. Expires 8/31/07

**FREE**  
8 Breaded Pesto  
Mozzarella Cheese Medallions  
w/ purchase of 18" Thin or Double Decker Pizza  
**Wayne's Pizza**  
Not valid with any other offer. Expires 8/31/07

**Herm's BAR-B-Q**

It's a new Bar-B-Q in Town and the name is Herm's  
Delicious Slow Cooked Hickory Smoked Bar-B-Q

311 Depot Station, Antioch, IL 60002  
"Catch A Train, Catch A Meal!"  
For Faster Service, Call Ahead...847.838.0132  
Spring Hours: Monday-Saturday 11am-8pm

**Entrees (Dine In or Carry Out)**

- St. Louis Cut Ribs
- Chicken Wings
- Hot Links
- Pork Shoulder
- Rib Tips
- Catfish Fillet
- BBQ Chicken
- Shrimp
- Beef Brisket

**FREE PULLED PORK SANDWICH**  
with purchase of a Pulled Pork Sandwich, Fries & Drink  
Cannot be combined with any other offer. Expires 8-31-07.

**ANCHOR & GRILL**

Great Food at a Fun Place!

**Kids Eat FREE! Friday/Saturday Night Karaoke**

**Saturday Night: STEAK NIGHT!**

• All dining room tables are non smoking.

**Buy One Entree, Get Second Entree FREE**

**Maximum \$4 OFF**  
Breakfast/Lunch

**Maximum \$7 OFF**  
Dinner

• Good Thru: 9.14.07  
• 1 coupon per table or visit (No Exceptions)  
• Not good with any other offer  
• Must purchase beverage of choice

**129 Center St • Grayslake**  
**847-223-0082**

**Depot Street Station**  
311 Depot Street  
Antioch, IL  
847-395-1836  
Fax: 847-395-1826

**Petrucchi's**  
Italian Market & Cafe  
Conveniently located at Antioch Train Station

**DELI**

Assorted Butterball Turkey	Limit 2lbs	\$5.98 lb.
Volpi Genova Salami	Limit 2lbs	\$7.98 lb.
Hot or Mild Capicola	Limit 2lbs	\$6.98 lb.
Krakow Polish Ham	Limit 2lbs	\$4.28 lb.
Hard or Genoa Salami	Limit 2lbs	\$4.98 lb.
Smoked Provolone	Limit 2lbs	\$4.98 lb.
Villa Frizzoni Mozzarella	Limit 2lbs	\$3.98 lb.
Monster Cheese	Limit 2lbs	\$3.58 lb.
Cobblerstone Swiss Cheese		\$4.18 lb.
Homemade Chicken Salad		\$4.28 lb.

**NOW AVAILABLE: FRESH MEATS!**

Fresh Homemade Italian Sausage Made to Order	\$3.69 lb.
Boneless Chicken Breast 3lbs or More	\$2.48 lb.
Less Than 3lbs	\$2.98 lb.
Angus Porterhouse Steak	\$8.98 lb.
85% Lean Hamburger	\$2.98 lb.

**CAFE**

Catering Available  
Every Day of the Week  
Call for menu and more info  
847-395-1826

**\$2.00 OFF Second Dinner**

Must present coupon when ordering. Not valid with any other offer. Expires 8.23.07.

**\$4.00 OFF 16" Pizza**

• Cheese & One Topping • Limit 2

Must present coupon when ordering. Not valid with any other offer. Expires 8.23.07.

Great Drink Specials Everyday

**\$5.00 Lunch Menu**  
Tuesday-Friday  
11:00-3pm

**Sideouts**  
ITALIAN & AMERICAN

www.sideouts.com  
4018 S. Roberts Rd.  
Island Lake, IL  
847-526-7174

4018 S. Roberts Rd.  
Island Lake, IL  
847-526-7174

<b>Monday</b> 25¢ Wings	<b>Tuesday</b> 75¢ Tacos \$2.50 Coronas	<b>Wednesday</b> 50¢ Sliders \$1.50 Bottles	<b>Thursdays</b> \$5.00 Bucket Of Shrimp \$4.00 Bombs
<b>Fridays</b> Corona Battered Cod & Baked Tilapia \$2.00 PBR		<b>Saturdays</b> All U Can EAT BBQ Ribs \$12.95	
		<b>Sundays</b> All U Can EAT Alaskan King Crab Legs \$25.95	

**Live Music**

August 16th  
**Painkiller**

August 17th  
**Rock of Ages**

August 18th  
**Dog House**

**BUY 1 LUNCH GET 1 FREE**  
Tuesday-Friday 11-3  
Dine in only.  
One coupon per table.  
Expires 8/31/07.

**\$5.00 OFF ALL-YOU-CAN-EAT ALASKAN KING CRAB LEGS**  
Sunday 3-10  
Dine in only.  
One coupon per table.  
Expires 8/31/07.

**Lakes Bowl & Sharky's**

FALL BOWLING LEAGUES STARTING END OF AUGUST  
• SENIORS • JUNIORS • WOMEN • MEN • COED  
AT LAKES BOWL/SHARKY'S BILLIARDS

**Sharky's**  
ILLINOIS

**POOL LEAGUES (Now Forming)**

Monday ~ Open League  
(5 Men, Women or Mixed Teams) T.O.B.A.

Tuesday ~ Women's League  
(5 Per Team) T.O.B.A.

Wednesday ~ Open League - In House  
(5 Men, Women or Mixed Teams) T.O.B.A.

Thursday ~ Men's League - In House  
(5 Per Team) T.O.B.A.

All Leagues Start at 8:00 PM - 14 Week Season

**DART LEAGUES (Now Forming)**

Monday ~ Open League Steel Darts  
(5 Men, Women or Mixed Teams) 7:30 PM

Tuesday ~ Open Leagues Plastic Darts  
(5 Men, Women or Mixed Teams) 8:00 PM

Wednesday ~ Open League Steel Darts  
(5 Men, Women or Mixed Teams) 7:30 PM

14 Week Season - All Are Traveling Leagues

**Watch Sunday Football Here**

**New Video Wall!**

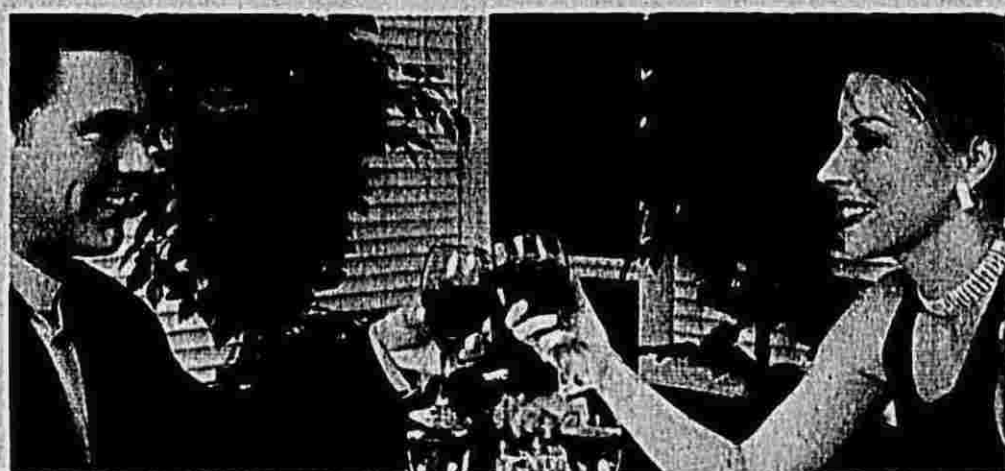
**Watch 6 Different Games At Once.**

**Sunday Drink & Food Specials**

**Rt. 134 ~ Round Lake**  
**847-546-2800**



# NIGHT & DAY



## Dining & Entertainment Section

### Country Dog is hot dog heaven

Country Dog, housed in a cheery, red train caboose, evokes the best images of summer—a warm breeze, lazy afternoons, and, of course, a tasty hot dog.

Country Dog's little red caboose is a new landmark along Belvidere Road just east of Route 45 in Grayslake. The hot dog stand has been open just two weeks, but is already attracting a steady stream of customers, according to co-owner Kendall Soudan.

Kendall and her father Alphonse Soudan are partners in this whimsical stand. Kendall said her father has owned several restaurants, including Chances Are in Skokie, and Chicago Style Pizza in Evanston. He is also a contractor, and Kendall said it

was his idea to restore the authentic train car, along with building the adjoining deck and installing the landscaping.

The hot dog stand comes complete with railroad insignia, a train station light, even red metal stools under a canopy from which you can imagine you're a train passenger watching the passing scenery. There is outdoor seating for about 40 customers, including the assortment of picnic tables out front.

Kendall said she was brought up in the restaurant business, managing her father's restaurant in Evanston, as well as launching a career in medical assisting. Now she said she's concentrating on the hot dog

#### Country Dog

1886 E. Belvidere Rd.  
Grayslake, IL 60030  
(847) 223-2326

Open: 10:30 a.m.-7:30 p.m.,  
Monday - Saturday;  
May - October 31.

Smoking: Non-smoking.

Credit Cards: Cash only.

Other: Ample parking.



stand and "putting out a good dog every time."

The "Country Dog" is their signature hot dog, and is piled high with vegetables that are farm stand fresh. For just \$2.00, enjoy this hot dog complete with mustard, relish, onions, tomato, green

pepper, cucumber, and celery salt. Country Dog also offers the traditional Chicago dog, Polish sausage, and Italian

beef, along with tamales, fries and beverages. Or, as an alternative, try their char-grilled chicken sandwich or teriyaki chicken sandwich for only \$4.25.

And since summer wouldn't be complete without ice

cream, cap off your meal with Country Dog's soft serve ice cream, or an old-fashioned "Black Cow"—vanilla ice cream in frosty root beer.

So stop by Country Dog. You'll be glad you came aboard.



Tyler Cole, 18, of Grayslake, dressed as a hot dog, waves from the rooftop of the Country Dog in Grayslake.

Sandy Bressner - sbressner@nwnewsgr.com

NOW  
OPEN



Hot Dogs, Italian Beef, Polish,  
Chicken, Tamale, Fries,  
Ice Cream, Black Cow

1886 E. Belvidere Rd.  
Ph: 847-223-2326 Fax: 847-223-2454  
Mon.-Sat. 10:30am - 7:30pm Cash Only

## RJ's Eatery

### Breakfast at RJ's

We are serving full menu breakfast every Sunday from 8:00 am -12:00 pm. Also, come in and enjoy our **BOTTOMLESS MIMOSAS!**

Dine inside with lakeview tables or on the screened lakeside patio.

*We are now non-smoking!*

## RJ's Eatery

913 E. Grand Ave. • Lindenhurst, IL 60046  
847-356-2300

## The Grape Vine

We deliver our entire menu to Island Lake & parts of Wauconda & Barrington.

### Wine And Dine at The Vine

206 E. State, Island Lake  
847-526-8700 ~ [www.ChefBobs.com](http://www.ChefBobs.com)

Chef Bob Will ALWAYS Prepare the Areas Finest Cuisine Using Made from Scratch Recipes with an Italian, Regional American and Multi-Ethnic Twist. Our Emphasis is on Quality Ingredients, Presentation, Value and Service. Food Critics and Pizza Aficionados Agree "The Grape Vine is The BEST Around!"

**TRY BRIGITTE'S HOMEMADE RAVIOLI, LASAGNA AND MEATBALLS!**

Buy One Dinner Entree\* or Special & Get 2nd HALF Price

\*Not valid with any other coupons. Valid Mon-Thurs. Expires 8/31/07

**\$200 Off**

Any 16" Pizza Delivery or Pick-up

Not valid with any other coupons. Expires 8/31/07

## Dino's Den

Saturday Dinner Specials  
Also Available Monday and Tuesday Night

OPEN 24 HOURS  
7 Days A Week

*Italian Style Chicken Breast..... 8.95	Prime Rib (12-14 oz.) 14.95
*Italian Style Cod or Salmon..... 9.95	London Broil 10.95
<small>*Served with Fresh Steamed Veggies, Rice, Soup or Salad, and Dessert. Please allow 25 minutes.</small>	
Chicken De Jonghe..... 10.95	T. Bone Steak (14-16 oz.) 16.95
Baked Scrod De Jonghe..... 10.95	
Chicken Pot Pie (NO POTATO)..... 8.95	14-16 oz. T. Bone Steak and Eggs 16.95
Country Fried Steak (Served with Biscuit Gravy)..... 8.95	London Broil and Eggs 10.95
Meatloaf (With Gravy)..... 8.95	<small>Served With Hash Browns or Fresh Fruit And Choice of Toast or Pancakes</small>
Baked Style Italian Meatloaf (With Marinara Sauce and Mozzarella Cheese)..... 9.95	
18 to 21 Shrimp..... 7.95	
Deluxe Chicken Caesar Wrap..... 6.95	
B.B.Q. Ranch Chicken Wrap..... 6.95	
Deluxe Pocket Pita (Chicken or Beef)..... 6.95	
14-16 oz. T. Bone Steak with Breaded or Garlic Shrimp... 18.95	
<small>Above Served With Soup or Salad, Choice of Potato, and Dessert.</small>	

(847) 587-6604  
88 East Grand Ave., Fox Lake, Illinois

# BLUE BAY

## Family Restaurant

Why Wait For 2008 For Smoke Free When You Can Enjoy Now At Blue Bay

- Special Senior's Menu
- Children's Menu
- Breakfast Lunch and Dinner
- Daily Specials
- Open 7 Days a Week
- Open Friday and Saturday 24 Hours

855 E. Rollins Rd. ~ Round Lake Beach  
(847) 223-0404

## I Love Sushi

Original Japanese Owned Restaurant  
Chef with 30 years experience

- Full Sushi Bar
- Cocktails & Wine
- Lunch Box Specials
- House Specials
- Tuna Tar Tar
- Gar

**NOW OPEN... OUTSIDE PATIO!**

Take Out Available • Catering

**ASK ABOUT OUR REWARD CARDS**

5% DISCOUNTS WITH EVERY PURCHASE

Gift Cards Available

**BUSINESS HOURS**

**LUNCH**  
Mon-Fri 11:30am-2:00pm

**DINNER**  
Mon-Thu 5:00pm-9:30pm  
Fri 5:00pm-10:00pm  
Sat 4:30pm-10:00pm  
Closed Sunday

34121 N. Route 45 ~ Third Lake, IL Phone: 847.543.1234

# Vaughan's

For the Finest In Carry-Out Foods

## CATER YOUR PARTY WITH US!

**Broasted Chicken Dinner**

BUY 1, GET 1 **FREE**

Limit One Coupon Per Customer  
Not valid with other offers Exp. 8.31.07

**8 Piece Mixed Chicken Family Meal**

Includes heaping order of potatoes, 1/2 side order & 4 biscuits

**Only \$12.95**

Not valid with other offers Exp. 8.31.07

2240 GRAND AVE, LINDENHURST  
**847-265-1860**

HOURS: Closed Mondays; T-WTHF 4-9pm, Sat 12-9pm, Sun 12-7pm



## SUDOKU

## CROSSWORD

VERY EASY

		2	7			1		8
5	7					4		6
6			3	5	1		9	
				3			2	9
	2	7				5	1	
1	3			8				
	1		6	4	2			5
9		8					7	4
2	5			9	3			

EASY

		1	2		8	9		
			7					
2	9			4			3	8
7			4		5			6
	2						1	
4		9		6				3
3	7			9			6	4
				5				
	9	3		7	2			

MEDIUM

	5	9	6			7	1	
6								
8		3	7					
		8		1		2		
		2						
7		2		4				
			1	5			8	
								4
1	7		4	2	6			

HARD

	2						6	
	5	7		8	9			
		5		6				
	9	4		7	5			
3								7
	7	2		9	3			
			9	3				
	8	1		5	2			
9						1		

SUDOKU SOLUTIONS www.sudoku.com

VERY EASY

1	9	5	6	4	8	9	7	2
7	2	8	1	9	3	6	5	4
9	6	2	7	5	1	4	3	8
4	1	9	8	6	5	1	7	3
2	1	9	8	6	5	1	7	3
6	2	8	1	9	3	6	5	4
2	6	4	1	9	3	6	5	4
9	6	2	7	5	1	4	3	8
8	1	9	8	6	5	1	7	3

EASY

1	8	2	7	9	6	5	4	3
6	2	9	8	1	3	7	5	4
9	6	2	7	5	1	4	3	8
4	1	9	8	6	5	1	7	3
2	1	9	8	6	5	1	7	3
6	2	8	1	9	3	6	5	4
2	6	4	1	9	3	6	5	4
9	6	2	7	5	1	4	3	8
8	1	9	8	6	5	1	7	3

MEDIUM

9	8	2	7	9	6	5	4	3
6	2	9	8	1	3	7	5	4
9	6	2	7	5	1	4	3	8
4	1	9	8	6	5	1	7	3
2	1	9	8	6	5	1	7	3
6	2	8	1	9	3	6	5	4
2	6	4	1	9	3	6	5	4
9	6	2	7	5	1	4	3	8
8	1	9	8	6	5	1	7	3

HARD

7	1	9	8	6	5	4	3	2
6	2	9	8	1	3	7	5	4
9	6	2	7	5	1	4	3	8
4	1	9	8	6	5	1	7	3
2	1	9	8	6	5	1	7	3
6	2	8	1	9	3	6	5	4
2	6	4	1	9	3	6	5	4
9	6	2	7	5	1	4	3	8
8	1	9	8	6	5	1	7	3

## ACROSS

1. 1st So. Korean president
5. Leaves out
10. Cheek
14. Abode of Satan
15. Arthropod genus
16. The neck's back side
17. Low color intensity
18. ...ornia; 31st state
19. Mollusk genus
20. 1997 Aniston movie
23. Draws from
24. Follows sigma
25. Something unusual
28. Representative
33. Xerophilous plant
34. Chinese silk plant
35. Engage in a contest
36. Valley
37. Pillow coverings
38. Military dining room
39. Supped
40. Gets hold of
41. L. von ... 19th C. German historian
42. Makes new
44. Races between teams
45. They ...
46. Sicilian city
47. Sherwood gang
54. ... Grey tea
55. Yes ... Bob
56. Star Trek species: Rom ...
58. You ...
59. Author Jong
60. Dressmaker's measure
61. ... en death; overtime
62. Ecclesiastical council
63. Enough (archaic)

## DOWN

1. Rated horsepower (abbr.)
2. Pile or mound
3. Norse goddess of old age
4. Not compulsory
5. Keep busy with
6. Volcanic craters
7. Inactive
8. Misstep

1	2	3	4	5	6	7	8	9	10	11	12	13
14												
17												
20												
25	26	27										
33												
36												
39												
42												
47	48	49										
54												
58												
61												

9. 2 point plays for the opposition
10. Goofs
11. Swiss river
12. Prevents harm to young
13. A city from which authority is exercised
21. Gallery in London
22. E ... wipe out
25. Reflective measuring system
26. Semiprecious silica mineral
27. Rattling breaths
28. Comforts
29. Women (French)
30. Oat species
31. Hazardous
32. Affirmatives
34. Scrape gently
37. Strokings
38. Breed of sled dog developed in Alaska
40. Pulled apart
41. Count on
43. Shadowed
44. Perused again

PUZZLE SOLUTION

1	2	3	4	5	6	7	8	9	10	11	12	13
14												
17												
20												
25	26	27										
33												
36												
39												
42												
47	48	49										
54												
58												
61												

46. El ... painter
47. Soaks flax
48. Pearl Harbor island
49. Mated
50. Boggy
51. Emerald Isle
52. Stylish elegance
53. Amazon river tributary
57. Not old

## &gt;&gt; Horoscope

**LEO – Jul 23/Aug 23**  
Building a network of colleagues and friends will help increase your wealth in the future, Leo.

**VIRGO – Aug 24/Sept 22**  
Though you're full of energy, it's better to take things a bit slower, Virgo.

**LIBRA – Sept 23/Oct 23**  
Libra, relationships don't always go according to

plan, so be flexible.

**SCORPIO – Oct 24/Nov 22**  
Scorpio, don't be cynical this week. It takes so much energy to do so. Rather, let others have their say and keep your opinions to yourself.

**SAGITTARIUS – Nov 23/Dec 21**  
You might want to think about adding a new friend to your inner circle, Sagittarius. A fresh

perspective could provide a needed change.

**CAPRICORN – Dec 22/Jan 20**  
You care about what happens to your loved ones, Capricorn, but don't try and control them.

**AQUARIUS – Jan 21/Feb 18**  
Although it seems that if you make the wrong decision this week all will be lost, you actually have less to lose than you imagine, Aquarius.

**PISCES – Feb 19/Mar 20**

Pisces, gentle modifications in the way you speak to others can bring wonderful results.

**ARIES – Mar 21/Apr 20**

Aries, you will be the one put in charge of organizing a major event this week.

**TAURUS – Apr 21/May 21**

Taurus, stay focused on the things that need to

be done now, rather than those that might never happen. Don't live by dread this week.

**GEMINI – May 22/Jun 21**

It's fun and good times from the moment you open your eyes this week, Gemini.

**CANCER – Jun 22/Jul 22**

Cancer, you are very self-directed this week. However, you can be easily agitated.

## Total Furniture

"Your Friends in the Furniture Business"

During Furniture Man's

**OPEN 4...  
TO SAVE YOU MORE!**  
Friday 10-9  
Saturday 9-6  
Sunday 11-6  
Monday 10-9



# HOT BUYS!

JOIN THE CROWDS AS FURNITURE MAN OFFERS YOU THE BEST PRICES ON QUALITY NAME BRAND FURNITURE! And Right Now Get It All With

**NO Down Payment  
NO Interest Charges  
NO Finance Charges  
For Two Full Years!**

To approved credit with minimum purchase of \$400. Monthly payments required. See store for details.

**HURRY IN! THESE ARE THE FINAL DAYS. SALE ENDS MONDAY, AUGUST 20 AT 9:00 PM**

## Sit Back and Relax in this Reclining Group



Durable microfiber cover for relaxed living. Features deep pillow backs and padded arms.

Double Reclining Sofa

Total's Everyday Low Price **\$599**

Double Reclining loveseat

Total's Everyday Low Price **\$579**

Visit Our Discount Showroom. Great Selection of Motion Furniture. All Discount Priced.



## Affordable Five Piece Counter Height Pub Dinettes

54" x 36" x 54" with butterfly leaf and four padded seat stools. Seating for eight when fully extended. Extra stools available. Only while they last.

Total's Everyday Low Price **\$499**

40 Dinettes on Display. All Discount Priced.



## Furniture Man's Hot Buy! All In One Loft Bed

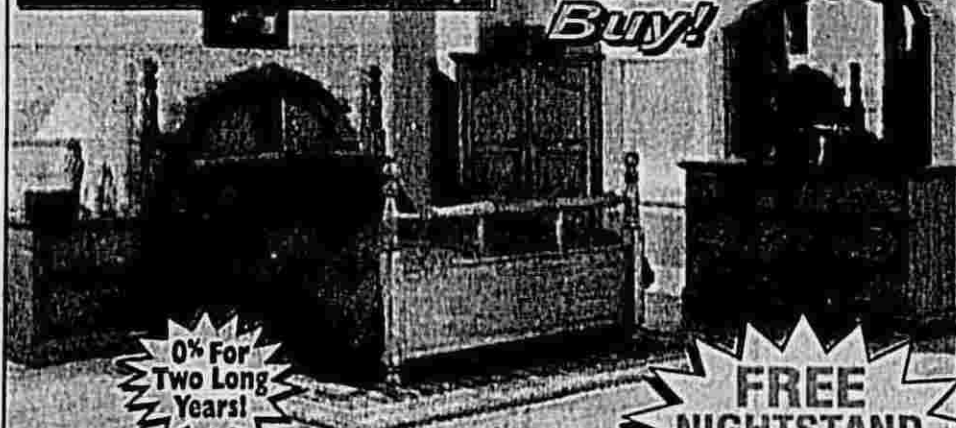
• 2 Clothing Drawers  
• 2 Media Storage Drawers  
• Trundle Drawer  
• Closet  
• Ladder

Mattress, chair and bedding not included

Total's Everyday Low Price **\$599**

Great Selection on Display. All Discount Priced.

## Oak Bedroom Group



The timeless beauty of this bold group invites you to relax in style. In oak and oak veneers.

6 Piece Set Includes:  
• 3 Piece Queen Bed  
• Dresser & Mirror  
• Door Chest

Visit Our Discount Sleep Shop. We Have A Great Selection of Bedrooms on Display. All Discount Priced.

**FREE NIGHTSTAND**  
with the purchase of this bedroom  
**\$1299**



**QUEEN SIZE PILLOW-TOP SETS**  
Starting at **\$299**

## Pillow-Top Super Plush

TWIN 2 PIECE SET **\$339**  
FULL 2 PIECE SET **\$469**  
QUEEN 2 PIECE SET **\$499**  
KING 3 PIECE SET **\$699**

## Beautyrest Firm or Plush

TWIN 2 PIECE SET **\$499**  
FULL 2 PIECE SET **\$569**  
QUEEN 2 PIECE SET **\$599**  
KING 3 PIECE SET **\$899**

Kenosha, Wisconsin  
8400 75th Street (Hwy. 50)  
Between I-94 and Hwy. 31 on Hwy. 50.

**262-694-3444**



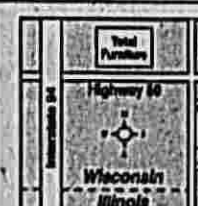
## Total Furniture

"Your Friends in the Furniture Business"

SERVING THIS AREA FOR OVER 30 YEARS



**OPEN FOUR...  
TO SAVE YOU MORE!**  
Fri. 10-9 • Sat. 9-6  
Sun. 11-6 • Mon. 10-9



## &gt;&gt; Elements Of The Ridiculous



Jana Thompson

## Medicine meltdown

Columnist Jana Thompson talks about her adventure of taking her cat to the vet and what it takes to give a cat medicine. To read Jana's full column, go to [LakeCountyJournals.com](http://LakeCountyJournals.com) and select "columnists" under the LakeLife option.

## Celebrate Chicago

**CHICAGO –** The Chicago Air and Water Show will shakeup the Chicago lakefront for the 49th year.

The water show will begin at 9 a.m. and the air show will be from 11 a.m. to 4 p.m. on Aug. 18 and 19. The event is free.

Joining the show once again will be the U.S. Air Force Thunderbirds, and the U.S. Army Parachute Team Golden Knights will headline the show from Fullerton to Oak Street with North Avenue Beach as the focal point.

The Thunderbirds will showcase precision flying in F-16 Fighting Falcons and will welcome the two first-ever female pilots. Thunderbirds are pilots who perform intricate maneuvers as close as 18-inches apart.

Golden Knight demonstrators will jump from an aircraft 12,500-feet above the ground at speeds exceeding 120 miles per hour.

For more information about the Chicago Air and Water Show, call the Mayor's Office of Special Events at (312) 744-3315 or (312) 744-2964, or visit [www.chicagoairandwatershow.us](http://www.chicagoairandwatershow.us).








**NASCAR THIS WEEK:** Jeff Gordon might be leading the points race, but Tony Stewart's continued success has him on the "who's hot" list. **PAGE 12B**

**Kathleen Hedrick, of Ingleside, starts her 5K run at the Grant Township Picnic in the Park Aug. 12 with sons Sean, 3, and Danny, 2. See story on page 8B.**



# WEEKLY PLANNER

TEAM	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		at Salt Lake City 8 p.m. CSN, AM-1200				at Kansas City 7 p.m. AM-1200 (Spanish)	
			at New York 3 p.m. AM-1690				
	ST. LOUIS 1:20 p.m. WGN, AM-720	ST. LOUIS 2:55 p.m. FOX, AM-720	ST. LOUIS 7:05 p.m. ESPN, AM-720	ST. LOUIS 1:20 p.m. CSN, AM-720	at San Francisco 9:15 p.m. CSN, AM-720	at San Francisco 9:15 p.m. WGN, AM-720	at San Francisco 2:35 p.m. WGN, AM-720
	at Seattle 9:05 p.m. CSN, AM-670	at Seattle 9:05 p.m. WGN, AM-670	at Seattle 3:05 p.m. CSN, AM-670	KANSAS CITY 7:11 p.m. CSN, AM-670	KANSAS CITY 7:11 p.m. WCIU, AM-670	KANSAS CITY 1:05 p.m. CSN, AM-670	KANSAS CITY 7:11 p.m. CSN, AM-670
	at Quad Cities 7 p.m. AM-1280	BELOIT 6 p.m. AM-1280	BELOIT 2 p.m. AM-1280	at Beloit 7 p.m. AM-1280	at Beloit 7 p.m. AM-1280	at Beloit 7 p.m. AM-1280	at Beloit 7 p.m. AM-1280

## >> Grant Township Picnic 5K Race

# Race competitors reach milestone

By STEVE PETERSON  
speterson@nwnewsgroup.com

INGLESIDE - Runners at the Grant Township Picnic in the Park 5K race on Aug. 12 took part in history.

"We had 100 runners. That means we will be able to be listed in the Chicago Area Runners Association calendar," organizer Bob Selle said.

Just after some storm damage from another early-morning windstorm, the ReMax hot-air balloon was fired up, and the competitors were running or walking, the Grant Township course. The day also was full of crafters, softball, volleyball, and kids fishing.

Tim Hamilton, of Grayslake, was the overall winner in 16:29 for runners. Hamilton, 21, is a student at St. Louis University.

"I just took it hard at the beginning," Hamilton said.

Pam Staton, a Grant High graduate and a junior at Loyola University, won the women's

division.

"I did the first mile in six minutes and just kept it even," Staton said.

Don Heidlauf, 54, of Lake Villa, was running as part of his workouts at American Fitness Center of Fox Lake.

"I am trying to get into shape. The people at AFC are great and motivate me to get into shape," Heidlauf said.

Delanie Olsen competed in the walk with her mother, and finished third in the 11- to 14 year-old age group.

Edward Esser, 73, of Antioch, was the oldest competitor in the run.

"I also competed in the Firecracker race the Fourth of July at Antioch and won 70-73," Esser said. "It is good for mental relaxation."

Allen Young might receive the unofficial title of traveling the most distance. The Mundelein High graduate lives in San Francisco.

"It's a good course," he said.

## >> Views

# Bears fans don't sweat stifling stuff

BOURBONNAIS - If these are truly the dog days of summer, then a recent weekday afternoon was a slobbering St. Bernard that had just returned from a jog. By the time the Bears started mid-morning practice at Olivet Nazarene, the temperature had already reached 90 degrees and the humidity in the air was as thick as Lovie Smith's Big Sandy accent.

But despite the heat and the abbreviated 30-minute practice, there were still a great deal of fans on the grounds. Seeing the crowds causes one to ask: Just what in the name of Hades were these fans doing out in Hades?

After all, on a day like that, when temperatures soared higher than Greg Olsen's stock, not even the Bears' status as reigning NFC champions seemed like a good reason to leave air conditioning.

So why were a few thousand fans subjecting themselves to the heat in order to



Kevin Kaduk

watch a pads-free affair that wasn't even the main practice of the day?

Sitting in a lawn chair on a ridge above the practice field, Jerrold Turner confirmed what seemed to be an obvious reason - for many fans, this is the only time all year they could see the Bears live and up close.

"We feel like it's probably our only chance to see professional football players practicing or playing," Turner said. "I took the day off of work and we came down to see the Bears for the year."

Are Bears tickets too expensive?

Too hard to get?

"Both," said Turner, who added he might subject himself to the torture of a

Detroit Lions game this season, just so he could see an NFL contest.

At the low, low price of free, Bears training camp qualifies as one of the cheapest outings in the state, a fact that partly explained why Cathy Brindl and Lori Griswold sat with their feet on a cooler of Diet Sprite and iced tea.

As Devin Hester finished his workout with an easy run, the two co-workers explained why they took the day off of work and left their kids at home.

"A hot day out here is better than a cool day at work," Brindl said. "We said we were going to come out here no matter what the weather was like."

A fantasy football fanatic who subscribes to NFL Sunday Ticket on DirecTV, Brindl came to Bourbonnais with a few scouting objectives.

She wanted to see Olsen work at tight end and she wanted to see how Hester looked in his new offensive schemes. After all, you never know where you might pick up a few valuable fantasy points.

"We were looking forward to seeing Greg Olsen work, but we weren't able to see too much," said Brindl, who was taking pictures on a camera with a zoom lens.

"We've been watching Devin Hester, though," said Griswold. "We're impressed he's still out here working."

It turns out that seeing and evaluating the players up close is a big reason for coming out and battling the sun and lack of shade in Bourbonnais.

Near the end zone sat two pairs of fathers and sons - Gene and Brad Guidera as well as Jerry and Justin Celmer.

"We're out here for the free water," joked Brad.

All four were on varying forms of vacation and they traded sports talk as they sat in the grass. Because the Guideras are Cubs fans and the Celmers are Sox fans, there was plenty of talk about.

Still, a lot of the debate centered on the Bears and whether they might get back to the Super Bowl.


Gene argued that watching practice and sticking it out in the heat would make everyone a better Bears fan.

"It's nice being out here because you get to put a face to the number," he said.

"Instead of just seeing them in a helmet on TV, they become more like real life. You're sort of more invested in it."

Kevin Kaduk is a sports columnist for NorthWest News Group. Write to him at [kkaduk@nwnewsgroup.com](mailto:kkaduk@nwnewsgroup.com). For more, read his blog, "Duk's Calls," at [NWHerold.com/kaduk](http://NWHerold.com/kaduk).

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# Lake County girls volleyball coaches examine their options for 2007 season

## • VOLLEYBALL

Continued from 7B

Looking at the history books, the Rams haven't made much of a dent. Grayslake Central's last regional title came in 1992, but Jancik said his team wants to make 2007 a year to remember for Grayslake.

"We've wallowed in mediocrity for the last 15 years here at Grayslake Central," Jancik said. "This year, these girls want to change that."

### Grayslake North Knights

Coach: Nikki Kirchway  
Conference: FVC-Fox

Grayslake North might have just dropped into varsity for the first time last season, but 2007 might be the Knights' time to shine.

This year, Grayslake North will have seniors for the first time in school history. That means that all the Knights who wanted to return to the volleyball court have returned and that should make for a good time.



Alex Lowry  
Middle blocker  
for Grayslake  
North's volleyball  
team

"We're very excited about this season," Grayslake North Coach Nikki Kirchway said. "We're prepared for this year. We're very scrappy and defense-oriented and with four levels and 53 girls competing for roster spots, we have plenty of talent to choose from."

Amongst Kirchway's top returnees are seniors Megan Falk, Elizabeth Phillips and Alex Lowry. Lowry, a 6-foot middle blocker, should be able to intimidate opposing hitters. Another returnee is junior setter Kaitlyn Klausner.

North's biggest opponents come from across town. But the Knights have their sights set beyond the Grayslake town limits. Kirchway and crew also want good matches against Prairie Ridge and both Crystal Lake Central and Crystal Lake South.

While Kirchway and the rest of the Knights aren't exactly shooting for the moon this year, they don't want any disrespect from opponents.

"Our goal is to compete for every point, every match. We want to show them that we can compete at a high level," Kirchway said. "We want to make a name for ourselves, no matter who we play. We don't want anyone to roll over us because we're just Grayslake North, we want people to respect us because we're Grayslake North."

### Round Lake Panthers

Coach: Amanda Dykes  
2006 Record: 5-25  
Conference: NSC-Prairie

Returnees are a golden element for prep coaches to build on and luckily for Coach Amanda Dykes, Round Lake has plenty of returnees.

"We only had three seniors graduate last year, so we're returning a majority of our players," Dykes said. "As long as we're playing at a high level and can avoid illness or anything else,



Megan Falk  
Member of  
Grayslake North  
volleyball team

we could have a successful season."

The Panthers' biggest returnees are middle blocker Labrenthia Murdoch and defensive specialist/outside hitter Amber Schayer. Along with Brittany Kucua, Ashley Miller and Amber Phillips, Round Lake has a lot of weapons to turn to in 2007.

Round Lake also has benefited from a three-week summer camp.

While the Panthers have traditionally worked on a two-week camp, Dykes said, her team should benefit from the extra week.

"I thought the camp went well and we had a pretty good turnout," Dykes said. "Since the season started, we've also had two-a-days and we've had a lot of girls for that, so this could be a good year."

Overall, Dykes is cautiously optimistic as to what 2007 could bring for the Panthers.

With many of last year's first-time starter returning, this fall might be a good one for Round Lake.

"If we play to our potential, we should do well," Dykes said. "Last year was a learning experience for a lot of the team. This year, hopefully they'll be ready to go."



Amber Schayer  
Outside hitter for  
Round Lake's  
volleyball team

### Warren Blue Devils

Coach: Julie Filippo  
2006 Record: 17-19  
Conference: NSC-Lake

When excellence is expected every year, rebuilding seasons can be hard to swallow. After Coach Julie Filippo's Warren Blue Devils went through a spectacular 31-8 campaign in 2005, 2006's 17-19 season was not so special.

This year, Filippo is hop-

ing to turn that around. But early in the preseason, she's not so sure what her Blue Devils are going to do.

"We're just looking to do a whole lot better than last year," Filippo said. "But we're really not sure what we're going to do. All we can do is hope for the best because we're still rebuilding."

Warren might be still rebuilding after 2005's sectional championship, but the Blue Devils do have a few cornerstones to build upon.

All-Conference setter Missy Cesel should be an excellent building block for the Blue Devils. Along with senior McKenna Hennelly and junior outside hitter Laura Scheck, Warren does have a few weapons for 2007.

Over the summer, Filippo said the numbers were good for two camps. Most Illinois prep volleyball programs have two to three weeks of summer

camp and call it a day, but Filippo had one three week program and a second camp for players who missed because of summer classes.

Overall, Filippo was pleased with the work her players did in the offseason.

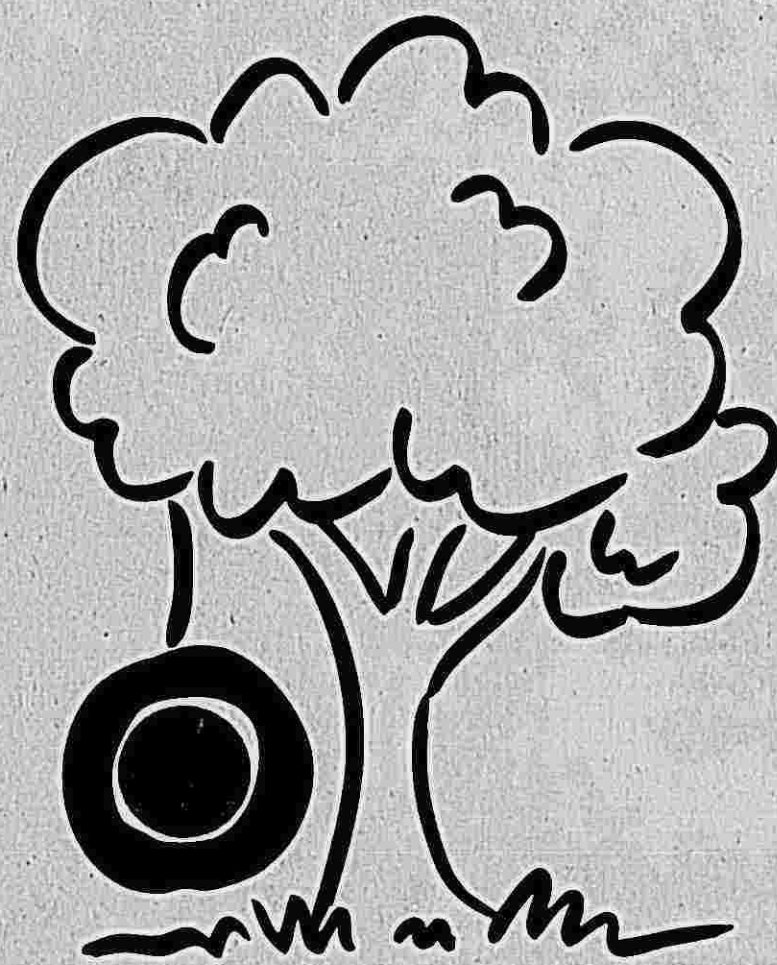
During the season, the Blue Devils have their eyes set on the usual suspects of Stevenson, Libertyville and Lake Forest.

"We want to place in the top three in the conference," Filippo said. "We should do OK this year, but anything can happen. Stevenson and Libertyville should do pretty well this year, so we definitely have our sights set on them."

• Coaches for Carmel, Grant and Wauconda could not be reached in time for printing of this week's edition, but their season previews will be in the Aug. 24 edition of the Lake County Journals.



Sandy Dressner - sbressner@nwnewsgroup.com  
Kaitlyn Howard sets a ball during tryouts for Carmel's varsity volleyball team at the Mundelein school.



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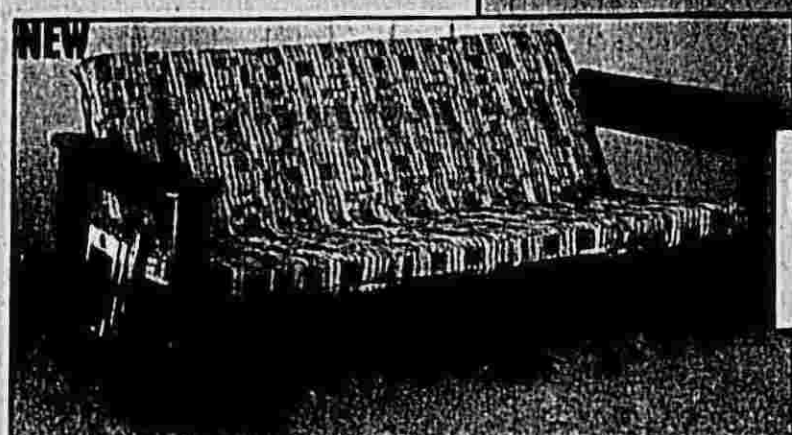
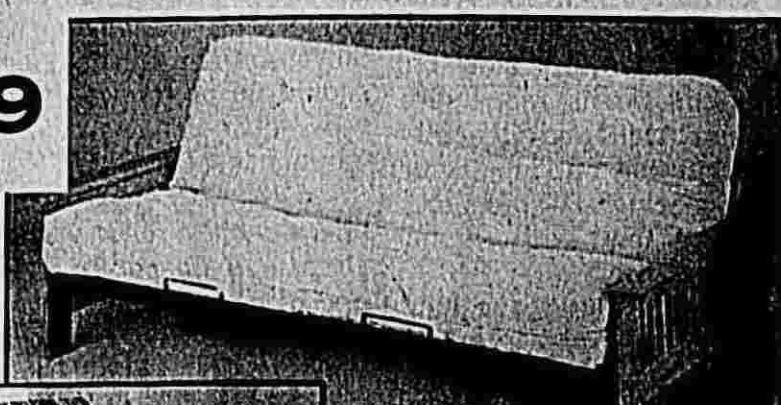
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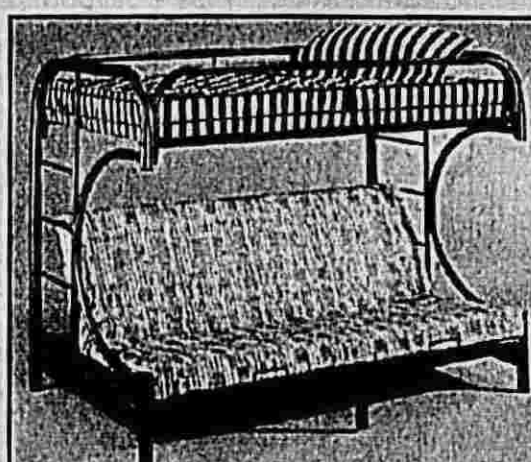


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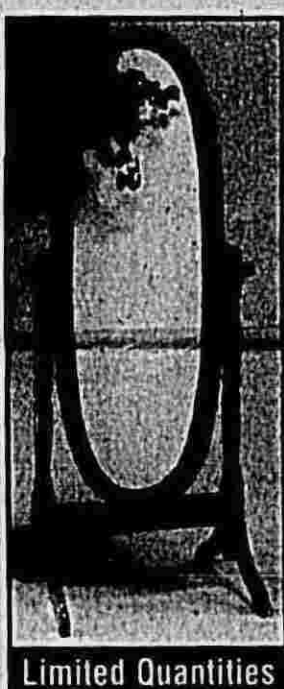
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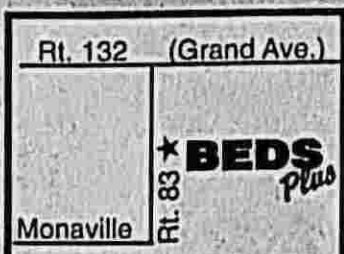
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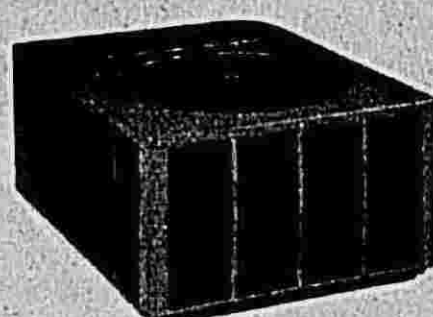
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els that operate with 360-degree, inclinable, four-stroke engines.

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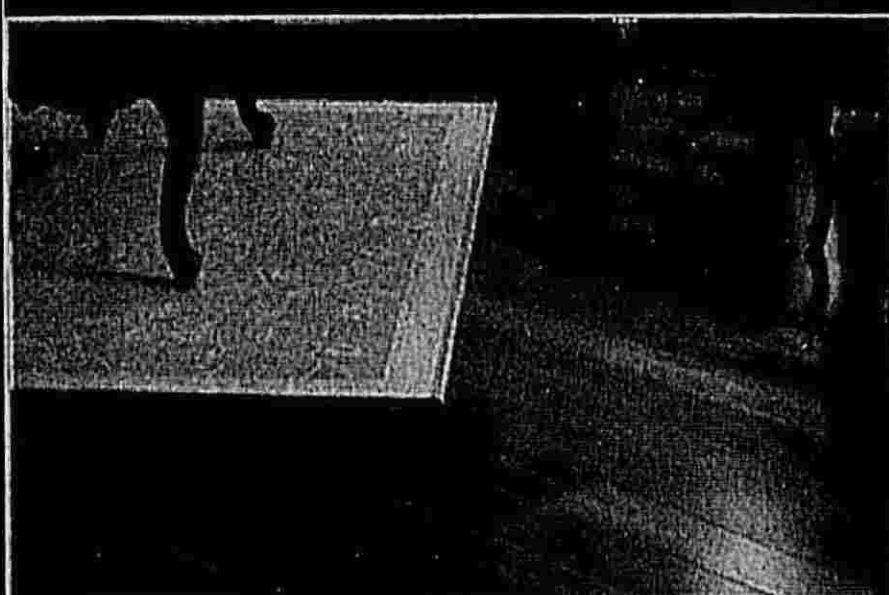
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# Tips for upgrading bathrooms easily

Oftentimes one of the smallest rooms in the house, the bathroom can easily be overlooked when designing for maximum light flow and style in the home.

Bathrooms are a private place, but that doesn't mean they can't be bright and welcoming. Many homeowners view the bathroom as their private retreat, so it's important to pay attention to these rooms with upgrades like enhanced lighting, ultra-quiet ventilation systems and designer sinks.

There are several ideal ways to upgrade a bathroom that will be seen as long-term investments in your home. The key is to select products that resist the high humidity levels found in bathrooms, withstand mold and moisture problems, and hold up well over time.

**Project #1** - Replace hard-to-reach large windows over a bathtub with a fixed, non-operable window. Choose from clear glass, obscure glasses in decorative patterns or privacy-

assured acrylic blocks windows. All can be ordered with energy-efficiency glass packages to help keep energy bills low.

**Project #2** - Add a wall niche to the bathroom or shower wall. Decorative and functional, the niche can hold bath accessories or accent pieces.

**Project #3** - Splurge on a new showerhead. Select from energy-saving low-flow, multi-functional and simulated rain showerhead, or even an all-steam shower. When it comes to showers, you can customize your own home spa treatment right in your shower.

**Project #4** - Warm your toes during cold winter mornings by installing radiant heating below bathroom tiles or flooring. With the flick of a switch, your floor warms up so that facing the day gets easier.

**Project #5** - Add non-operable transom windows high on the exterior walls of the bathroom to allow more light in the room. A design of several transom windows can be placed

horizontally across the exterior wall to protect privacy while offering views of the sky during the day and the stars at night. Select vinyl-framed windows, so you don't have to deal with warping or rotting wood frames from the high humidity levels in the bathroom.

**Project #6** - Install a set of urethane pilasters on both sides of your shower stall and a door crosshead overhead to upgrade the look of your bathroom. If you have a garden tub or a whirlpool in your bathroom, add window panels made of urethane to surround the base. No problem if any of the decorative materials get wet because urethane products resist moisture.

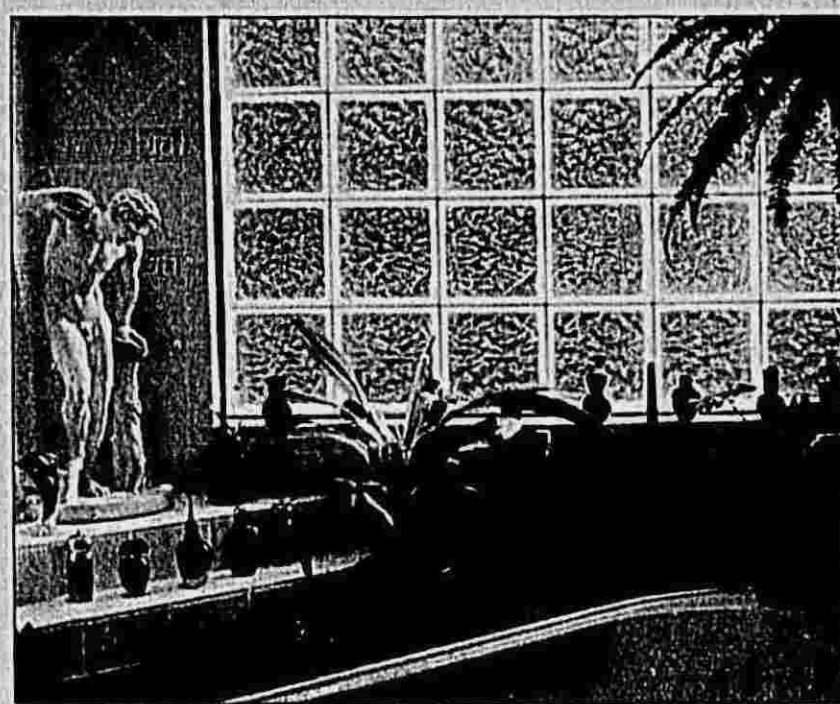
**Project #7** - Create an easy-access shower that eliminates doors, shower curtains and thresholds that can be potential trip hazards.

**Project #8** - Solve your storage problem by adding decorative urethane window crossheads to the walls to serve as easy-access shelving.

Create an extra towel rack by drilling holes in the center of two brackets. Insert a dowel rod and you have an instant way to hang hand towels.

**Project #9** - Shine more light in the bathroom by surrounding mirrors with acrylic block panels that have miniature lights sealed in the units. These energy-efficient lights are ideal for daily grooming activities and applying make-up.

**Project #10** - For pure fun, add amenities to your bathroom that pamper you. These days you can have a coffeemaker, refrigerator or even a mini-wine cooler in your bathroom. Marry them with a sound system or in-shower television and you could live in your bathroom!



The obscure acrylic blocks in this window provide privacy and natural light for the bathroom setting.

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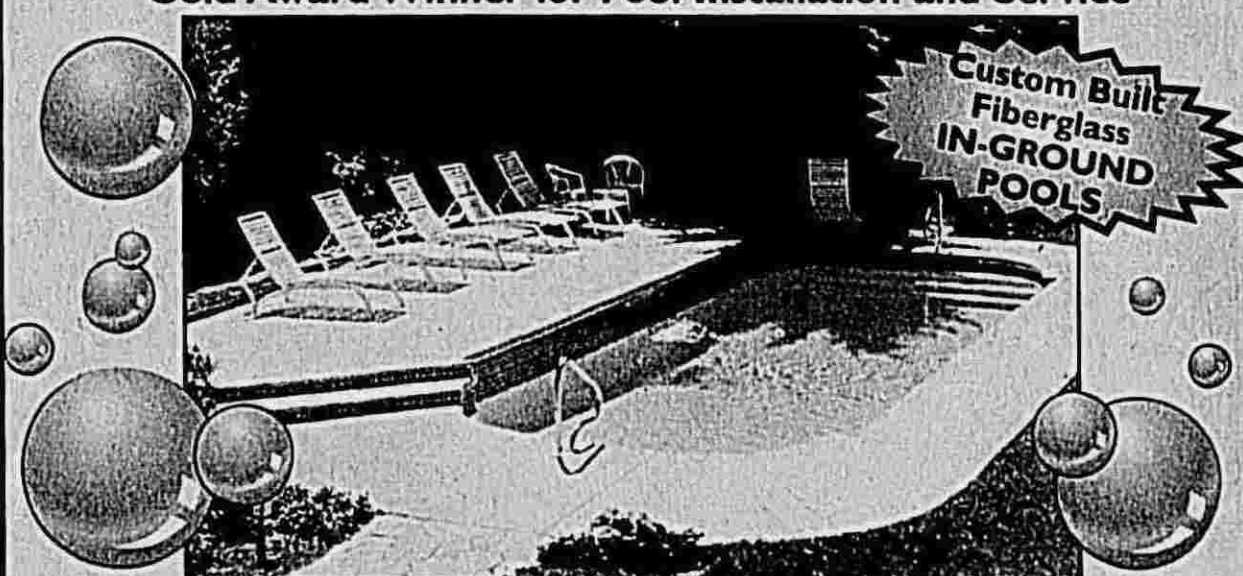
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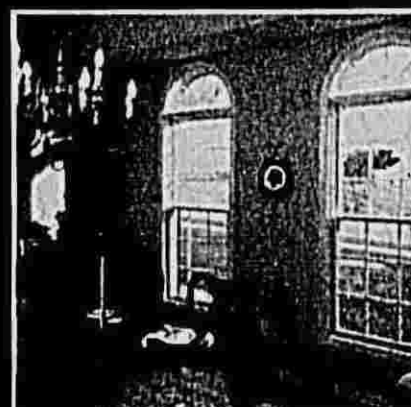
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# NASCAR THIS WEEK

## NEXTEL CUP SERIES

■ **Race:** 3M Performance, 400  
 ■ **Where:** Michigan International Speedway, Brooklyn (2.0 miles), 200 laps/400 miles.  
 ■ **When:** Sunday, Aug. 19  
 ■ **Last year's winner:** Kasey Kahne  
 ■ **Qualifying record:** Ryan Newman, Dodge, 194.232 mph, June 18, 2005.  
 ■ **Race record:** Dale Jarrett, Ford, 173.997 mph, June 13, 1999.  
 ■ **Last week:** Tony Stewart and Jeff Gordon are masters of NASCAR road courses. Both made few mistakes at tracks like Watkins Glen International. Both made one — the same one — in the Centurion Boats at the Glen. In retrospect, Stewart's mistake happened at a better time, and that's why he won for the third time in four races and tied

Gordon with his fourth career victory at the Glen. Stewart's mistake cost him the lead on the 44th of 90 laps. His orange Chevrolet lost adhesion and spun entering turn one. On the 89th lap, Gordon was leading Stewart when he committed his own fateful mistake. "Basically, it was the same way I lost it in turn one," said Stewart. "It was both of ours to lose today. Jeff and I, by far, had the best two cars. I just made a mistake and wheel-hopped it." Gordon slumped to ninth. Carl Edwards succeeded him as Stewart's principal challenge, but his Ford slid around on the final lap, dropping Edwards to eighth. Stewart's Joe Gibbs Racing teammate Denny Hamlin crossed the line second.

## BUSCH SERIES

■ **Race:** Carfax 250  
 ■ **Where:** Michigan International Speedway, Brooklyn (2.0 miles), 125 laps/250 miles.  
 ■ **When:** Saturday, Aug. 18  
 ■ **Last year's winner:** Dale Earnhardt Jr.  
 ■ **Qualifying record:** Kasey Kahne, Ford, 186.490 mph, Aug. 16, 2003.  
 ■ **Race record:** Todd Bodine, Chevrolet, 162.949 mph, Aug. 19, 2000.  
 ■ **Last week:** Kevin Harvick won for the fifth time this year — and second consecutive week on a road course — in Watkins Glen, N.Y.

## CRAFTSMAN TRUCK SERIES

■ **Race:** O'Reilly 200  
 ■ **Where:** Bristol (Tenn.) Motor Speedway (.533 miles), 200 laps/106.6 miles.  
 ■ **When:** Wednesday, Aug. 22  
 ■ **Last year's winner:** Mark Martin  
 ■ **Qualifying record:** Ken Schrader, Chevrolet, 126.922 mph, Aug. 25, 2004.  
 ■ **Race record:** Travis Kvapil, Chevrolet, 88.813 mph, Aug. 20, 2003.  
 ■ **Last week:** Travis Kvapil drove a Ford to victory at Nashville Superspeedway in Gladeville, Tenn.

**MICHIGAN DATA**  
 June 17 Aug. 19

**Distance:** .2 mile ova  
**Length of frontstretch:** 3,600 ft  
**Length of backstretch:** 2,242 ft  
**Miles/Laps:** 400 mi - 200 laps

## THE POINTS RACE

### NEXTEL CUP

1. Jeff Gordon - 3,384
2. Denny Hamlin - 344
3. Matt Kenseth - 432
4. Tony Stewart - 445
5. Carl Edwards - 560
6. Jeff Burton - 578
7. Jimmie Johnson - 595
8. Kyle Busch - 627

### BUSCH SERIES

9. Clint Bowyer - 717
10. Kevin Harvick - 729
11. Martin Truex Jr. - 797
12. Kurt Busch - 855
13. Ryan Newman - 951
14. D. Earnhardt Jr. - 955
15. Greg Biffle - 1,067

### CRAFTSMAN TRUCK SERIES

1. Carl Edwards - 3,534
2. D. Reutimann - 766
3. Kevin Harvick - 791
4. Jason Leffler - 920
5. David Ragan - 948

### CRAFTSMAN TRUCK SERIES

1. Mike Skinner - 2,521
2. Ron Hornaday Jr. - 82
3. Travis Kvapil - 236
4. Todd Bodine - 266
5. Rick Crawford - 480

## Kyle Busch's decision relieves pressure at Hendrick

By Monte Dutton  
 NASCAR This Week

Now that Kyle Busch has decided where he's headed next year — to Joe Gibbs Racing, apparently — current teammate Jimmie Johnson thinks it will put an end to any internal issues at Hendrick, where Dale Earnhardt Jr. is replacing Busch next season.

"I would have to think now that he knows where he's going and his deal is done, that it will calm things down, there's no doubt about that," said Johnson, referring to Busch. "I think it's got to be easy for him knowing where he's going to land, knowing the particulars of his deal."

"Those things really probably bring a lot of peace to someone in that situation, so I would expect him to be just as committed, as fast and as focused as he's ever been."

**Expected vacancy** — Jeremy Mayfield, for whom things have just not worked out with Toyota and Bill Davis Racing, will not be back in the No. 36 next year. This wasn't a big surprise.

Davis was conciliatory in his remarks.

"Jeremy has done all we asked of him and more as part of what

## NUTS AND BOLTS

has been an enormous challenge in 2007," said Davis. "It has been a huge undertaking to bring Toyota online for its first NASCAR Nextel Cup season at the same time all the teams in the sport were facing the dual competition platforms as we transitioned to the Car of Tomorrow."

"It takes more than just manufacturer support to compete on this level. It takes a tremendous amount of additional sponsorship support that just did not materialize as we had anticipated. ... I certainly understand Jeremy's desire to explore other options, but we're grateful that we will continue to have his services for a time to help us improve the overall week-to-week effort of the Toyota Cup program."

**Little known** — Casey Mears, who won the Coca-Cola 600 at Lowe's Motor Speedway, has a connection with Carolina Panthers quarterback David Carr.

The two played high-school football together at Stockdale in

Bakersfield, Calif. Mears, a 1996 graduate, played fullback and halfback, while Carr was setting 16 school records in two seasons as the starting quarterback.

"I was nowhere near his league back in high school," said Mears, referring to Carr, "but I like to think I was pretty scrappy, and I know I had fun trying to keep up."

## FEUD OF THE WEEK



### Kevin Harvick vs. Juan Pablo Montoya

Harvick didn't know what hit him, saw it was Montoya, and tempers flared from there. Montoya tried to tell Harvick he had himself been hit from behind. Harvick wasn't buying it. Harvick's team owner, Richard Childress, said Montoya took such a low line that he wouldn't have been able to make it through the turn anyway. Montoya characterized himself as "a very clean racer."

**NASCAR This Week's Monte Dutton gives his take:** "All it wound up being was a few shoves, but it made the race look like reality TV."



CIA Stock Photo

► **Who's hot** — For a month now, Tony Stewart's been master of his domain. ... Meanwhile, back on the bubble, Kurt Busch looks good for the Chase.

► **Who's not** — Another big opportunity for Juan Pablo Montoya (above) ended in a shoving match. ... Dale Earnhardt Jr.'s car is really fast when the engine runs.

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# Taking the field



2007 LAKE COUNTY JOURNALS PREP FOOTBALL GUIDE

## INSIDE:

- *Lake County Journals All-Area Team*  
(page 2)
- *Previews of Lake County's*  
*prep football teams*  
(Starting on page 3)

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**LAKE COUNTY  
JOURNALS**



01      02      03      04      05

2007 All-Area Preseason Team

PRESEASON OFFENSIVE MVP					PRESEASON DEFENSIVE MVP
 <b>BRAD WISNIEWSKI</b> RB; WAUCONDA	 <b>RICHARD HAYES</b> OL LAKES	 <b>JOE SEMPLE</b> OL MUNDELEIN	 <b>STEVE PALADE</b> LB GRAYSLAKE NORTH	 <b>ERIC HALEK</b> LB/TE GRAYSLAKE NORTH	 <b>AUSTIN POWELL</b> FS; LIBERTYVILLE
 <b>RAY BRYANT</b> RB ROUND LAKE	 <b>ANDY KLOSTER</b> OL ANTIOCH	 <b>JEROME BROWN</b> WR ROUND LAKE	 <b>KEVIN SAVAGE</b> OL GRANT	 <b>RYAN LUND</b> CB/RB GRAYSLAKE CENTRAL	 <b>NICK ELKIN</b> DT ANTIOCH
 <b>NICK EBERT</b> TE LIBERTYVILLE	 <b>TIM MATHESON</b> RB LIBERTYVILLE	 <b>DAVID VENEGONI</b> OL CARMEL	 <b>MARCUS WILLIAMS</b> QB/WR LAKES	 <b>BOB MADLENER</b> LB GRANT	 <b>ANTHONY GAMARAS</b> LB MUNDELEIN
 <b>TYLER ERBACH</b> TE WARREN	 <b>MIKE SCHAEFERMAK</b> OL CARMEL	 <b>DAVID VENEGONI</b> OL CARMEL	 <b>MARCUS WILLIAMS</b> QB/WR LAKES	 <b>DANTE SOTO</b> LB/WR LAKES	 <b>TOM HAINS</b> LB/TE WARREN

10      20      30      40      50

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# LAKE COUNTY JOURNALS

## 2007 PREP FOOTBALL PREVIEW

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## 2007 SCHEDULE

8-21 / 30 p.m. Grayslake Prep

8-21 / 30 p.m. Vernon Hills

10-12 / 30 p.m. Vernon Hills

10-19 / 30 p.m. Northbrook

## 2006 RESULTS

8-21 / 30 p.m. Grayslake Prep

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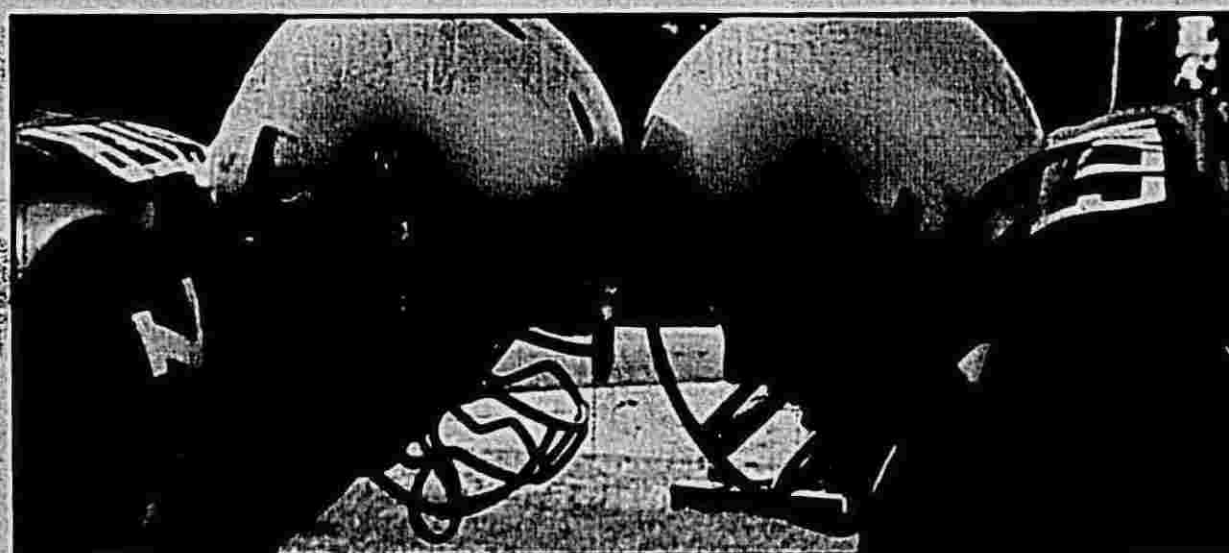
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## ANTIOCH SEQUOITS



Annie Christie - achristie@nwnewsgroup.com

Teammates Andy Kloster (left) and Nick Elkin go head-to-head during a preseason practice.

# Sequoits make fresh start

By DANIEL J. PATRICK

dpatrik@nwnewsgroup.com

These are heady times for first-year coach Brian Glashagel. In his first head coaching job, he gets to start his own legacy, install his own offense and defense, and take his school's program with him.

The only problem? Antioch's difficult 0-9

journey last year.

But Glashagel insists that he'll be able to turn things around.

"Last year, we only had 35 players on varsity, our numbers were low and that was just the repercussions from the [school] split [with Lakes]," Glashagel said.

See ANTIOCH, page 4



Go Sequoits! Go Sequoits! Go Sequoits!

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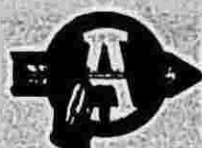


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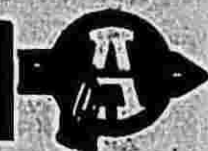


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## ANTIOCH SEQUOITS



"When you're 0-9, pretty much every game is important because we're trying to get this thing turned around."

**Brian Glashagel**

Antioch Sequoits head coach

# Antioch looks toward new season with talented offense, defense

### • ANTIOCH

Continued from page 3

"This year, it's totally different," he added. "We've got 14 seniors on a roster of 54 varsity players, so we're in a much better position player-wise than we were last year."

Players whom Glashagel has to work with include NCAA Division I prospect Andy Kloster. Kloster, a 6-foot-6, 280-pound offensive lineman, has speed that Glashagel said belies his size.

Behind Glashagel are quarterback Matt Romani and senior running back Dan Larsen. Larsen and Romani will be running a triple-option offense that is similar to the successful offensive styles of Carmel and Lake Zurich.

Glashagel knows a thing or two about Carmel's triple-option scheme. That's because he used to be an assistant coach for Carmel head coach Andy Bitto for 11 seasons.

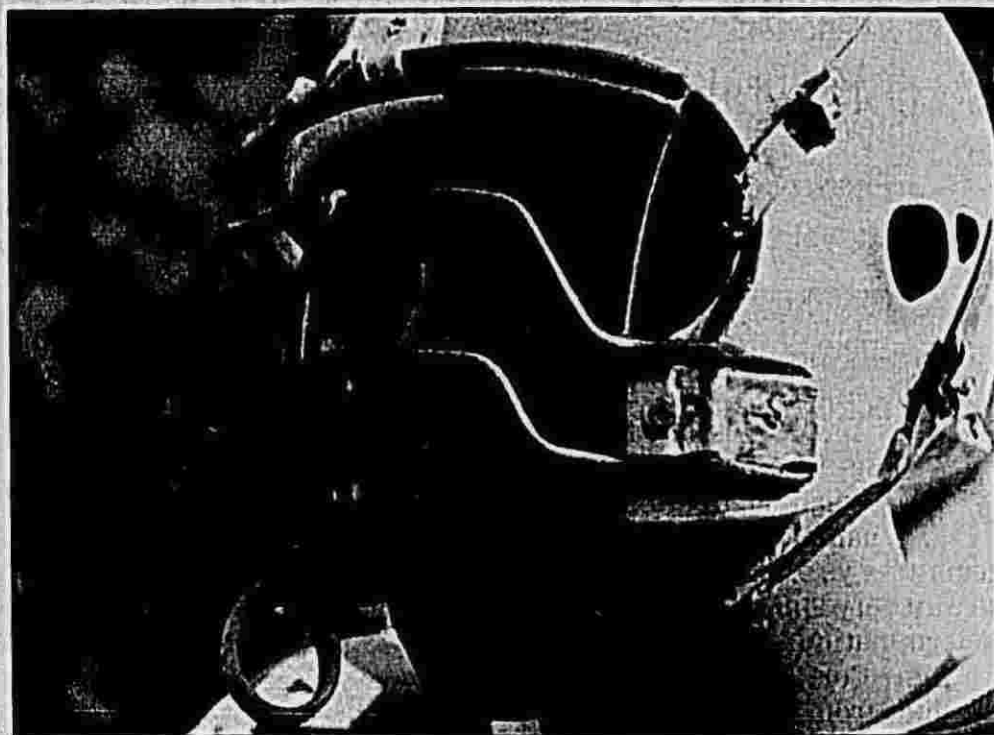
Wide receiver Lamar Pottinger will be another option for the triple-option. While this is Pottinger's first year in a varsity uniform, his speed as a high hurdles sectional champion should help the Sequoits.

On defense, Nick Elkin is the big returnee on the line, while defensive backs Tom Gerstner, Alan Alanneyer and Eric Smith also can aid in stopping opponents.

"Those four guys [Elkin, Gerstner, Alanneyer, and Smith] on defense are really talented," Glashagel said. "So we're very optimistic about the upcoming season. In two-a-days, some days our offense looked good, and some days our defense looked good. Hopefully, it'll all click in time for the season to begin."

As for Antioch's difficult 0-9 ride last year, Glashagel said that there's nowhere to go but up for the Sequoits.

"When you're 0-9, pretty much every game is important because we're trying to get this thing turned around," Glashagel said. "We've got to win that first time, and we've got to keep it going."



Annie Christie - achristie@mwnewsgroup.com

Antioch lineman Andy Kloster looks at his teammates during a practice.

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## CARMEL CORSAIRS

"I think losing is contagious and I think winning is contagious. So you expect to go in and figure out a way to win and you practice to that end."

**Andy Bitto**

Carmel Corsairs head coach

# Carmel eyes championship

Seniors establish their leadership on the field

By **MATT PERA**

mpera@nwnewsgroup.com

Anyone who is wondering whether or not Carmel is fielding a championship-caliber team this year will not have to wait very long to make that determination.

The Corsairs will go straight from the frying pan of hot and humid preseason practices and into the fire of a front-loaded schedule against perennial powerhouses.

The first three games will serve as a barometer for just how talented Carmel might be in 2007.

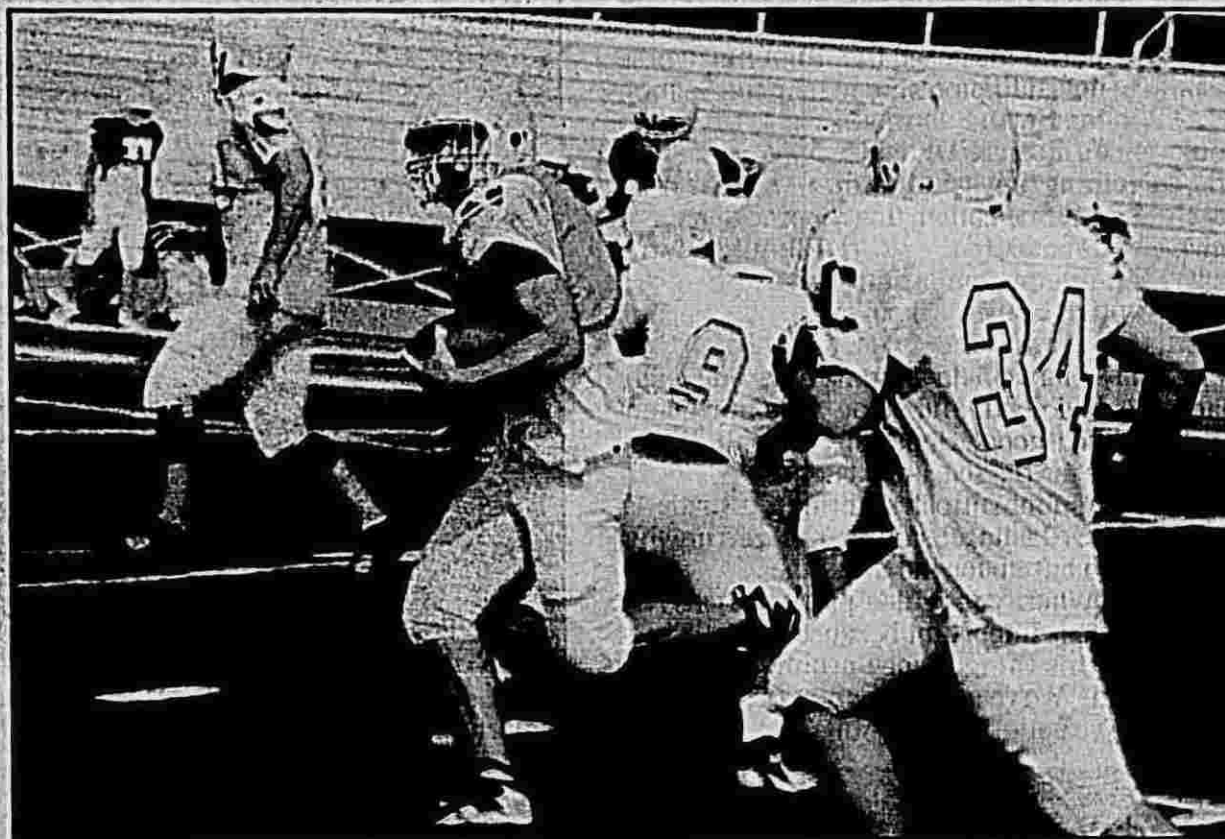
The Corsairs open the season against Chicago's Morgan Park, then host the formidable Libertyville Wildcats, and then a contest against Marian – a team they beat last year in a high-scoring shootout, 73-55.

"If we go 3-0 in those games," Carmel head coach Andy Bitto said. "Now we've set the tone."

A tall order? Maybe. But it is the attitude that has become ingrained in Carmel's football teams over the years as the program has established itself as an annual contender.

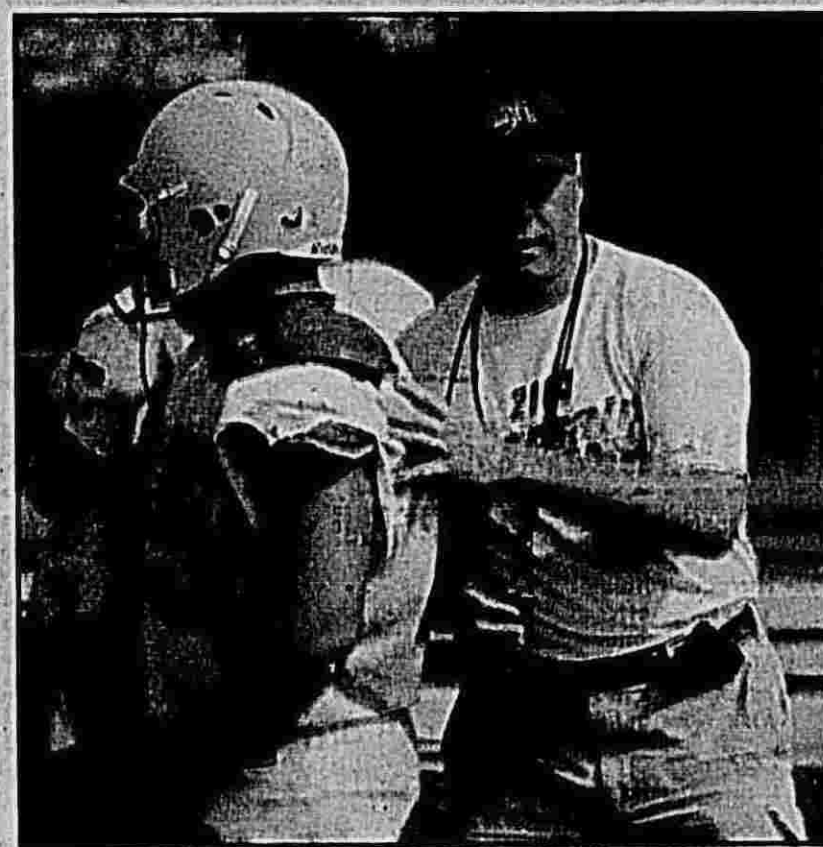
While the Corsairs will miss the services of graduated players who were key contributors to last year's 8-3 squad, including running back Jim Potempa, Bitto said, he is confident in this year's team.

He pointed to senior quar-



Sandy Bressner - sbressner@nwnewsgroup.com

Carmel quarterback David Venegoni works on his running game during a preseason practice.



Sandy Bressner - sbressner@nwnewsgroup.com

Andy Bitto, Carmel head coach, talks with members of his offense during a preseason practice at the Mundelein school.

terback Dave Venegoni and Mike Schafernak – a three-senior offensive lineman year starter – as two players

who have established themselves as leaders already this year.

Other key players this season, Bitto said, will be senior wide receiver Tommy Magna, who played defensive back last season, and senior center Kent Liederbach.

A buzz has been building for the week-two game against Libertyville, which will mark the second time the teams have ever played each other.

The first game came in the 2000 playoffs, when the Wildcats beat the Corsairs 28-21 with a late-game touchdown drive.

Both teams are known for a winning tradition, and both have championship aspirations this year.

Add to that the proximity of the two schools – about a mile of road separates them – and it makes sense that it

### 2007 SCHEDULE

8/31	7:30 p.m.	Libertyville
9/7	7:30 p.m.	Marian
9/14	7:30 p.m.	Notre Dame
9/21	7:30 p.m.	St. Joseph
9/28	7:30 p.m.	St. Patrick
10/5	7:30 p.m.	Nazareth Acad.
10/12	7:30 p.m.	St. Vincent
10/19	7:30 p.m.	St. Ignace

Boyd

St. Ignace  
St. Vincent

### 2006 RESULTS

Morgan Park	56-17 W
Mundelein	49-6 W
Marian	73-55 W
Notre Dame	60-20 W
St. Joseph	63-0 W
St. Patrick	40-14 W
Nazareth Academy	40-25 W
St. Vincent	43-14 W
St. Ignace	41-29 W
McHenry	54-13 W
Rockford Boyland	41-14 L

Final record: 8-3  
(5-2 East Suburban Catholic)

Boyd

is one of the more highly anticipated local games in recent memory.

"I think for our kids and the community it's really exciting because we're playing someone local," Bitto said. "And not only that, but we're playing a team that's well-coached. They have the same mind-set when they hit the field that we do that they can beat anybody."

Bitto added that the confidence his team exudes nearly every year stems from a good deal of preparation and hard work on the practice field.

That hard work has resulted in goals this year of an East Suburban Catholic Conference title and a state championship.

"I think losing is contagious and I think winning is contagious," Bitto said. "So you expect to go in and figure out a way to win and you practice to that end. I couldn't say these things about winning the conference and state without saying we've done our due diligence in the past six to eight months ... Our kids have put themselves in a position where those things can happen."



## 2007 SCHEDULE

8/24	7:30 p.m.	Johnsburg
8/31	7:45 p.m.	Grayslake Cen.
9/7	7:30 p.m.	Antioch*
9/14	7:30 p.m.	Lakes*
9/21	7:30 p.m.	Wauconda*
9/28	7:30 p.m.	Vernon Hills*
10/6	7:30 p.m.	Round Lake*
10/12	7:30 p.m.	North Chicago*
10/19	7:30 p.m.	Zion-Benton

*Bold denotes home game*  
*\*denotes North Suburban Conference*  
*Prairie Division game*

## 2006 RESULTS

Byron	20-14 L
Bay View (Milwaukee)	21-6 W
Libertyville	42-13 L
Antioch*	21-6 W
Lakes*	31-14 W
Wauconda*	29-21 W
Vernon Hills*	9-3 L
Round Lake*	28-7 W
North Chicago*	13-7 L
Geneva	42-14 L

Final record: 5-5  
 (4-2 North Suburban  
 Conference-Prairie)

*Bold denotes IHSA (tournament game)*  
*\*denotes North Suburban Conference*  
*Prairie Division game*

## GRANT BULLDOGS



## Grant ready to complete to-do list

By STEVE PETERSON  
 speterson@nwnewsgroup.com

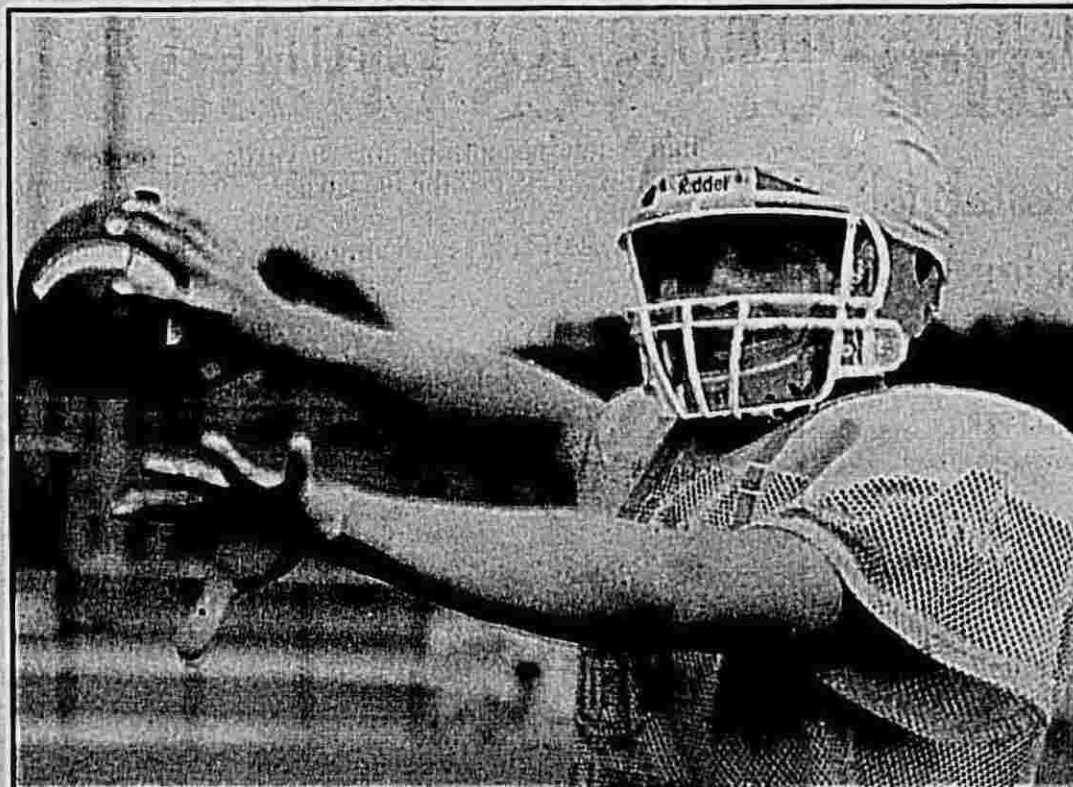
**G**rant's football team would like nothing better than to check off a couple of tasks on the school's to-do list this year.

A) Win the North Suburban Conference's Prairie Division title, something that has eluded the Bulldogs grasp, other than a shared title in 2004.

B) Win a playoff game, which would be the school's second playoff win.

In hopes of completing that to-do list, Grant has five captains leading the 2007 squad: junior Kevin Savage; three-year starter Bob Madlener; lineman Nick Fontaine; quarterback Pavel Zurkowski; and senior lineman Jordan Welter.

See GRANT, page 7



Grant quarterback Pavel Zurkowski warms up during practice at the Fox Lake school. The Bulldogs' first game is Aug. 24 against Johnsburg.

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## GRANT BULLDOGS



"Our goal is to make the playoffs, but first to get a win."

**Pavel Zurkowski**

Grant Bulldogs quarterback

# Bulldogs aiming for Prairie Division title

### • GRANT

Continued from page 6

"We should have a solid team," Welter said. "Having a lot of returning players helps us get reps."

Madlener is preparing for the season by setting some goals for himself.

"Getting sacks and hitting the QB," Madlener said of his goals.

Zurkowski spent much of practice dodging Madlener's efforts.

"Our goal is to make the playoffs, but first to get a win," Zurkowski said.

Zurkowski, at 6-foot-3, will throw the ball to the Grant's version of the killer B's, juniors Brandon Bushing and Tommy Bychowski.

Last year Bychowski had 23 receptions for 286 yards, while Bushing

had a few receptions for 38 yards. Zurkowski rushed for 100 yards.

"Pavel [Zurkowski] does a good job at QB. He played in almost every game last year, and the second half of the playoff game," said Grant Coach Kurt Rous. "He has a much stronger arm than the QBs that we have had in the past, just because of his size, and he is one of the two strongest kids on the team."

Junior Izzy Rodriguez could be the lead running back, but seniors Joe Loris, Jim Liles, Kevin Bender and Shelby Temple also will try to fill that spot. Savage will be back at center, and Welter at a guard spot, with other offensive line positions up for grabs.

But the Bulldogs aren't just relying on their offense.

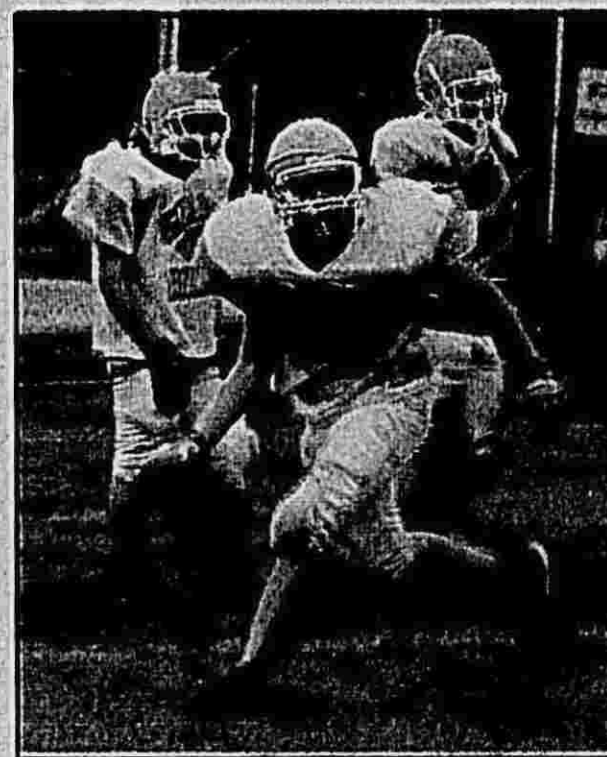
"We have seven starters back on

defense. A couple of them we have moved positions, to take advantage of having some of the other kids coming up. Their versatility is making us stronger," Rous said. "They don't care about what position that they are playing, just to make the team better. We have a good senior group."

Part of Rous' positive outlook for the season comes from the dedication the players showed in the off-season.

"A lot of kids lifted weights from November all the way until last week, many every day," he said. "It was nice having a lot of them come to our own camp, too. We had tremendous turnout for the summer. We started with 300 days, now we're down to 16 days until the first game."

Johnsburg is the first foe, at home Aug. 24, which Rous thinks is a good thing.



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Grant's Garrett Olsen looks for a receiver during a preseason practice at the Fox Lake school.

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SALES: Monday-Friday 9:00am-9:00pm; Saturday 9:00am-7:00pm





# Taking it to the next level

## Wood, Knights hope to rebound from 0-9 season

By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

**S**tarting a football program is never easy, but Grayslake North Coach Steve Wood would probably like to forget his rookie campaign.

Last season, North's Knights went 0-9 while the offense scored a seven points or fewer in six games. Coupled with four shutouts and a 68-0 blowout at the hands of Cary-Grove, one can't blame the Knights for trying to put 2006 behind them — far behind them.

"Our main goal is still to prove ourselves as a program and be in every game," Wood said. "We definitely want to start out on a better foot than we did last year and I think we can. I think we're on a different level than we were last year, and we have our sights set on doing some big things."

See GRAYSLAKE NORTH, page 9



Sandy Bressner - sbressner@nwnewsgroup.com

Eric Halek keeps his eye on the ball during a varsity practice at Grayslake North. Some of the anticipated matchups for the Knights this year include their season opener against Lakes Aug. 24 and crosstown rival Grayslake Central Oct. 5.

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"We're a year older, we've got more speed, we know more about the game."

**Steve Wood**

Grayslake North head coach

## Grayslake North looks to mimic Lakes successful second season

### • GRAYSLAKE NORTH

Continued from page 8

North's lack of seniors might have hurt them last year, but this year it helps as Grayslake returns the entire starting lineup. With players such as quarterback Nick Harrington, running back Steve Kalina and lineman Jonathan Worthey returning, North's offense is sitting pretty this season. Grayslake's defense is the same with linebacker Steve Palade and tight end/linebacker Eric Halek returning.

While many fans are anticipating the Oct. 5 matchup between Grayslake Central and Grayslake North, Wood said, he thinks people also should pay attention to North's season opener against Lakes.

"I think there's more of a direct rivalry between us and Lakes than there is between us and Grayslake Central," Wood said. "Most of the kids on our team

and their team know each other and played with each other in the youth league, so that should make for a good game."

Despite any rivalries that might exist between the Eagles and Knights, Wood is looking toward his Lake Villa neighbors for inspiration. Last year, Lakes went from a difficult 1-8 season in 2005 to a winning 6-4 campaign in '06.

"Lakes made a huge jump last year, going from [1-8] in their first year to getting into the playoffs last year," Wood said. "Hopefully, we can do the same thing that they did."

With more than 80 players spread between the varsity and sophomore ranks, Grayslake North has plenty of weapons to take a stab at the Fox Valley Conference Fox Division.

"Our main goal is just to improve, and we should be able to do that," Wood said. "We're a year older, we've got more speed, we know more about the game."



Sandy Bressner - sbressner@nwnewsgroup.com

Grayslake North's Nick Harrington prepares to throw the ball during a preseason practice.



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## 2007 SCHEDULE

8/24 7:30 p.m.	Antioch
8/31 7:45 p.m.	Grant
9/7 7:45 p.m.	CL South
9/14 7:45 p.m.	Jacobs
9/21 7:45 p.m.	Johnsburg*
9/28 7:45 p.m.	CL Central*
10/5 7:45 p.m.	Grayslake North*
10/13 1 p.m.	Prairie Ridge*
10/19 7:45 p.m.	Huntley*

*Bold denotes home game**\*denotes Fox Valley Conference Fox Division game*

## 2006 RESULTS

Cary-Grove	49-6 L
Dundee-Crown	27-21 W
CL South	55-12 L
Jacobs	60-34 L
Johnsburg*	35-14 L
CL Central*	42-0 L
Grayslake North*	33-10 W
Prairie Ridge*	49-28 L
Huntley*	42-13 L

Final record: 2-7  
(1-4 Fox Valley Conference)*\*denotes Fox Valley Conference Division game*

## GRAYSLAKE CENTRAL RAMS



# Bringing it to the table

## Rams new coach ready to work: no excuses

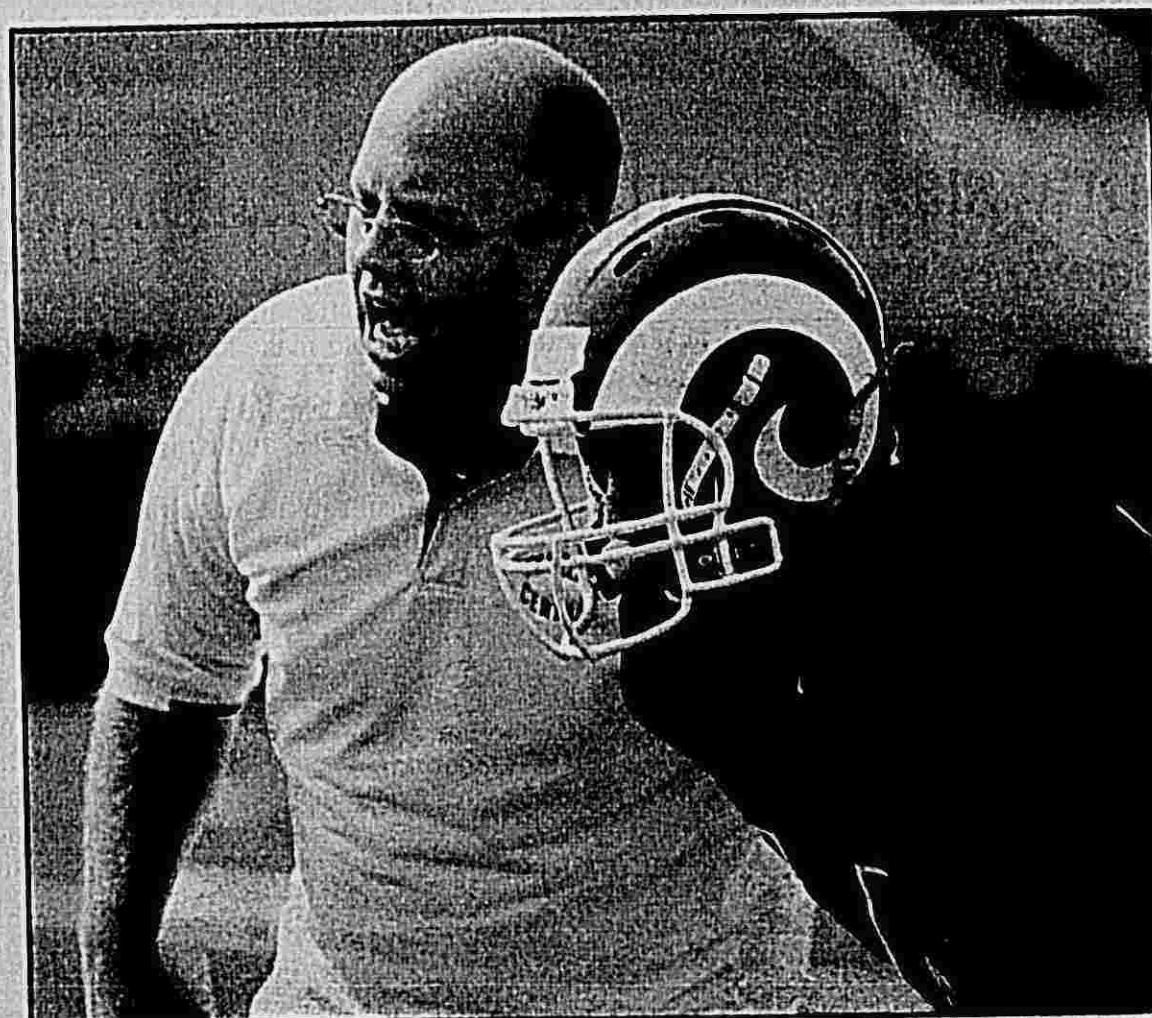
By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

**G**rayslake Central football fans have had to endure a lot during the past decade. Since 1997, the Rams have had one winning season – an 8-3 regional championship campaign in 2003.

Other than that, it's been a desert for the Grayslake-faithful. This year, with a fresh start and a good crop of varsity returnees, new Coach Nick Goshe hopes Central's found a way out of the sand.

"Splitting the schools [with Grayslake North] and a few down years has been pretty hard on us," Goshe said.

See GRAYSLAKE CENTRAL, page 11

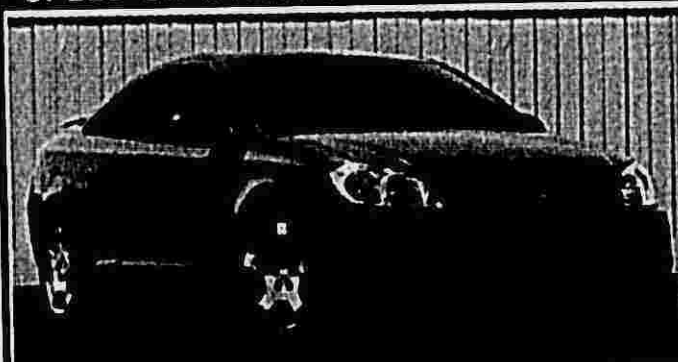


Annie Christie • achristie@nwnewsgroup.com

First-year Grayslake Central head coach Nick Goshe gives direction to Greg Bey during a practice.

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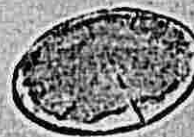
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## GRAYSLAKE CENTRAL RAMS



"We're bringing what we've got, and we're going ahead and doing the best we can."

**Nick Goshe**

Grayslake Central Rams head coach

# Big changes this year for Rams with new coach, turf field



Annie Christie - achristie@nwnewsgroup.com

Grayslake Central players perform a conditioning drill during a preseason practice.

### • GRAYSLAKE CENTRAL

Continued from page 10

"But with a good amount of players coming out this year, it's time to get down in the trenches and make a change," he added.

Change has come in droves for both Goshe and the Rams. Goshe replaced former coach Mike Munda after Goshe was fired from East Suburban Catholic Conference school St. Joseph's. With a new coach, the Rams have a brand-new artificial turf field that the players

were't allowed to set foot on until a few days before practice began.

Goshe's time at St. Joseph's was short and tumultuous as he went 0-9 in the ESCC.

**Nick Goshe**  
Grayslake Central head coach

And his losses to state powers like Carmel, Joliet Catholic and Notre

Dame did not seem to lend room that a turnaround was approaching. Carmel beat his former team 63-0, Joliet Catholic won 55-0 and Notre Dame added another shutout with a 49-0 win.

Even though his ESCC record left a lot to be desired, Goshe knows football as he's been an assistant at Mt. Union College and an assistant at three other schools. But despite his difficulties at St. Joseph's, he's optimistic about starting anew at Grayslake Central.

"I have more football-savvy kids here than at St. Joseph's," Goshe said. "These kids have a great youth football program [with the Grayslake Colts] and we have all the support in the world from the administration."

But most importantly, Goshe has



Annie Christie - achristie@nwnewsgroup.com

Grayslake Central players perform a drill during preseason practice.

bodies. With more than 100 football players out for the team this year, the Rams are hoping to turn things around.

Central's big names include senior running back/defensive back Ryan Lund and running back/quarterback Greg Bey. Another name to watch out for is Rich Smith.

Thanks to a short amount of time between Goshe's firing in May to his Grayslake Central hiring last month, the Rams have had a trial by fire this season. But Goshe said he wouldn't have it any other way.

"My back's against the wall, but that makes you work that much harder and that's always good," Goshe said. "We're not making excuses like 'we don't have enough time,' or anything like that. We're bringing what we've got, and we're going ahead and doing the best we can."

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### GRAYSLAKE

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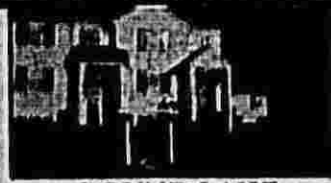
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9/7 7:30 p.m.	Vernon Hills*
9/14 7:30 p.m.	Grant*
9/21 7 p.m.	North Chicago*
9/29 1 p.m.	Wauconda*
10/5 7:30 p.m.	Antioch*
10/12 7:30 p.m.	Warren
10/19 7:30 p.m.	Round Lake*

*Bold denotes home game*

*\*denotes North Suburban Conference  
Prairie Division game*

## 2006 RESULTS

Monroe (Wis.)	27-13 W
Niles North	34-27 W
Round Lake*	42-14 W
Vernon Hills*	11-0 W
Grant*	31-14 L
North Chicago*	50-21 L
Wauconda*	21-20 W
Antioch*	31-13 W
Mundelein	30-7 L
Robeson	41-30 L

Final record: 6-4  
(4-2 North Suburban  
Conference-Prairie)

*Bold denotes IHSAA tournament game  
\*denotes North Suburban Conference  
Prairie Division game*

## LAKES EAGLES



## Eagles hope to contend



Lakes' Andre Gidney dives on to the ground as he grabs a fumble during a preseason practice at the Lake Villa school.

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## Lakes has eyes on division title, state playoffs

By DANIEL J. PATRICK  
dpatrick@nwnewsgroup.com

In just two years as a varsity program, the Lakes Eagles have had an interesting go of things.

In 2005, the first-year Eagles took their lumps, going 1-8.

Last season, things went a little better with a 6-4 overall record and a playoff berth for their trouble.

This year, Lakes Coach Luke Mertens is looking to solidify the Eagles' place as top contender in Lake County football.

"We want to make the state playoffs, and go as far as we can; that's our goal every year," Mertens said. "We want to do the best we possibly can with the talent we have. If we can avoid injury, I think we have a good chance of doing something this year."

Lakes is returning five senior starters for 2007.

Quarterback Randy Ratajczyk returns this season to run the option of



Richard Hayes  
Lakes offensive  
lineman



Marcus  
Williams  
Lakes wide  
receiver/  
defensive back



Luke Mertens  
Lakes head coach

fense, along with offensive lineman Richard Hayes and wide receiver Greg Prendergast.

Hayes, a 6-foot-3 275-pounder, has verbally committed to Northern Illinois and should provide plenty of protection for Ratajczyk.

On the defensive side of the ball, the Eagles return seniors Nick Thackston and Dante Soto.

Another big returnee is junior defensive lineman Erik Stone, who tips the scales at 6-foot-3, 260 pounds.

One veteran for the Eagles hasn't even played a down for Lakes.

Senior wide receiver/defensive back Marcus Williams played for Warren for three seasons before transferring last year.

See LAKES, page 13





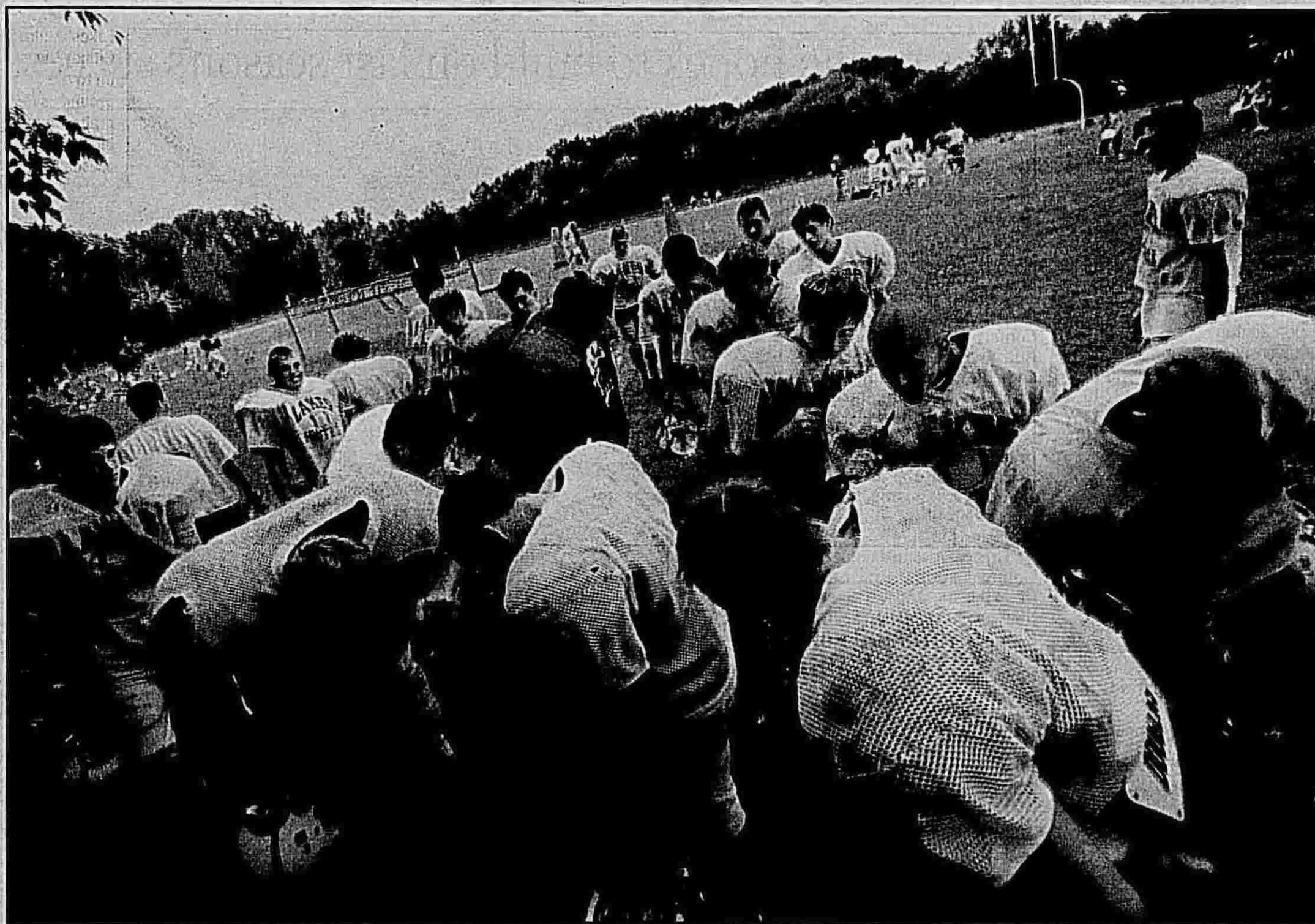
## LAKES EAGLES



"We're excited to start our season and our goal is to go out there and succeed every week."

**Luke Mertens**

Lakes Eagles head coach



Sandy Bressner - sbressner@nwnewsgroup.com

Members of Lakes varsity squad take a water break during a preseason practice at the Lake Villa school. The Eagles finished last season with a 6-4 overall record.

# Eagles offense, defense stacked with veteran leadership

## • LAKES

Continued from page 12

Because of IHSA rules, Williams had to sit out in 2006, but Mertens said he is ready to come back to the gridiron.

Lakes has a few other options in wide receivers Kevin Rice and Ben Gruber, also while junior running back Josh Gaido could be an option on offense for the Eagles.

On defense, linemen Mike Seay and

Andy Goggin should provide senior leadership.

Thanks to the hectic nature of the North Suburban Conference Prairie Division, any team can make a good case for taking the conference title.

Grant, North



**Nick Thackston**  
Lakes defensive player

Chicago and Lakes, should all have a chance to compete for the Prairie Division title.

"I think we've got a legitimate chance in the Prairie this year," Mertens said. "There are no big changes in our plans from last year. We're



**Mike Seay**  
Lakes defensive lineman

replacing a few of our starters, but everyone's ready."

Unlike some coaches who aren't so forthcoming with their expectations in terms of wins and losses, Mertens will come out and say it: His team wants to win.

"We're excited to start our season and our goal is to go out there and succeed every week," Mertens said. "We're not into moral victories. We want to win."



**2007 SCHEDULE**

8/24	7:30 p.m.	Barrington
8/31	7:30 p.m.	Carmel
9/7	7:30 p.m.	Warren*
9/14	7:30 p.m.	Vernon Hills
9/20	7:30 p.m.	Lake Zurich*
9/28	7:30 p.m.	Mundelein*
10/5	7:30 p.m.	Zion-Benton*
10/12	7:30 p.m.	Stevenson*
10/19	7:30 p.m.	Lake Forest*

*Bold denotes home game*\* denotes North Suburban Conference  
Lake Division game**2006 RESULTS**

Barrington	32-26 W
Naperville North	21-14 W
Grant	42-13 W
Lake Zurich*	10-9 W
Mundelein*	35-14 W
Zion-Benton*	24-6 W
Stevenson*	21-12 W
Lake Forest*	36-14 W
Warren*	22-16 W
Notre Dame	31-13 W
Rolling Meadows	16-15 L

Final record: 10-1

(6-0 North Suburban  
Conference-Lake)*Bold denotes IHSA tournament game*\* denotes North Suburban Conference  
Lake Division game

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# Looking to repeat history

## Libertyville hopes to build on last season's success

By MATT PERA

mpera@nwnewsgroup.com

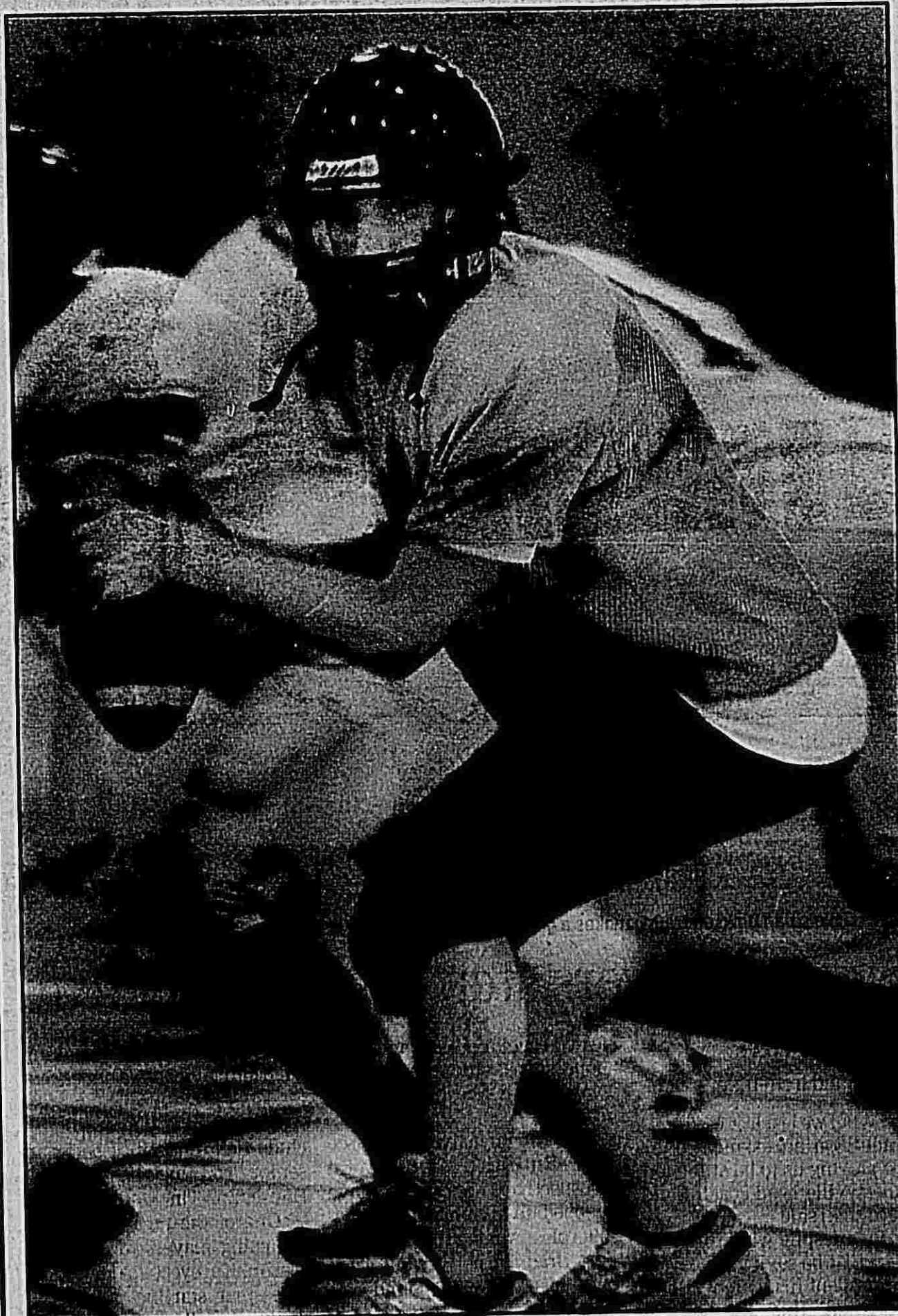
In 2004, the Libertyville High School football team was returning just one starter on offense.

Not many people included the Wildcats in any discussion about contenders to win the North Suburban Conference, let alone state. But, as the season wore on, and they won game after game, it became apparent that they were the real deal.

And when November rolled around they were hoisting the the Class 7A state championship trophy and celebrating an undefeated season.

This year, some people are singing a similar tune about the Wildcats, who lost most of their starting offensive line, along with starting quarterback Ryan Kennedy and running back Josh Albers, to graduation.

See LIBERTYVILLE, page 15



Tommy Piazzi drops back to pass during a practice in the Libertyville High School field house. The Wildcats finished last year with a 10-1 record. Their only loss was a 16-15 playoff defeat to Rolling Meadows.

Annie Christie - achristie@nwnewsgroup.com

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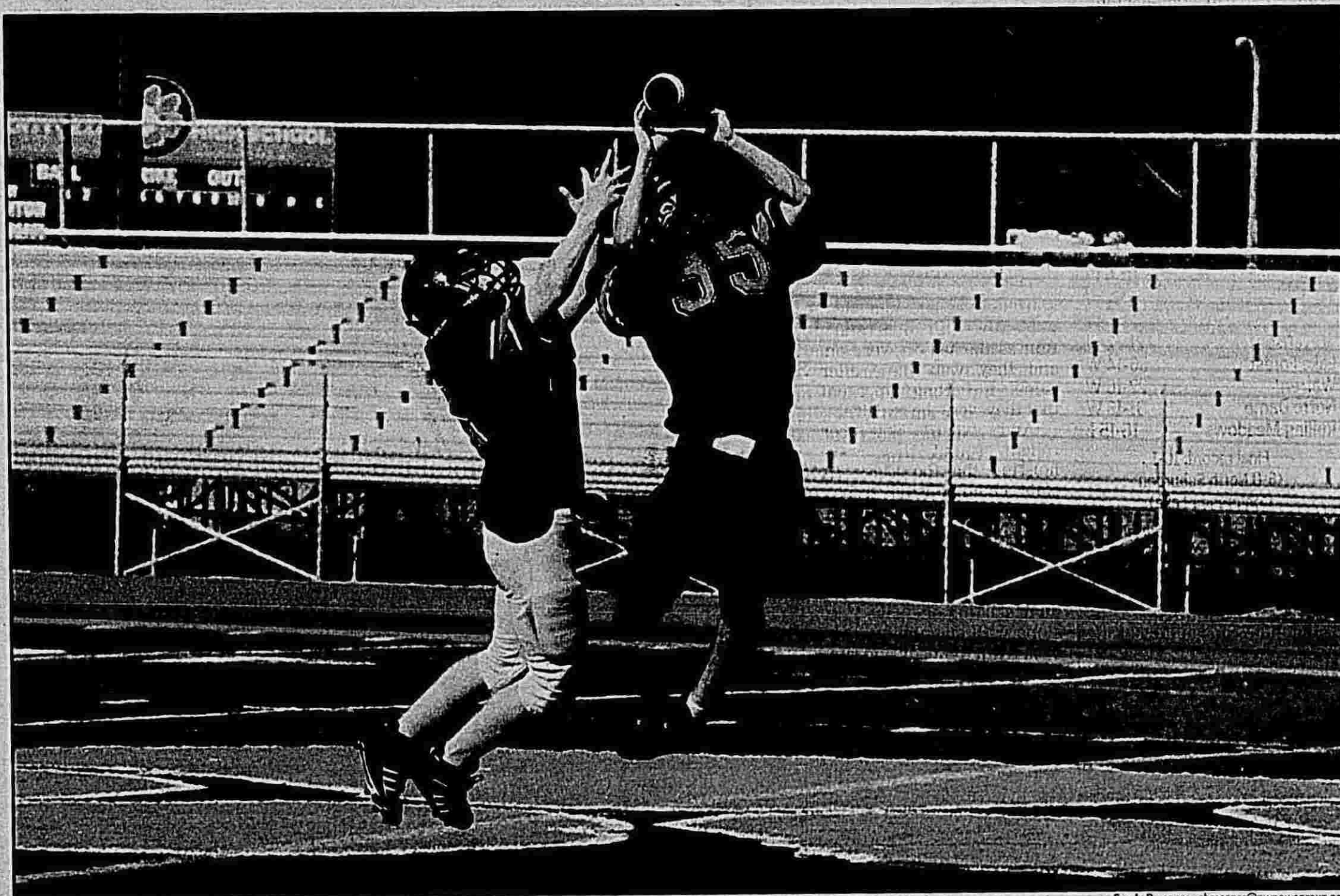
## LIBERTYVILLE WILDCATS



"We have to make sure we focus on Barrington, but [the Carmel game] is one people have been talking about for awhile so it should be fun,"

**Randy Kuceyeski**

Libertyville Wildcats head coach



Sandy Bressner - sbressner@nwnewsgr.com

Libertyville's Dan Dickson (right) makes a grab against teammate Pat Callan during an early-morning practice at the school. The Wildcats finished 10-1 last season.

## Several players step up to compete for Wildcats' starting roles

### • LIBERTYVILLE

Continued from page 14

"What we lost last year due to graduation, not too many people are picking us to be at the top," Libertyville head coach Randy Kuceyeski said.

But, despite what those people might be saying, Kuceyeski is confident his team will be in the hunt this season. The Wildcats will combine key returning players with newcomers to build on last year's unde-

feated regular season and, they hope, surpass the second-round playoff exit they suffered in 2006.

On the offensive side of the ball, Kuceyeski said, several prospective linemen have stepped up to compete for starting roles. Among them are seniors Brad Harper, Ryan Carter and the 6-foot-6, 240-pound Dan Walker.

At the skill positions, senior Tommy Plazzi has stepped in at quarterback, with junior

Campbell Stemper also making a bid for playing time under center.

Returning starters will include tight end Nik Ebert and senior running backs Doug Hauser and Tim Matheson.

One of the most important returning players for the 2007 season, Kuceyeski said, will be three-year starting free safety Austin Powell.

"He's probably one of the better defensive backs in the area," Kuceyeski said. "He's very ag-

gressive, a lot of range, and he's a good tackler."

Other senior starters returning to the defense will be linebacker Justin Dietz and defensive lineman Matt Steplyk.

The Wildcats will get an early gauge of where they are as a team. They open against Barrington Aug. 24, and then have a highly anticipated matchup Aug. 31 with their neighbors on Route 176, Carmel.

"We have to make sure we focus on Barrington, but [the

Carmel game] is one people have been talking about for awhile so it should be fun," Kuceyeski said.

And, as it has been nearly every season, Kuceyeski said, his players are heading into the season with championship aspirations.

"I think that's one the kids have learned to accept," he said. "It's something they stress on their own and it just kind of happens in the framework of the program." •



## 2007 SCHEDULE

8/24 7:30 p.m. Buffalo Grove  
 9/1 1:30 p.m. Waukegan  
 9/7 7:30 p.m. Round Lake  
 9/15 1 p.m. Lake Forest  
 9/20 6:30 p.m. Stevenson  
 9/28 7:30 p.m. Libertyville  
 10/5 7:30 p.m. Warren  
 10/12 7:30 p.m. Zion-Benton  
 10/19 7:30 p.m. Lake Zurich

*Bold denotes home game*

*\*denotes North Suburban Conference  
 Lake Division games*

## 2006 RESULTS

Buffalo Grove 45-20 L  
 Carmel 49-6 L  
 Lake Forest 34-33 L  
 Stevenson 27-14 L  
 Libertyville 35-14 L  
 Warren 42-16 L  
 Zion-Benton 39-22 W  
 Lake Zurich 41-21 L  
 Lakes 30-7 W

Final record: 2-7  
 (1-5 North Suburban  
 Conference-Lake)

*\*denotes North Suburban Conference  
 Lake Division game*

## MUNDELEIN MUSTANGS



## Mustangs counting on veterans

Mundelein prepares to overcome tough schedule

By DANIEL J. PATRICK  
 dpatrick@nwnewsgroup.com

**O**n the gridiron, experience is a golden commodity. Luckily for Mundelein fans, there's plenty of experience to go around for the Mustangs.

Coach Dave Whitson is returning 16 starters from last year's team. More importantly, Whitson is returning starters with more than one year of varsity experience. Players like Anthony Glanaras and Sean Santiago are multi-year starters while running back/linebacker Cody Gokan has plenty of experience with the varsity team.

See MUNDELEIN, page 17



Sandy Bressner - sbressner@nwnewsgroup.com

Mundelein's Michael Petlack drops back to pass while running drills during a preseason practice at Mundelein High School.

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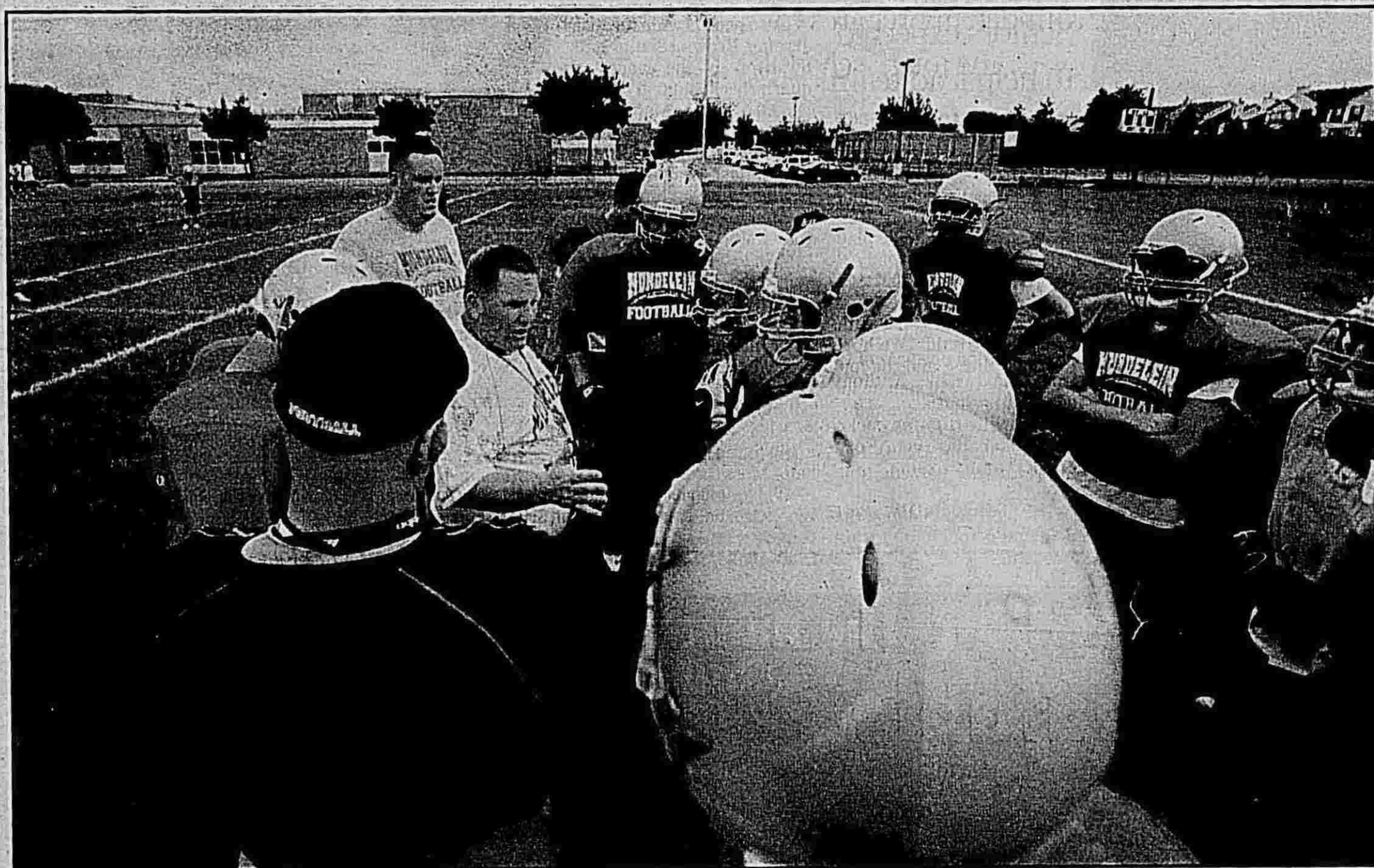
## MUNDELEIN MUSTANGS



"Attitude's been really good in practice, now it's time to see how the season's going to go."

**Dave Whitson**

Mundelein Mustangs head coach



Sandy Bressner - sbressner@nwnewsgroup.com

Dave Whitson, Mundelein head coach, talks with members of the team during a preseason practice at Mundelein High School.

# Fewer two-a-day practices could affect Mustang's performance

## • MUNDELEIN

Continued from page 16

Other returnees include 6-foot-4, 290-pound lineman Joe Semple along with Kurt Mellor and Kellor Devanle. Thanks to Mundelein's experience, Whitson is optimistic about the coming season.

"We've got 16 starters coming back, so we're pretty optimistic about what we can do this year," Whitson said. "Attitude's been really good in practice, now it's time to see

how the season's going to go."

Once again, the thing standing between the Mustangs and a perfect season is the difficult schedule.

Between North Suburban Conference-Lake stalwarts such as Libertyville, Lake Zurich

and Stevenson, and non-conference teams such as Buffalo Grove, Mundelein will likely have to fight for its wins.

"It's a pretty tough outlook for us, considering our schedule," Whitson said. "Waukegan has a big number of returnees this year and Buffalo Grove is always a solid football team. Besides, the [NS-Lake] conference is always strong, so we're really going to have to work."

On paper, the Mustangs' non-conference season should make for some competitive

games. Buffalo Grove went 3-6 last season, but beat Mundelein 45-20 in 2006. Waukegan's Bulldogs went 2-7, but they compete in the Central Suburban South Conference. Round Lake's Panthers had one of their better campaigns last season at 3-6, but they also are returning key starters from last year's team.

One thing that Mundelein has on its side is numbers. Overall, the team has about 50 players on varsity. That, coupled with more than 110 play-

ers spread between the sophomore and freshman levels, the Mustangs could be strong for a while. However, thanks to an early Aug. 14 start at Mundelein High School, the Mustangs aren't able to have as many two-a-day practices like other programs.

"When school starts for us, most other teams are still working in summer practice," Whitson said. "I think we're a little sluggish [in the first week of practice], but we'll be able to turn it around in time for our first game."



**Dave Whitson**  
Mundelein  
head coach



## 2007 SCHEDULE

8/24 7:30 p.m.	Weston Cent. (Wis.)
8/31 7:30 p.m.	Mane East
9/7 7:30 p.m.	Mundelein
9/14 7 p.m.	North Chicago*
9/20 7 p.m.	Vernon Hills*
9/28 7:30 p.m.	Antioch*
10/6 7:30 p.m.	Grant*
10/12 7:30 p.m.	Wauconda*
10/19 7:30 p.m.	Lakes*

*Bold denotes home game  
in italics North Suburban Conference  
in all caps Prairie Division game*

## 2006 RESULTS

Weston Cent. (Wis.)	28-20 W
Mane East	42-18 W
Lakes*	42-141
Lake Forest	38-61
North Chicago*	20-71
Vernon Hills*	39-141
Antioch*	13-7 W
Grant*	28-71
Wauconda*	42-191

Final record: 3-6  
(2-4 North Suburban  
Conference-Prairie)

*denotes North Suburban Conference  
Prairie Division game*

## ROUND LAKE PANTHERS



# Panthers seek to avoid injuries

## Seniors expected to help lead team

By STEVE PETERSON  
speterson@nwnewsgroup.com

**R**ound Lake head football coach Doug Moss greeted about 30 players who are ready to have a successful 2007 season.

"The numbers are little down," Moss said. "We hope to stay healthy, and the juniors last year will step up for the seniors who graduated."

One key returnee is beefier running back Ray Bryant, who gained 10-15 pounds.

"He has good vision of the field and is tough to tackle," Moss said.

Also back is wide receiver Jerome Brown. Senior C.J. Swanson is the leader at quarterback, but will be challenged by junior Matt Ortiz.

"Both are pretty similar in style," Moss said. "Matt helped last year when his brother Mike got hurt."

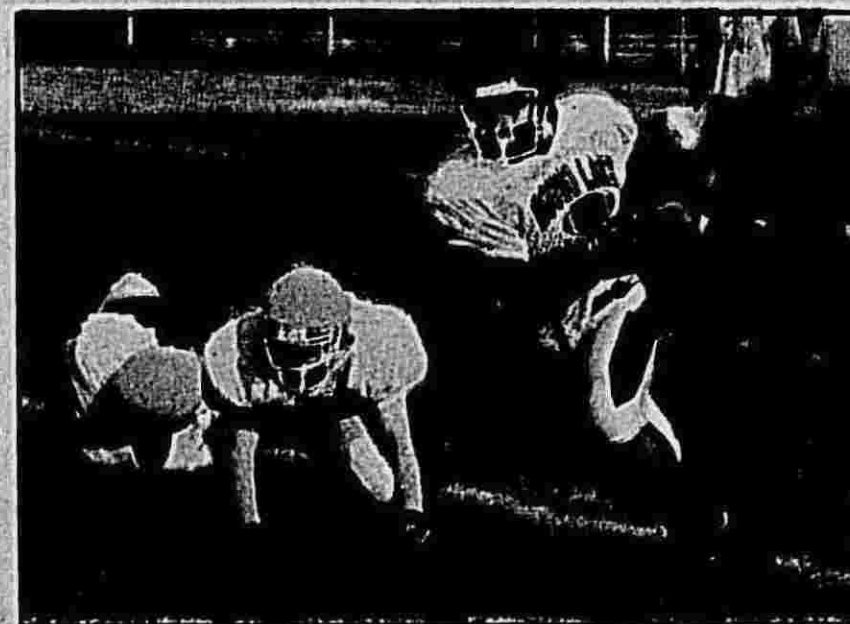
Many new players will contribute this year.

"We lost a majority of the starters, or some have moved out, so we will have to have players step up, be healthy and consistent," Moss said.

Sophomore Cameron Gillespie also looks to contribute out of the backfield.

"He is very quick, but it is a big jump from freshman ball," Moss said.

Wideouts also include Eric Greene, junior Doug Garrett, Dan Krause and Chris Blake.



Sandy Bressner - sbressner@nwnewsgroup.com

Round Lake's Ray Bryant runs with the ball during a recent practice.

Linemen are led by coming off an injury; and Brandon Cartwright, a re-turner at nose guard and center who is 5-foot-10 and 230 pounds; Vince Nicoline, who is

See ROUND LAKE, page 19

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## ROUND LAKE PANTHERS



"This year, I hope to meet the goals of a winning season and make the playoffs."

**Doug Moss**

Round Lake Panthers football coach

# Panthers working toward playoffs

### • ROUND LAKE

Continued from page 18

Moss hopes his team is healthier than last year's, when injuries meant players did not know who would line up next to them from one game to the next.

Moss said he would have liked to see more weight-room time, but understands there are other sports and work conflicts. But he still likes the effort he's seen.

Round Lake opens the season at home against Westosha Central, Wis., Aug. 24. Moss said that this has been a good opener.

"We have played them for seven years," he said. "They are a different look than we get into our conference."



Sandy Bressner - sbressner@nwnewsgroup.com

Round Lake's Nick Olson (far left) shares a water break with his teammates during a practice.

Moss is in his 14th year overall in Round Lake, third as head coach.

"Last year, we had a ton of

injuries," Moss said. "This year, I hope to meet the goals of a winning season and make the playoffs."



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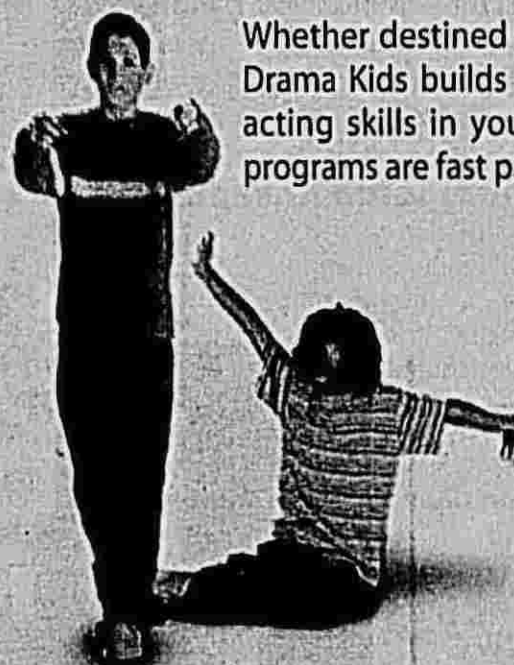
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8/24	7:30 p.m.	New Trier
9/1	1:30 p.m.	Maine South
9/7	7:30 p.m.	Libertyville*
9/14	7:30 p.m.	Lake Zurich*
9/20	7 p.m.	Zion-Benton*
9/29	1 p.m.	Lake Forest*
10/5	7:30 p.m.	Mundelein*
10/12	7:30 p.m.	Lakes
10/19	7:30 p.m.	Stevenson*

*Bold denotes home game*  
*\* denotes North Suburban Conference*  
*Lake Division game*

## 2006 RESULTS

New Trier	14-8 W
Maine South	28-22 W
Lake Zurich*	28-6 L
Zion Benton*	30-14 W
Lake Forest*	28-17 L
Mundelein*	42-16 W
North Chicago	39-37 L
Stevenson*	14-7 L
Libertyville*	22-16 L

Final record: 4-5  
 (2-4 North Suburban  
 Conference-Lake)

*\* denotes North Suburban Conference*  
*Lake Division game*

## WARREN BLUE DEVILS



## Tough schedule lies ahead for Warren



Annie Christie - achristie@nwnewsgroup.com  
 Tayler Erbach gets into a three-point stance during practice at Warren Township High School.

## Blue Devils welcome back 5 returning starters

By DANIEL J. PATRICK  
 dpatrick@nwnewsgroup.com

One step at a time. Most athletes believe that sentence like it's a passage from the good book.

But with so many state powers on the Blue Devil's schedule, if the players don't take it one play at a time, 2007 could be a tough year for Warren.

Warren starts the season against two Central Suburban South powerhouses Maine South, which went 12-2 in 2006, and New Trier, which finished 7-3. After that the Blue Devils begin the conference season with perennial state contender Libertyville.

"We've got a difficult start of the season ahead of us," head coach Dave Mohapp said. "We've got New Trier, Maine South, Libertyville and Lake Zurich all on the road, so we've got to start well or we could be in for a pretty long season."

In all, Mohapp has just five returning starters. While the Blue Devils aren't returning as many starters as other area teams, the returnees are spread between offense and defense.

See WARREN, page 21



Annie Christie - achristie@nwnewsgroup.com  
 Aaron Dahlke practices punting during a preseason practice. One of Warren's opponents this year is Libertyville, last year's North Suburban Conference-Lake Division winner.

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## WARREN BLUE DEVILS



"We're playing a pretty tough schedule, so we have to take our season one week at a time."

**Dave Mohapp**

Warren Blue Devils head coach



Annie Christie - achristie@nwnewsgroup.com

Warren players perform drills during a preseason practice. The Blue Devils will face New Trier Aug. 24 to kick off the 2007 season.

## Blue Devils summer camp participation nearly reaches 100 percent

### • WARREN

Continued from page 20

On offense, wide receivers Ryan Maguire is the lone "glory position" returnee while Nick O'Brien, James Pollquin and Tayler Erbach return in the trenches.

On defense, Tom Hajnos returns while Erbach could spend some time on the defensive line as well.

Despite the fewer returning starters on the defensive side, Mohapp is expecting the most from his defense.

"I'm hoping that our defense will be strong this year," Mohapp said. "We've got good speed and they've got a good grasp of our system. You can't win games without stopping the other team, so you have to build a defense before you worry about offense."

"Our offense will come along, but with a nice line like we have, that should take care of itself."

Veteran starters might be in short supply, but from the looks of things the Blue Devils will have plenty of speed.

Mohapp said he was pleased with summer workouts.

"We had almost 100-percent participation for our camp, so that's always good," Mohapp said. "When you have a good

camp, you don't have to spend time on conditioning when practice starts. Now we can spend more time working on fundamentals, and that helps us."

Come game time, there are some big opponents for the Blue Devils. Between the powerful North Suburban Conference-Lake Division and non-conference foes, Warren

has a difficult schedule.

"It's just one game at a time for us," Mohapp said. "We're playing a pretty tough schedule, so we have to take our season one week at a time."

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## 2007 SCHEDULE

8/24	7:45 p.m.	Huntley
8/31	7:30 p.m.	Marengo
9/7	7 p.m.	North Chicago*
9/14	7:30 p.m.	Antioch*
9/21	7:30 p.m.	Grant*
9/29	1 p.m.	Lakes*
10/5	7:30 p.m.	Lake Zurich*
10/12	7:30 p.m.	Round Lake*
10/19	7:30 p.m.	Vernon Hills*

*Bold denotes home game*

*\* denotes North Suburban Conference  
Prairie Division game*

## 2006 RESULTS

Harvard	23-6 L
Marengo	38-0 W
Vernon Hills*	13-12 L
North Chicago*	26-22 W
Antioch*	33-12 W
Grant*	29-21 L
Lakes*	21-20 L
Zion-Benton	41-14 L
Round Lake*	42-19 W

Final record: 4-5  
(3-3 North Suburban  
Conference-Prairie)

*\* denotes North Suburban Conference  
Prairie Division game*

## WAUCONDA BULLDOGS



## Bulldogs report for duty

Experienced players return  
for Wauconda this season

By STEVE PETERSON

speterson@nwnewsgroup.com

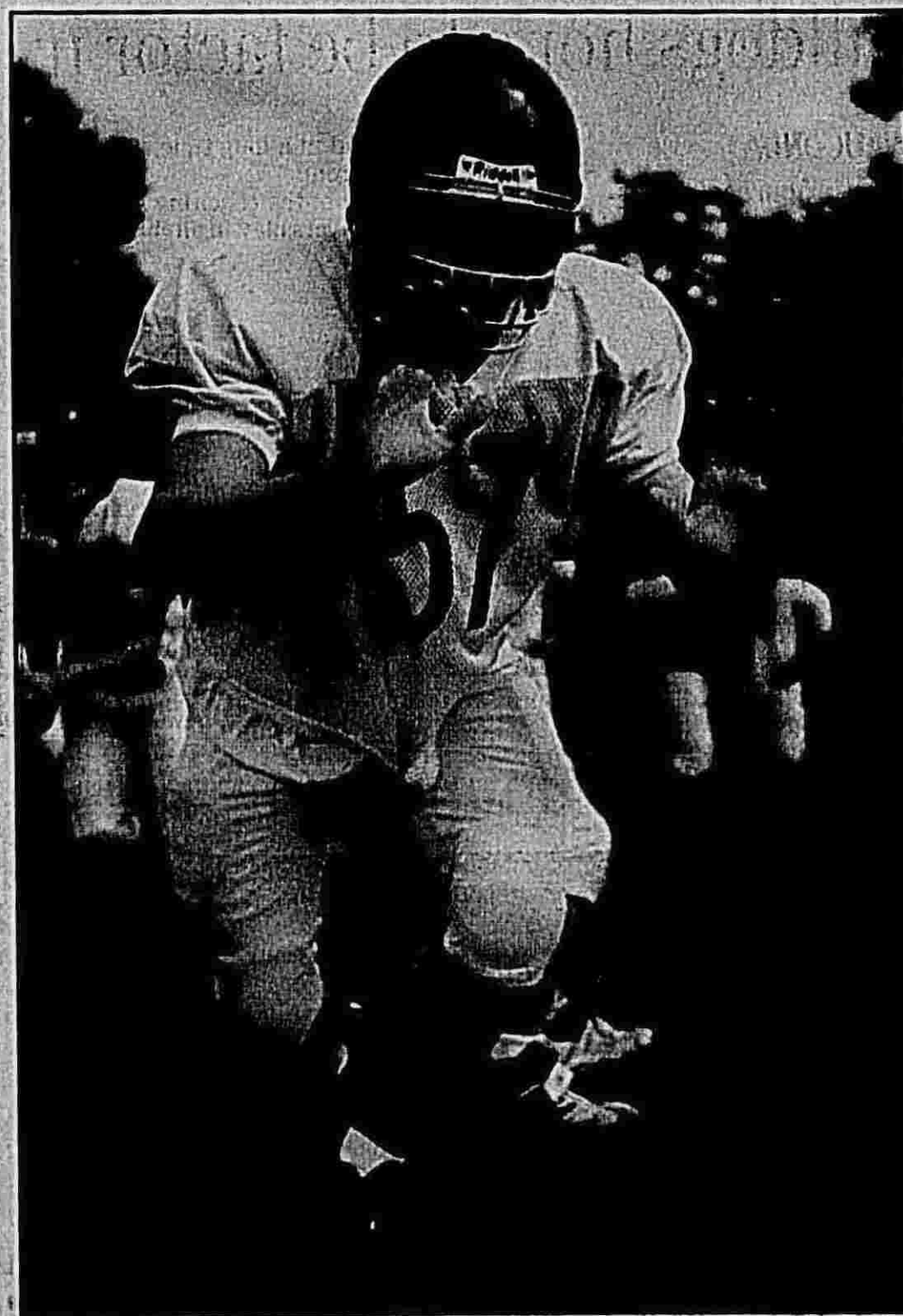
**T**he sun had barely established itself when Wauconda football players began to report.

Nearly 50 players hope to make a contribution to the Bulldogs this year and make the team forget about last year's 4-5 record.

"This is the largest group that we have had here," coach Glen Kozlowski said. "They have had success in their whole careers here, going unbeaten as freshmen ... Winning brings more respect. We remember a few years ago when we didn't win anything."

Running back Brad Wisniewski has been prepping for an outstanding senior year. Last year, Wisniewski had a 272-yard game, finishing the year with 1,700-plus yards and 19 touchdowns. He was named top player on offense in the North Suburban Conference Prairie Division.

See WAUCONDA, page 23



Annie Christie • achristie@nwnewsgroup.com

Wauconda's Josh Collins practices a blocking drill at a recent practice.

## WAUCONDA VILLAGE HALL

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Wauconda  
quarterback  
Ted Litberg  
brings the  
team to a  
huddle during  
a preseason  
practice.

Annie Christie • achristie@nwnewsgroup.com





## WAUCONDA BULLDOGS



"We have more experience than we have had in a long time. They're a confident group."

**Glen Kozlowski**

Wauconda Bulldogs head coach

# Bulldogs hope to be factor in North Suburban Conference

### • WAUCONDA

Continued from page 22

Wisniewski will receive assistance from Mike Pecka.

Other weapons in the backfield will be junior Jason Holtz and Sean Lichterman.

Junior Garrett Dorsey and senior Steve Kent are the leading quarterback candidates, and both are of different styles, Kozlowski said.

Also back are running back/defensive back junior Ted Litberg; free safety Vinnie Jayera; defensive back Colin McKenzie; lineman Brett Collier; lineman Tom Hopfauf; Kevin Tajer; senior three-year starter Brandon Olejniczak; wide receiver/defensive back Keith Palmer; and tight end/linebacker Ben Spychala.

"We have most of our starters on offense and defense back," Kozlowski said "We have more experience than

we have had in a long time. They're a confident group."

One goal of the coaching staff is to not have players play in all three phases of the game - offense, defense and special teams.

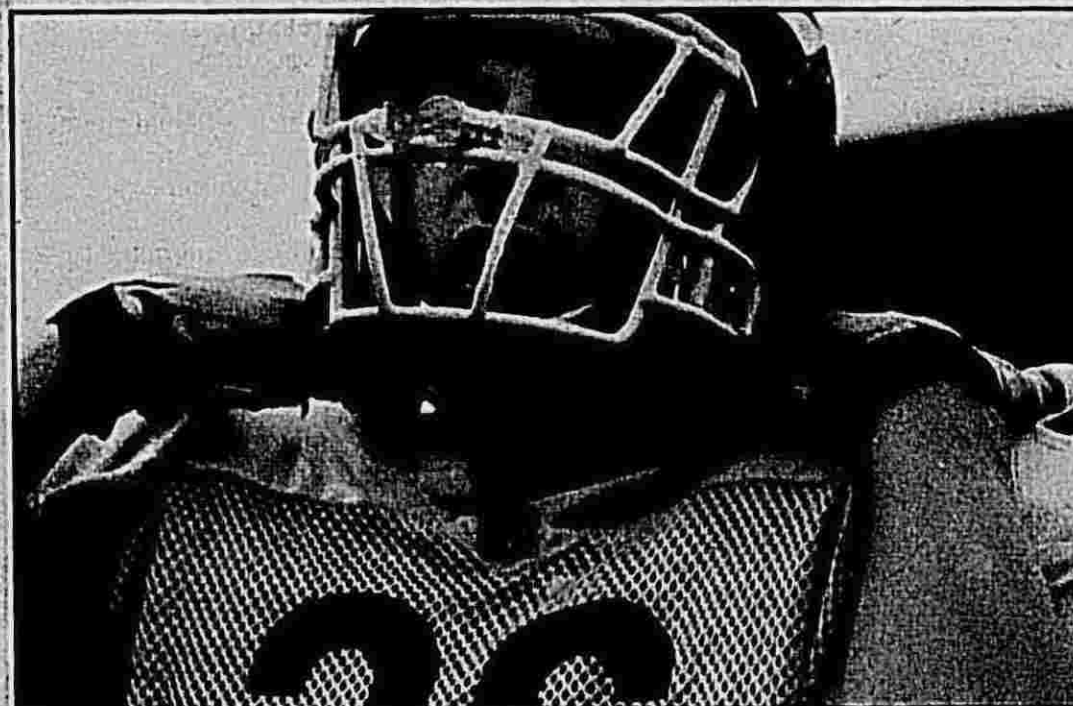
"We see special teams as an opportunity for kids with a desire to play to play," he said.

Another goal is to have the numbers in the win column continue to grow.

"Koz," a former wide receiver for the Bears, has eight wins after two winless seasons in his five years at Wauconda.

Practices for the 47-member team were at Wauconda Middle School grounds this fall, as construction finishes at Wauconda High School.

One plus of the scheduling quirk, Wauconda does not start classes until Sept. 4, so the team should be well-rested for its Aug. 24 game at Huntley and a home game against Marengo Aug. 31.



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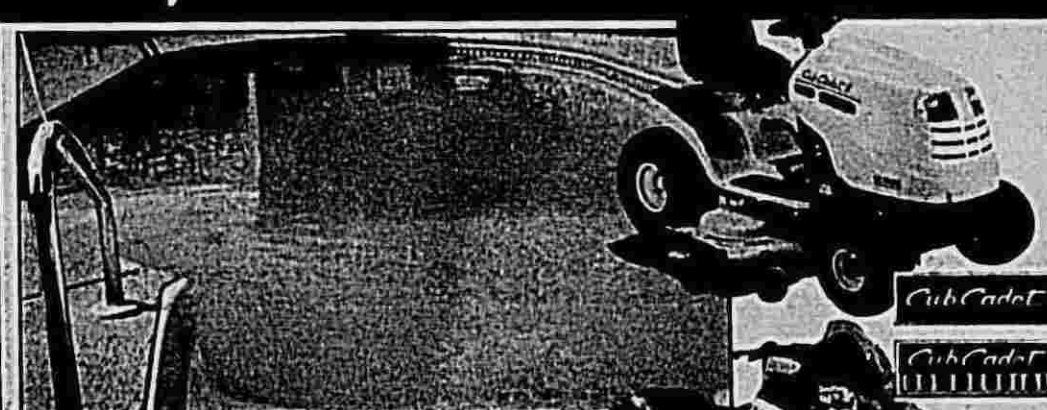
Wauconda player Jimmy Williams catches his breath after a play during a recent practice.



Wauconda's Jimmy Williams looks up for a pass during a practice for the Bulldogs. The team finished 4-5 last season and will begin 2007 against the Huntley Red Raiders Aug. 24.

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